

ISSUE 159

July 18, 2019



GLADSTONE REGIONAL COUNCIL, AUSTRALIA PACIFIC LNG AND QUEENSLAND SYMPHONY ORCHESTRA PRESENTS

Symphony Stars

Under The

Stars

~ Sounds from the Deep ~

FRIDAY, 2 AUGUST | FROM 5.30PM | GPC MARINA MAIN STAGE

FREE COMMUNITY CONCERT

GLADSTONE NEWS IS FREE THANKS TO OUR ADVERTISERS AND COMMUNITY PARTNERS



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GLADSTONE NEWS

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what's on

FROM 18 JULY

THURSDAY (EACH WEEK)

THURSDAY ARVIE BARBIE 3:30pm to 6:00pm. Come down to the PCYC for a free sausage sizzle and pizza with PlayStation games, pool tables, Big Screen TV, board games, arts and craft, ping pong table and music. All ages welcome.

20 JULY

Enjoy a great family day out, throw on your green and gold and help BOYNE TANNUM SHARKS FOOTBALL CLUB celebrate the club's 40TH ANNIVERSARY CLUB DAY. There will be mini junior games, senior games, a jumping castle, face painting and the canteen and bar will be operating. Join the fun at The Bill Vloedmans (BITS) Soccer Fields from 12.30pm.

26 JULY

GLADSTONE MUSICAL SOCIETY presents "Aspects of Love" concert. \$10 admission includes morning tea and lucky door prize. 10am at the Senior Citizens Centre. Bookings essential. Phone Narelle 4972 7072.

27 JULY

The 16th GLADSTONE RELAY FOR LIFE will be held on 27 & 28 July 2019 at Chanel College. Relay for Life is one of the world's biggest fundraising events for cancer.

4 AUGUST

The BENARABY STATE SCHOOL COUNTRY FAIR is the school's major fundraising event with all profits invested back into the school. Gates open at 9am. Head along for a great family day out!

10 AUGUST

TANNUM/BOYNE JUNIOR RUGBY LEAGUE CLUB is hosting a Golf Day on August 10th to support the U9's Seagulls team to travel to Proserpine to compete at the 2019 Paul Bowman Cup. The 2 ball Ambrose competition begins at 10am at the BITS Golf Course. 10am tee off. For more info contact Stephen Jackson on 0457 645 770.

21 SEPTEMBER

The UNDER THE TREES FESTIVAL returns to Boyne Island! Under the Trees is a laid-back music and art festival located 'under the trees' between the soccer fields and oval at Jacaranda Drive, Boyne Island. Sign up for festival details and ticket information at underthetrees.com.au

8
AUGUST

YAMATO DRUMMERS

The Drummers of Japan - The epitome of the Japanese spirit, a roaring sound that will make you experience new exciting adventures. They move their whole bodies to strike the drum with everything in their souls, creating a powerful surge of energy.

16
AUGUST

OPERA QUEENSLAND PRESENTS SONGS TO DIE FOR

A cheeky, celebratory and ultimately reverend look at Opera's relationship with the art of dying. Weaving some of the great operatic death scenes from Purcell to Wagner with contemporary pop songs from artists like Amy Winehouse and Kurt Cobain.

A cabaret style show, your ticket price includes a sit down dinner before the opera.

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Symphony Under The Stars

~ Sounds from the Deep ~

FRIDAY, 2 AUGUST | FROM 5.30PM | GPC MARINA MAIN STAGE

FREE COMMUNITY CONCERT

Water - sometimes peaceful,
sometimes turbulent, always captivating.

You will experience all of this as Queensland Symphony Orchestra transports you into the world of water – a small trickle that transforms into a flowing river, a royal barge gliding down the Thames, the frozen expanses of Antarctica, and of course, the one and only Beautiful Blue Danube. Join us for a memorable evening as our musicians conjure up all these images and more.

For the seventh consecutive year Queensland Symphony Orchestra will perform *Symphony Under the Stars* presented by Gladstone Regional Council and Australia Pacific LNG ConocoPhillips with a free music concert, *Sounds from the Deep* at the GPC Marina stage on August 2.

Queensland Symphony Orchestra is renowned for its high quality, breathtaking performances of both classical and modern compositions that engage audiences of diverse musical tastes, interests and ages.

The Orchestra plays a vital role in Queensland's cultural community, educating; mentoring aspiring performers; touring regional centres; broadcasting and performing with state, national and international ballet and opera companies.

Each year, Queensland Symphony Orchestra attracts the world's best conductors and soloists as part of its acclaimed concert season, in addition to presenting unique blockbuster events.

Queensland Symphony Orchestra is passionate about commissioning innovative new programs and Australian works and continues to invest in collaborations, recordings and digital initiatives.

Conductor Guy Noble
Soloist Karin Schaupp, Guitar

Repertoire

SMETANA *Vltava (The Moldau)*, from *Má vlast*

HANDEL Suite No. I in F major, HWV 348, from *Water Music*

8. Bourre

9. Hornpipe

WESTLAKE *Antarctica: Suite for Orchestra and Guitar*

I. The Last Place on Earth

3. Penguin Ballet

MYERS Cavatina from *The Deer Hunter*

BRITTEN Four Sea Interludes from *Peter Grimes*, op.33a

III. Moonlight: Andante comodo e rubato

J. STRAUSS JR. *An der schönen blauen Donau*

(*On the Beautiful Blue Danube*), op.314

TCHAIKOVSKY Finale Act IV from *Swan Lake*, op.20

No.28 Odette Offended

No.29 Finale

BADELT *Pirates of the Caribbean, The Curse of the Black Pearl*

Free family-friendly Event

Friday, 2 August | GPC Marina Stage

5:30pm | Roving Pre-show entertainment

7pm | Queensland Symphony Orchestra

Symphony Under the Stars concert, Sounds from the Deep.



Conductor Guy Noble,

Guy Noble has had a long association with Queensland Symphony Orchestra, having first worked with the Orchestra in 1994. He has been host of the Music on Sundays series since 2005 and conducted the Orchestra in many other concerts in QPAC, Cairns, Townsville and the Gold Coast. When he isn't with Queensland Symphony Orchestra, Guy Noble also performs with the other major orchestras around the country. He also has worked with the Malaysian Philharmonic, the Hong Kong Philharmonic (in Music of John Williams) and the Auckland Philharmonic in their Unwrap the Classics series, and the Bergen Philharmonic as part of the Bergen Festival. He is also host and conductor of the Adelaide Symphony Orchestra's Classics Unwrapped series at the Adelaide Town Hall.

Guy Noble is the host and accompanist each year for Great Opera Hits (Opera Australia) in the Joan Sutherland Theatre of the Sydney Opera House. His Opera! The Opera will be performed as part of the inaugural season of Coast Opera Australia in December.

Guy Noble has worked with a wide variety of international performers with orchestras across Australia, including Harry Connick Jr, Ben Folds, The Beach Boys, The Pointer Sisters, Dianne Reeves, Glenn Frey, Randy Newman, Clive James, Conchita, The Two Cellos, Alfie Boe, and Olivia Newton John

He is also the host of Concert Hall on Qantas Radio.



Soloist Karin Schaupp,

is one of the most outstanding guitarists on the international scene, her playing hailed by the German press as "*so perfect, so complete, that it seems like a miracle*". In her teens she won prestigious international prizes in Italy and Spain, and is today sought after internationally as a recitalist, soloist and festival guest, making countless television and radio appearances.

Karin has released six best-selling solo CDs for Warner Music and ABC Classics as well as various award-winning ensemble and orchestral albums. Recent releases include *Wayfaring* (2018) with cellist Umberto Clerici, the ARIA-award winning *Songs of the Latin Skies* (2017) with Australian songstress Katie Noonan; *Mosaic* (2015) the first ever CD dedicated to guitar concertos by Australian composers; the ARIA nominated *Fandango* (2011) with Flinders Quartet; and *Cradle Songs* (2010), a collection of lullabies from around the world, all arranged for solo guitar.

Performance highlights include performing as soloist with the London Philharmonic Orchestra, some 150 performances of *Lotte's Gift*, performances at a Commonwealth Games Closing Ceremony, Goodwill Games Opening Ceremony, World Expo (Japan) and Hong Kong Arts Festival, and a Musica Viva International Concert Season tour with Pavel Steidl.

Karin is Head of Classical Guitar at the Queensland Conservatorium, Griffith University. She lives in Brisbane with her husband Giac and two young children.

RESIDENTS ARE ENCOURAGED TO TAKE ALONG A PICNIC, CHAIRS, OR A BLANKET TO THE FAMILY FRIENDLY EVENT. FOOD AND BEVERAGE VENDORS ON SITE.





Out & About in Gladstone



LUMINOUS 2019



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on the
night**

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GLADSTONE *Parent Information Night*

WEDNESDAY, JULY 31

GSHS SCHOOL HALL & F BLOCK

- Information talks for parents of students in:
 - Year 6 in 2019 (Year 7 in 2020) at **5-6pm**
 - Year 9 in 2019 (Year 10 in 2020) at **4-5.30pm** or **5.30-7pm**
 - Year 10 in 2019 (Year 11 in 2020) at **4-5.30pm** or **5.30-7pm**
- Curriculum displays and extra-curricular exhibits between 4.30pm and 6pm
- Displays from external agencies including EQIP, TAFE, Headspace & Roseberry

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CURTIS COAST AUTOMOTIVE

New name, same great service & staff

THIRTY YEARS AGO, ERROL ROOTS AND HIS FAMILY OPENED GLADSTONE NISSAN, WITH A VISION TO SUPPLY QUALITY NEW AND USED VEHICLES TO THE GLADSTONE MARKET. DUE TO THE BUSINESSES CONTINUED GROWTH THEY HAVE RECENTLY REBRANDED TO BECOME, CURTIS COAST AUTOMOTIVE. WHILE THE NAME HAS CHANGED, MR ROOTS SAID THE CAR DEALERSHIP STILL OFFERS THE SAME GREAT SERVICE THAT CUSTOMERS HAVE COME TO EXPECT FROM HIS TEAM.

Since its humble beginnings on Toolooa Street the car dealership has grown to offer not just Nissan and Hyundai after recently adding Foton and Ssangyong vehicles to its range. With a selection of both new and quality used vehicles on display at the dealership's Dawson Highway showroom, Curtis Coast Automotive should be on the top of your

list when looking at investing in a new vehicle.

Mr Roots explained that the businesses new name gives the dealership a broader umbrella to trade under. "It also recognises our local area and our location on the 'Curtis Coast'," he said. "We are not a new company, we just have a new name. We are still a locally owned company that has been here for 30 years. Although our name has changed, the people and the service our customers expect are all still here," Mr Roots explained.

Mr Roots said in addition to the range of Nissan and Hyundai vehicle sold at Curtis Coast Automotive, the two new brands available at the dealership offer good value for money in the new car market.

"Foton is a Chinese brand. We are dealing directly with the manufacturer," Mr Roots said. He explained that the Foton

range of dual cab utility vehicles and trucks up to 9 tonne, have very good engine. "They have a lot of good parts incorporated in to one car, with one warranty," Mr Roots added.

"The Ssangyong is a well-known brand in South Korea. They have some lovely SUV Wagons, dual cabs and small cars and they come with the Korean quality we have come to expect," Mr Roots said. "They come with 7 year warranty, 7 years roadside assistance and 7 years of capped price servicing."

Curtis Coast Automotive will continue to offer an onsite service & parts department. The service department is open 5 days a week and opens one Saturday per month. "We only offer the highest customer satisfaction, speak to our friendly staff today about your next new car," Mr Roots concluded.



NEW NAME, SAME FRIENDLY SERVICE!

**TO CELEBRATE WE HAVE \$500 FREE
GENUINE ACCESSORIES ON ALL NEW CAR
PURCHASES FROM JULY 18TH - 31ST!**

Service With A Smile SHANE & PAUL'S MILESTONE CELEBRATION

MCDONALD'S GLADSTONE KIN KORA IS CELEBRATING THE MILESTONES OF TWO COMMUNITY LEGENDS AND EMPLOYEES THIS MONTH – SHANE BANKS AND PAUL RAHME.

Shane Banks has worked at McDonald's Gladstone Kin Kora for the last twenty years. He began his career at the restaurant when he was twenty-two years old. Shane works at the front counter in a hospitality role, ensuring his customers have the best possible dining experience.

Shane has seen many changes in the business over the years, but his strong work ethic and unflappable personality have remained the same. Shane said he is excited to celebrate this special employment milestone. "I'm excited to celebrate twenty years working at McDonald's," he said. "I've been with the team for almost half my life, so the crew here certainly feel like another family."

Another staff member is also celebrating his tenth year of employment.

Paul Rahme first began working at McDonald's Gladstone Kin Kora when he was sixteen years old. Paul, who has Down Syndrome, works in the dining room and is known by his customers for his great sense of humour. He even has individualised handshakes – a different one for each of his regulars.

Restaurant Owner of McDonald's Gladstone Region Tony Ward thanked both Shane and Paul on behalf of the whole McDonald's Gladstone Kin Kora Team. "I would like to thank Shane and Paul for their hard work and dedication," Tony said. "We're grateful for our longstanding relationship with Paul and Shane, both of whom have been integral members of our Macca's family for many years and are well-loved by our customers and crew alike."



An experience like no other AT GLADSTONE CINEMA



Gladstone News is excited to share the latest viewing experience at Gladstone Cinemas with our readers... Bigscreen Beds! Inspired by the idea of being ultimately comfortable while watching a movie, the Gladstone Cinema's team has taken comfort to the next level. Snuggle up and enjoy a movie in your very own bed and bring a touch of luxury to your next general admission cinema experience.

As a bonus your Bigscreen Bed Cinema ticket allows you to purchase from an exclusive special menu with items that include traditional favourite treats and drinks to make your Bigscreen Beds experience a whole lot more special.

Gladstone Cinemas staff will deliver your dining choices during the movie. Guests are encouraged to arrive early, ahead of the crowd to begin relaxing in your cosy surroundings, complete with cushions and a blanket.

Pricing – all ages. \$40 one bed for one person. \$50 one bed for two people. \$60 one bed for three people. Beds fit a maximum of three average sized people. Adults and children above 3years. Bookings are essential at least 1 hour prior to movie start time to secure a bed.

Big Screen **BEDS**

RELEASE DATE
WEDNESDAY 17 JULY



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Get Outside And Grow!

CELEBRATE THE 20TH NATIONAL TREE DAY

BILL ROBERTSON TOYOTA IS CELEBRATING THE 20TH YEAR OF TOYOTA AUSTRALIA AND PLANET ARK'S NATIONAL TREE DAY WITH A COMMUNITY TREE PLANTING EVENT. THE LOCAL TEAM RECENTLY SHARED SOME MEMORIES OF NATIONAL TREE DAY AND THE EVENTS THEY HAVE HOSTED OVER THE YEARS.

Since the beginning of the partnership the Gladstone car dealership has helped plant thousands of trees at various sites across the region including Boyne Tannum Memorial Parklands, Police Creek and Lake Callemondah.

A statement released by National Tree Day organisers explains new research has found that 70% of Australians believe individual actions can have an impact on global environmental issues like climate change.

Off the back of that finding Toyota Australia and Planet Ark are urging the public to get involved in National Tree Day by highlighting a range of benefits to planting trees. These include;

A 5% increase in tree cover can reduce nearby daytime temperatures by 2.3C.

A large healthy tree can sequester up to 93kg of CO2 and 1.4kg of air pollution a year.

Time spent in green outdoor spaces can lower the risk of heart disease and diabetes.

Time in nature reduces stress, improves happiness, wellbeing and productivity.

Want to get involved? Bill Robertson Toyota's National Tree Day celebration will be held on Sunday July 28th from 9am to 12noon at Joe Joseph Park, Lake Callemondah on Alf O'Rourke Drive.

This all ages event will have a free BBQ, games and giveaways. All tree planting equipment is supplied. You will need to wear closed in shoes, sun safe clothing, and bring a water bottle. No dogs will be allowed on site.



Get your hands dirty on National Tree Day with Bill Robertson Toyota

Bill Robertson Toyota
84 Hanson Road, Gladstone
T 4972 2766
billrobertsontoyota.com.au



SUNDAY JULY 28, 9AM

Joe Joseph Park, Lake Callemondah
Alf O'Rourke Drive
(next to the Gladstone Tip Reserve)

All ages event
Community tree planting
BBQ – Games & Giveaways
All equipment supplied.
BYO closed-in shoes, sun safe wear
& water bottles

Please note – no toilet facilities on site
and no dogs allowed





DENTAL SUN VALLEY



DR CARMEL MCERLAIN

HOW LONG HAVE YOU BEEN WORKING AS A DENTIST?

It has been 21 years since I graduated, and I have been working in Gladstone for 14 years.

WHAT IS YOUR FAVOURITE THING ABOUT WORKING IN THE DENTAL INDUSTRY?

Dentistry allows me to spend time with people to help them achieve their dental goals. I enjoy providing the best possible dental care to all my patients. Also, I love helping anxious patients feel more comfortable with their dental visits. I am thankful that I can pursue such a fulfilling career.

ANY HONOURS?

I received first class honours for my Dentistry degree studies at Sydney University. I have also been a Clinical Tutor for undergraduate dental students at both JCU-Cairns and Sydney University.

SPECIAL INTERESTS IN DENTISTRY?

I enjoy treating children and building an ongoing pleasant rapport with each child and their family. Also, I have extensive experience with dental extractions, and believe that this often-feared dental procedure can be performed in a gentle and non-traumatic manner.



JESSICA EIN

HOW LONG HAVE YOU BEEN WORKING AS AN ORAL HEALTH SPECIALIST?

I have been working as an Oral Health Specialist for 4-5 years, but I have worked in dental for 13 years.

WHAT IS YOUR FAVOURITE THING ABOUT WORKING IN THE DENTAL INDUSTRY?

Helping people overcome dental fear and getting people out of pain.

WHAT IS YOUR TOP TIP FOR MAINTAINING GOOD ORAL HEALTH?

My top tip is making sure you clean in between your teeth. It is important and there are so many ways to do this.

SPECIAL INTERESTS IN DENTISTRY?

My special interests include treatment and prevention of gum disease and helping patients with disabilities and nervous patients.



DR POYA JOHN SOBHANIAN

HOW LONG HAVE YOU BEEN WORKING AS A DENTIST?

Approximately 9 years.

WHAT IS YOUR TOP TIP FOR MAINTAINING GOOD ORAL HEALTH?

Drink water particularly between acidic food.

WHAT IS YOUR FAVOURITE THING ABOUT WORKING IN THE DENTAL INDUSTRY?

I enjoy meeting and making new friendships with lots of new people.

SPECIAL INTERESTS IN DENTISTRY?

Helping young children and adults with anxiety.

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MORE INFO

*Meet the
team...*



New practice owners, Sue & Andrew Young have come into the practice to join the team and build on the practices existing excellent reputation. The practice's local team is proud to offer gentle and caring oral health care to the Gladstone community.

Shooting STATE TITLES



HUNDREDS OF SHOOTERS FROM ACROSS AUSTRALIA AND SOME INTERNATIONAL GUESTS GATHERED AT RAGLAN TARGET SPORTS ASSOCIATION TO COMPETE OVER TWO DAYS IN THE HALLS FIREARMS 2019 QLD INTERNATIONAL PRACTICAL SHOOTING CONFEDERATION STATE TITLES.

The event saw competitors shoot in Production, Standard and Open Divisions. Club member, Shaun Hannant said the International Practice Shooting Confederation (ISPC) group has been

running for just three years, growing from 5 members to 35 members this year.

Practical shooting is an International competition that is shot on all continents, with local, state, national, regional and international championships happening regularly.

The sport of Practical target shooting sees a variety of target types; paper, steel, stationary and moving, scoring targets and penalty targets. Shooters compete in several stages, with each stage using a different number and arrangement of targets to create a shooting challenge that competitors need to solve as quickly and accurately as possible. All participants, both male, female and juniors, compete together over the same stages, with the same rules and the same scoring procedures.

Local club members achieved excellent results across the Production, Open and Standard Divisions. Shaun Hannant finished in second place in the A grade



production division and regraded to master grade. Michael Beak finished third in the B grade production division and regraded to A grade.

In the Open division, Svend Nexø finished third in his C grade division and regraded to B grade, and Steve Simms achieved 2nd in D grade. Lisa Calvert was awarded the top lady title in the standard division.

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Delivering for Flynn

FEDERAL MEMBER FOR FLYNN, KEN O'DOWD MP RETURNED TO CANBERRA EARLIER THIS MONTH FOR THE OFFICIAL SWEARING IN OF THE 46TH PARLIAMENT OF AUSTRALIA. MR O'DOWD TOOK TO SOCIAL MEDIA TO THANK THE VOTERS OF FLYNN FOR ENTRUSTING HIM TO REPRESENT THEM FOR ANOTHER TERM.

Mr O'Dowd said that in the House of Representatives, the first item on the Government's agenda was to deliver a fundamental election promise, tax relief for hardworking Australians. "Our tax relief plan, once fully implemented, will see 94% of taxpayers face a personal marginal tax rate of no more than 30%. The Morrison Government will deliver immediate tax relief more than 10 million Australians of up to \$1080 when they lodge their tax returns this year."

Mr O'Dowd explained that the Government is focused on their plan for tax relief which also includes tax cuts for small, medium and family businesses. The new legislation means that 2021-22, the small business tax rate will be just 25 per cent. "The extension and expansion of the instant asset write-off will provide the incentive for small businesses to invest in the equipment they need to grow," Mr O'Dowd said.

Following the official proceedings on July 1st Mr O'Dowd said the Senate was addressed by Australia's new Governor General, David Hurley. Mr

Hurley spoke of the future of Australia and what Australians expect from the government, and the parliament they elected in May. "They voted for a government that understands Australians are focused on raising their families, running their businesses, working hard, volunteering, and caring for their family and friends," the Governor General said in his speech.

Mr O'Dowd echoed the Governor General's sentiment saying that the Morrison Government was elected on a platform to keep the economy strong and on its commitment to pursue policies that enable Australians to retain their hard-earned income and allow them the freedom and opportunity to make their own choices about their priorities in life. Mr O'Dowd told Gladstone News that the Government's agenda will be driven by the Australian people.

Several key policies that will support this vision will be introduced to the parliament over the coming term including changes to industrial relations laws, setting up a National Skills Commission and the establishment of Industry Training Hubs and new government initiatives to help Australians return to the workforce.

"In a plan to make it easier for more Australians to buy their first home, the Government will introduce the First Home Loan Deposit Scheme," Mr O'Dowd said. "From 1 January 2020, first home buyers who have already saved at least five per cent of their deposit, and who earn up to \$125,000 for a single person or \$200,000 for

couples, will be able to get earlier access to better mortgage finance," Mr O'Dowd explained.

Supporting major infrastructure projects is also high on the Government's list of priorities with planned commitments to Regional Australia, Indigenous Australians, Health, Mental Health, Older Australians, Education, Government Services, Security, Foreign Policy, Energy, Climate Change, Education and online crime and safety also planned for reform.

Parliament will resume on July 22nd with both the House of Representatives and the Senate in session for 8 days.



Ken O'Dowd MP

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Emerald Office, 2/115 Egerton St, Emerald Q 4720 • (07) 4982 4266
Ken O'Dowd MP • ken.o'dowd.mp@aph.gov.au

Airservices Fire Fighter Trainee

AIRSERVICES AUSTRALIA'S AVIATION RESCUE FIRE FIGHTING SERVICES (ARFFS) HAS WELCOMED GLADSTONE LOCAL JADE SUTHERLAND THIS WEEK AS SHE RETURNS HOME TO OFFICIALLY START AS A TRAINEE FIRE FIGHTER (TFF) AT THE GLADSTONE STATION.

Acting Gladstone Operations Manager, Barrie Jenkins said this was an exciting time for both Jade and the rest of the Gladstone crew. "Jade is returning home following 15 weeks of intensive training at Aviation Rescue Fire Fighting Services (ARFFS) state-of-the-art fire training ground in Melbourne," Mr Jenkins said.

In training, Jade has completed theoretical and practical training including fighting simulated aircraft and structural fires, aviation rescue techniques and dealing with the hazards of highly flammable aviation fuels.

"This training has helped prepare her to begin working at the station, but there is still much to learn," Mr Jenkins explained. "As Jade joins our crews and learns about our airport, she will continue to gain the valuable experience and training that make our firefighters ready to respond to any incident on or around the airport within a matter of minutes."

Jade was one of twenty-four highly-trained recruits who have now officially joined a service of more than 800 elite ARFFS firefighters.



DO YOU HAVE AN IDEA OR INITIATIVE THAT WILL **IMPROVE OUR LOCAL ENVIRONMENT?**

You could be eligible for up to \$1,500 through GAWB's Environmental Micro Grants program to get your project off the ground!

Find out more and download the Environmental Micro Grants application form at www.gawb.qld.gov.au

Round Two applications due 31 September



**Gladstone Area
Water Board**

136 Goondoon St, Gladstone QLD 4680 | P: (07) 4976 3000



GLADSTONE, ARE YOU READY FOR YOUR LITTERING HABITS TO BE EXAMINED?

Humans are responsible for 100% of marine debris, and locally, we are about to get a better insight into the waste habits of the Curtis Coast, thanks to a Local Action Community Reef Protection grant. The grant has helped to fund the installation of nine Drain Buddies at key locations throughout Gladstone recently.

Fitzroy Basin Association Inc. (FBA) is working in partnership with Cleanwater Group who have installed the systems, the Local Marine Advisory Committee (LMAC), local Reef Guardian councils and the community to oversee the project.

Holly Lambert, FBA's Community Partnerships Coordinator, says this project demonstrates an upstream solution to a downstream problem. "This project signals the beginning of a better understanding of human behaviour when it comes to waste in our local communities. From this point forward, we can verify the biggest types of litter and

begin targeting ways to reduce their presence," Ms Lambert explained.

The Drain Buddy is a cost-effective innovative and simple solution according to Development Manager Aaron Horsley. He said the system while simple in design has the potential to change the way the Gladstone community examines its litter.

The Drain Buddy system consist of heavy-duty basket that only allows water to pass through, collecting all other matter including litter, organic debris and sediment. Matter that is collected will be emptied quarterly, then sorted, analysed and recorded in the Australian Marine Debris Initiative database. The data collected will provide insight into what the community is throwing away, where it comes from and will lay strong foundations for the subsequent success of local source reduction campaigns in the



future.

Karl French, Gladstone Local Marine Advisory Committee Chair, said the project holds the potential to change management of marine debris in our waterways. "Marine debris is one of the five key threats to the health of the Reef, so it's critical to continue building community mindfulness around waste and consumption habits."

The project is funded by the partnership between the Australian Government's Reef Trust and the Great Barrier Reef Foundation and is being delivered by the Fitzroy Basin Association (FBA) with support from the Capricorn Coast and Gladstone Local Marine Advisory Committees.



Helping Save Lives

DEFIBRILLATORS NOW IN GLADSTONE REGION WOOLWORTHS TO TREAT SUDDEN CARDIAC ARREST

SHOPPERS AT WOOLWORTHS STORES IN THE GLADSTONE REGION WILL NOW BE ABLE TO ACCESS A DEFIBRILLATOR IN THE EVENT OF SUDDEN CARDIAC ARREST. THE LIFE-SAVING DEVICES HAVE BEEN INSTALLED AT WOOLWORTHS IN BOYNE ISLAND, GLADSTONE VALLEY, KIN KORA AND KIRKWOOD.

The Automated External Defibrillators (AED) were recently installed in multiple Gladstone region Woolworths stores and are part of a priority roll out for regional areas program at Woolworths. The AED installations followed an announcement in early May when the supermarket giant announced there would be a roll out of defibrillators in their stores nationwide.

The AED is designed to be used by anyone, with clear step-by-step voice instructions that can guide members of the public through the process.

Woolworths Gladstone region Group Manager, Emina Demirovic said Woolworths stores in the Gladstone Region were pleased to have a defibrillator installed in the local stores which everyone can access.

"You never know when a sudden cardiac arrest might strike and in the unfortunate event that it does, having the local community able to access this treatment, could help to save lives," Ms Demirovic said. "The best medical advice tells us that access to an AED early on can greatly increase the chance of survival."

The defibrillators installed in the Gladstone region Woolworths stores are supplied by Winc, in partnership with Integrity Health & Safety, Australia's first indigenous provider of work health and safety products, which will also enable a positive social impact.

Integrity Health & Safety CEO and intensive care paramedic, Liam Harte said by engaging with Integrity Health & Safety, Woolworths was enabling the company to fund Aboriginal and Torres Strait Islander nurses and midwives for CPR, Flu Vaccination and Leadership courses aiming to build Indigenous healthcare capability – particularly in rural and remote Australia.

local business profile

YVONNE BARLOW THE DELI PLATE



What is your business?

My business is The Deli Plate. We sell deli items that you cannot find anywhere else in Gladstone, like cooking ingredients, antipasto, cheeses etc.

How long have you been in business for?

Since October last year.

What products and or services does your business supply?

We sell specialised products, different nationality foods, jams, vinegars, cheeses, hams, salamis, antipastos etc as well as lunches including LCHF, Keto and gluten free options.

What would you say to someone considering launching their own business?

It is hard work. You have to have a passion for what you are doing. I would never regret doing it. I love what I do, and I love helping people in Gladstone.

What is the highlight of your time as a business owner?

Making people's lives easier with the foods and the meals I cook, also the amazing people I have met through the shop.

Tell us one thing people don't know about you or your business?

That I also have another business very different from The Deli Plate, called Absolute Pipe & Fittings.

GLADSTONE GYMNASTS SHINE AT STATE EVENT



GYMNASTS FROM THE GLADSTONE GYMNASTICS CLUB COMPETED AT THE GYMNASTICS QUEENSLAND 2019 ACROBATICS GYMNASTICS QUEENSLAND CUP RECENTLY PLACING WELL IN THE FIERCE COMPETITION. ALMOST 200 ACROBATS FROM NINE CLUBS FROM QUEENSLAND AND NORTHERN NEW SOUTH WALES COMPETED IN THRILLING CHOREOGRAPHED ROUTINES WITH BALANCES, FLIPS AND TWISTS.

The Queensland Cup held in Tingalpa in late June involved athletes from Level 1 through to Senior International. Gymnasts were attempting to get a podium finish, but their scores also contributed to the overall club awards.

Gladstone Gymnastics Club Acrobatics Coordinator, George Gonzales said the Queensland Cup is an individual group competition as well as a team competition. "The level ranges at this comp go from level 1-10 as well as international levels 11-16, 12-18, and 13-19," Ms Gonzales said. "We sent from level 3's up and two of our international level groups. The number of athletes from Queensland attending was large enough to extend the competition through 2 full days."

Gladstone Gymnastics Club placed second in the cup, with some incredible performances from women's

pair Samarah Littlemore and Sianah Wheeler who won gold in the level 8 event. Hannah Balisnomo, Tori Brammer and Gracie McKeown also achieved a great result securing silver in the level 8 women's group division and Brynn Beamish, Skyla Murray and Ehlana Nelson securing third place.

In the International Division, Skylah Carlyon and Lilly Gibson securing the gold in the 11-16-year-old women's pairs and Izabeya Jones, Ryenn Gonzales and Emma Tiboni brought home the silver in the 12-18-year-old women's group event.

The Gladstone Club's stage 2 level groups also performed well with Teagan Harris and Chelsea Kenyon as a women's pair placing 4th and Josephine Glaea and Jayda Howlett placing 6th. In level 3 group Solana Jones, Eva Manning, and Laylah Rogers women's group placing 4th.

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recipe

DELICIOUS CASHEW KORMA CURRY

INGREDIENTS

- 1 Tbsp coconut oil
- 2 medium sweet potatoes, 2cm cubes
- 2 medium carrots, sliced
- 1/2 head cauliflower, chopped into florets
- medium onion, diced
- 1 c. green beans, cut into 4cm pieces
- 2 cans of coconut milk, well shaken
- 1 can tomato paste
- 1/2 c. cashews, soaked in boiling water 1-2 hours
- 1 Tbsp lemon juice
- 4 cloves garlic, minced
- 2 Tbsp garam masala
- 1 Tbsp curry powder
- 2 tsp cumin
- 1 1/2 tsp coriander
- 1 tsp salt
- 1 tsp turmeric
- 1/2 tsp chili powder
- 1 cup frozen peas
- 1/2 cup of coriander minced
- For serving prepare brown rice, cauliflower rice, or quinoa

METHOD

1. Heat the olive oil in a large skillet over medium-high heat; add the sweet potatoes, carrots, cauliflower florets, and onion. Cooking, stirring occasionally, until vegetables are just a little tender, about 4-5 minutes. Stir in the cut green beans.
2. Make the Korma sauce - Using a food processor, add the coconut milk, tomato paste, soaked cashews, lemon juice, garlic, and all spices. Blend until smooth and creamy. Remember, scrape down the sides as needed to incorporate all the flavours into the Korma sauce.
3. Pour the Korma sauce over the vegetables in the skillet. Carefully, stir thoroughly mix the sauce through the vegetables until the sauce starts to simmer. Reduce the heat to medium-low and cover. Simmer the vegetables 15-20 minutes until all are tender and cooked through. Finally, stir in the frozen peas and chopped coriander.
4. Serve with your choice of rice, quinoa or for added vegetables some cauliflower rice.

**TAG @GLADSTONE_NEWS
IN YOUR RECIPE PICTURES!**



Cowan Family

by Betty Laver

Walter and Robert Cowan came to the Gladstone area around 1859 and Walter went into the hotel trade while Robert, his younger brother, was more interested in life on the land.

Walter married Sarah Jardine and they had six children: Thomas Jardine, Grace Jardine (1862) (Powe), Janet (1863) (Powe), Leslie (1867 who died at birth), Walter James (1870) and Sarah Ann (1874) (Evans). Around 1868 Walter was an overseer on Mt Larcom Station.

In 1875, Walter applied for the license of the Commercial Hotel in Gladstone. It appears that Walter held on to this license until his death in 1891.

A new hotel had been built at the corner of Yarroon Street and China Lane (now Central Lane) and was given the name Blue Bell Hotel. A license for the sale of liquor at this hotel was granted in 1875 to Sarah Cowan. This indicates that Walter Cowan was licensee of the Commercial Hotel and that Sarah conducted the running of the Blue Bell Hotel at the same time.

Sarah held onto this hotel until 1892. Walter (Jnr), at 21 years of age, had the license when Sarah died in 1896. In 1898 he added another story to the newer part of his hotel, turning the bottom

floor into a coffee lounge with bedrooms above. At the same time as he did these renovations, he had a hall built across the road, naming it the Theatre Royal, which later became the Trocadero Hall.

Walter continued with this license until early 1905 when tragedy struck, the Blue Bell Hotel was burned to the ground. After the fire, Walter made application for permission to carry on the license of the Blue Bell Hotel on a temporary basis and opened for trading in a building owned by Herbert Stephen Owbridge, a relative of Walter's. Walter made a series of applications for different temporary premises until finally in February 1906 the hotel was rebuilt. This hotel later became the Ocean View Hotel and is still trading but has had several more names.

Photo: A view of Auckland Creek with the Bluebell Hotel behind the first house. Taken from the lookout on the Queens Hotel.

book review

DON'T TELL MUM
I WORK ON THE
RIGS... SHE THINKS
I'M A PIANO PLAYER
IN A WHOREHOUSE
BY PAUL CARTER



I listened to this audio book while driving to work. The opening chapter had me laughing, while slightly horrified at what had happened to this poor man when working on an oil rig overseas.

This book is about Paul Carter's working life on oil rigs all around the world, while trying to balance a personal life. It chronicles his childhood, his time as a green-horn in the oil industry, and his progression into running his own crew on rigs.

He regales us with his funny and sometimes hair-raising stories of life on the rigs and his down time in remote places around the world. Many oil rigs are in remote parts of the world and often in countries where it is dangerous for foreign people to work; you have a target on your back for kidnapping and being held for ransom. He

has met some characters that he regards as lifelong friends and some that he would rather never see, let alone work with, again. In this book he tries to break into another career away from the rigs, but the money keeps pulling him back in.

I laughed and cringed throughout this book and can recommend it to anyone who normally doesn't read non-fiction; it's a good introduction to the genre.

This book can be borrowed from Gladstone Regional Libraries as an audiobook and others by this author as audio or print books.

Review by Stacey McNelley,
Gladstone Regional Libraries



Bunting Park's PAW-FECT NEW FACILITY!

**GLADSTONE REGIONAL COUNCIL'S NEWLY
CONSTRUCTED DOG AGILITY AREA AT
BUNTING PARK IN CALLIOPE IS OPEN AND
READY FOR ACTION.**

Your four-legged friends will wag their tail in delight at the sight of Gladstone Regional Council's latest addition to Calliope's popular park. The new course will put your pooch's speed, agility and stamina to the test!

Calliope's additional green space also gives residents another great reason to head outdoors and enjoy. Gladstone Regional Council Acting Mayor Chris Trevor said the addition of a dog off-leash area was identified in the Bunting Park Master Plan.

"We have an abundance of beautiful green spaces here in the Gladstone Region, so it's great to be able to share those with our furry friends also," Councillor Trevor said. "Not only is it great to spend time outdoors, but regular exercise is an important factor in our canine companions' health and happiness."

The \$60,000 Bunting Park – Dog Agility area has been funded by the Queensland Government's Works for Queensland program.

Have you taken your dog to the new Bunting Park – Dog Agility area. Share your pictures with Gladstone News on our social media! #GladstoneNews

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Watched

34,941

participants cross the finish line



Travelled

12

times around Australia

Thanked

1080

volunteers for their support



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