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GLADSTONE NEWS

TAKE ME, I'M FREE

**ISSUE 162**

*August 29, 2019*



GLADSTONE NEWS IS FREE THANKS TO OUR ADVERTISERS AND COMMUNITY PARTNERS



**QGC**



Gladstone Ports Corporation  
*Growth. Prosperity. Community.*



**Gladstone Area  
Water Board**

**ELEVATE**  
MEDIA



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Contact Jane Katsanevas  
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news@gladstonenews.  
com.au

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## NATIONAL RUGBY CHAMPIONSHIP

**Qld Country vs Brisbane City**

**Saturday 28th September  
at Marley Brown Oval**

Tickets on sale 11am August 30

**Grandstand \$20 General Admission \$15**

[www.gladstoneentertainment.com/nrc-union-game/](http://www.gladstoneentertainment.com/nrc-union-game/)



# what's on

FROM 29 AUGUST

## THURSDAY (EACH WEEK)

THURSDAY ARVIE BARBIE 3:30pm to 6:00pm. Come down to the PCYC for a free sausage sizzle and pizza with PlayStation games, pool tables, TV, board games, arts and craft, ping pong table and music. All ages welcome.

## 31 AUGUST

GLADSTONE MULTICULTURAL FESTIVAL DAY - The Gladstone Multicultural Festival is back in 2019 and it's bigger and better than ever! Come and join in on the fun. All day entertainment, the kids will love the kid's zone, family fun, mouth-watering food and amazing music. Gates open at 10am at the Gladstone Tondoon Botanic Gardens. Entry is free! Running from 2pm to 7pm. More information [www.facebook.com/gmaigladstone](http://www.facebook.com/gmaigladstone)

## SEPTEMBER

All aboard the SOS DINNER CRUISE! Secure your ticket for a night of fun and food and set sail with Curtis Ferry Services & Lightbox to raise funds for Mission to Seafarers. Live entertainment. 18+ event. Tickets \$160 per person. For more information contact Mission to Seafarers.

## 20 SEPTEMBER

INFAMOUS THE SHOW - Following sell-out shows across Australia, Infamous brings it's sensational 2019 show to Gladstone! Infamous is a multi-million-dollar production with a unique combination of sexy circus acts, raunchy dancing and cheeky comedy that will have you crying with laughter. Infamous is an 18+ event! Tickets online from [premier.ticketek.com.au](http://premier.ticketek.com.au)

## 14 SEPTEMBER

GLADSTONE DISTRICT GEM, ROCK & MINERAL CLUB - will be hosting their open day from 9am to 3pm at the club on Scenery Drive in Gladstone. Come and find out what the Club is all about! Discover the art of jewellery making, faceting, lapidary craftsmanship, silversmithing, fossicking adventures and much more.

## 21 SEPTEMBER

GLADSTONE ALL THINGS FISHING presents...BIGGEST BREEM COMPETITION! 7am to 2pm. Loads of prizes for all age groups. All proceeds will go to VMR Gladstone to support those who will always support you while you're on the water. For more info contact Gladstone All Things Fishing on Facebook.

# under the trees

MUSIC & ARTS FESTIVAL • 21 SEPTEMBER 2019

BOYNE ISLAND • JACARANDA DRIVE • 11AM-10PM

Z-STAR TRINITY • FAT PICNIC • CHEAP FAKES

CLAUDE HAY • URBAN CHIEFS • THE FERGIES

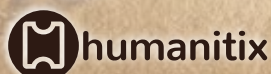
SILKY FUZZ • THE LYRICAL • MERAKI CIRCUS + MORE!

FOOD • LICENSED BAR • STREET ART

PRESALE TICKETS \$35  
UNDER 12s \$15

+ BOOKING FEE

TIX FROM





# BE INSPIRED...I DO!

## Gladstone Region Wedding Guide

From picture perfect sunsets in the Boyne Valley to spectacular Heron Island on the Southern Great Barrier Reef, the unique hidden world of the Paperbark Forest at Agnes Water or the stunning backdrop of the Tondoon Botanic Gardens in Gladstone there is no shortage of inspiring wedding locations around the Gladstone Region. This is something locals know, but now our amazing region will be showcased at tourism industry events and in tourism information centres across Australia.

The team at Gladstone Area Promotion and Development Limited (GAPDL) recognise that the Gladstone Region is the perfect location for a destination wedding and are proud to launch the 'I do' Gladstone Region Wedding Guide. The guide will have all the Gladstone Region wedding inspiration an engaged couple will need. The project, led by

GAPDL's Tourism Manager, Dominique Gleixner, aims to showcase our beautifully diverse region and highlight our world-class businesses.

We all know how time-consuming wedding planning can be. The 'I do!' Gladstone Region Wedding Guide will not only help those planning their destination wedding in the Gladstone Region but will be a useful tool for locals, making it easier to uncover the Gladstone Region's best wedding locations and suppliers.

Within the guide, readers will find useful planning tools, a direction of local wedding suppliers and plenty of wedding inspiration for the perfect day!

The fantastic cover image featured on the I do! Wedding Guide was shot on beautiful Heron Island by local photographer Sarah Lette Photography and featured floral arrangements from Ginger Says.

### PICK-UP LOCATIONS —

Elevate Media

12/100 Goondoon St, Gladstone QLD 4680

GAPDL

72 Bryan Jordan Dr, Gladstone Central QLD 4680

Agnes Water Information Centre

71 Springs Rd, Agnes Water QLD 4677







# 4 REASONS WHY YOU SHOULD GET MARRIED IN THE GLADSTONE REGION!



Destination weddings are becoming increasingly popular. A Gladstone Region wedding gives you the opportunity to escape to an amazing location and spend quality time with your loved ones, all while celebrating your marriage to each other.

## PLANNING MADE EASY

To some, the idea of planning a destination wedding can appear quite daunting, and many people may think it is more work than hosting your wedding closer to home. However, by using in-house wedding coordinators and pre-designed, all-inclusive wedding packages, a destination wedding can be easy to plan.

## AFFORDABLE

By choosing to host a destination wedding, you are able to combine some of the main elements of getting married into one.

At some resorts or hotels, the bride and groom receive complimentary upgrades and discounts for accommodation bookings for family and friends. A destination wedding can end up being more affordable than a local wedding.

## SPECTACULAR PHOTO LOCATIONS

By working with a local photographer, your chances of spectacular and memorable photos incorporating the unique

natural environment are increased as they are aware of the best timing for light and exposure in their local area.

## SMALL AND INTIMATE

Getting married at a unique location away from home can make it easier to keep your guest list to a minimum.

A destination wedding can often result in a personal and very intimate occasion with the friends and family that you love the most. The opportunity to soak up some quality time in paradise while celebrating is all the incentive they need to travel to your wedding location.



For all your accommodation and  
leisure information, visit

**GLADSTONEREGION.INFO**

#gladstoneregion #visitagnes1770



GladstoneRegion



gladstoneregion



Reading is my secret **POWER**

# Gladstone Children Celebrate **BOOK WEEK**

SCHOOL, LIBRARIES AND COMMUNITIES ACROSS  
AUSTRALIA HAVE BEEN INSPIRED BY THE 2019 CHILDREN'S  
BOOK COUNCIL OF AUSTRALIA BOOK WEEK THEME –  
READING IS MY SECRET POWER







**St. John the Baptist**  
CATHOLIC PRIMARY SCHOOL



## PAINTING THE REGION *REaD*

**Retired Children's Librarian and passionate literacy advocate, Bettina Nissen continues to bring the magic and wonder of reading to children across the region.**

Launching Paint The Town REaD at Under 8's week earlier this year, Bettina and her group of Paint the Town REaD Champions have been visiting kindergartens, playgroups, prep classrooms, community events and festivals across the region spreading the message of the importance of developing early literacy skills. With them, they carry three eggs which grow larger and thrive when they are read and sung to. "We all grow and thrive by listening to stories and sharing stories. Because these stories tell us who we are and where we come from, the eggs are just the same. Whenever we sing and tell a story, we thrive and grow," Bettina explained.

With each story and song, the eggs grow and thrive as they get closer and closer to being ready to hatch. The eggs, which have been lovingly created by volunteers at the Calli-

ope CWA, are anticipated to hatch at some point in Term 1, 2020. The magic part is that no-one knows what is inside the eggs; however, Bettina has worked closely alongside local Indigenous groups to ensure they will be appropriate Paint the Town REaD mascots.



Paint the Town REaD was initially developed by a retired school principal in Parkes, New South Wales and has since been rolled out across 70 towns throughout Australia. Bettina said the program was designed to help ensure children had the opportunity to develop early literacy skills, so they are ready to learn to read and write when they reach school.

"Paint the Town REaD helps to build awareness about how important it

is to build those basic skills before children get to school," Bettina explained. Bettina has engaged a range of volunteers from a variety of backgrounds who spread the message across generations and cultures. The program complements the amazing services already offered at the Gladstone Region's Libraries through their children's programs and First 5 Forever activities. "Everyone is working with the same vision, ensuring children reach school ready to learn," Bettina added.

Bettina said the program is unfunded and is run solely by volunteers. "We don't need a lot of funding. The program needs lots of enthusiasm and passion and volunteers who can help in any way they can."

**For more information visit [www.facebook.com/Paint the Town REaD - Gladstone, Calliope and Boyne Island](http://www.facebook.com/Paint%20the%20Town%20REaD)**

GET YOUR DAD THE  
GIFT OF GOLD ROOM  
THIS **FATHER'S DAY!**



**GLADSTONE**  
**CINEMAS**



[GLADSTONECINEMAS.COM.AU](http://GLADSTONECINEMAS.COM.AU) | 4972 0015





## WOMEN'S HEALTH WEEK 2019

Women's health. Powerful stuff!

The two biggest barriers for women not maintaining a healthy lifestyle is 'lack of time' and 'health not being a priority'. Women's Health Week is the time to do something for your health and start making positive changes that can last a lifetime.



[pcyc.org.au](http://pcyc.org.au)



Sign up and receive:

- gym equipment induction
- 6 week starter program

\* conditions apply



**GLADSTONE**  
53 Yarroon Street  
074972 3122

**MAKE A  
FRESH  
START  
WITH US**



As it is Women's Health Week, Katrina from The Health Nut discusses Natural Skincare and Makeup.

We should be mindful of the chemicals and products we are putting on our largest organ - our skin. The skin absorbs up to 60% of all products we apply to it into our bloodstream.



With access to great technology at our fingertips we should not be oblivious of the chemicals in our products. One App I like to use is called The Chemical Maze, it's easy to download and easy to read. I have used it to look up some well-known chemicals used in

Commercial make up and skin care ranges.



Here are **SIX** great reasons why you should choose more natural skincare and make-up:

- 1 They are **SAFE**. Commercial cosmetics are not heavily regulated and could carry many different toxins which are known as carcinogenic. They can leave your skin with irritations. Used over a long period of time they can cause gut and health issues.
- 2 Natural cosmetics are healing, they will help to make your skin glow. Natural or Organic make up is generally formulated without the use of pesticides, synthetics or herbicides.
- 3 You can make your own natural cosmetics, skin care and deodorant from natural ingredients.
- 4 They are cruelty free.
- 5 They don't mess with your Hormones – Some products (phthalates) used in cosmetics such as nail polish, hairspray and fragrances – have been linked to early puberty in both girls and boys.
- 6 Choosing an organic skincare make up range is supporting the health of our planet.



THE HEALTH NUT Shop 2/117 Toolooa St | 07 4972 3784 [f](#) Find Us On Facebook



# Celebrating Women's Health Week

## 2-6 September

Gladstone Women's Health Centre is a not for profit organisation for Women by Women. For more information about the services provided by the GWHC please visit:  
[www.gladstonewomenshealth.org.au](http://www.gladstonewomenshealth.org.au)

## LIVE, LAUGH, LOVE for good health

**Laughter can be hugely beneficial to our health. In celebration of Women's Health Week, Sue Ellen Pashley from the Gladstone Women's Health Centre has shared some interesting facts about laughter... and why we should do more of it!**

**1** Studies have shown that laughter can help relieve pain, increase your overall feeling of happiness, and increase immunity.

**2** Laughter increases the number of antibody-producing cells we have working for us and enhances the effectiveness of T cells. All this means a stronger immune system, as well as fewer physical effects of stress.

**3** A good belly laugh exercises the diaphragm, contracts the abs and even works out the shoulders, leaving muscles more relaxed afterward. It even provides a good workout for the heart.

**4** Laughter connects us with others. Just as with smiling and kindness, most people find that laughter is contagious.

**5** Laughing raises both your energy expenditure and heart rate by about 10 percent to 20 percent.

**6** Laughter reduces the level of stress hormones like cortisol, epinephrine (adrenaline), and dopamine. It also increases the level of health-enhancing hormones like endorphins.

**7** You are more likely to laugh with other people than over a joke or funny movie. Social laughter (laughing with others) occurs 30 times more often than solitary laughter.



**Women's Health & Sexual Assault Services:**  
Counselling, Health & Wellbeing Programs, Trauma and Education Programs, Support Groups

**Domestic Violence Counselling & Support Services:**  
Victim's Counselling, Court Support, Security upgrade, Advocacy & Referral Service

**All services are free and confidential**  
20 Tank Street, Gladstone Qld 4680  
Ph: 4979 1456



# CELEBRATE WOMEN'S HEALTH WEEK

## at GLADSTONE WOMEN'S HEALTH CENTRE 2-6 September

Monday 2nd September	1pm to 2pm Yo-Chi with Deb	Combination of beginners Yoga as well as energy work which works on your meridian lines.
Tuesday 3rd September	9am to 3pm Bowen Therapy with Karen	Bowen Therapy is a holistic and multidimensional approach to pain and healing that has achieved remarkable results over the past 50 years.
	12noon to 1pm The Empowering Maintenance Program	Will give participants the basic knowledge to help maintain their vehicle.
Wednesday 4th September	9.30am to 12.30pm 101 Ways to treat yourself well	Join us for this free workshop to discuss topics on how stress effects our bodies and barriers that get in the way of treating ourselves well.
	1pm to 2.30pm Short Course on Happiness	What does happiness mean and how to get it. What can we do to increase our happiness?
Thursday 5th September	11am to 12.30pm Hope and Healing	Support group for Sexual Assault Survivors
	1pm to 2.30pm Assertiveness	What is reasonable for us to expect in our relationships and in our communication with others? Low Self-Esteem, Self Confidence and Communication Styles.
Friday 6th September	10.30am to 12.30pm Art of Relaxation	The Art of Relaxation will look at what stress and relaxation do to the brain, explore different opportunities for relaxation and look at how to make these a habit.
	1pm to 2pm Yoga	Yoga for beginners



### Men Towards Equal Relationships Changing beliefs, attitudes and behaviours

The Men Towards Equal Relationships (MenTER) program is designed for men who are committed to changing their patterns of abusive behaviour. MenTER is an opportunity for men to gain new skills that can stop destructive behaviours and abusive reactions. The program highlights domestic violence at its roots by addressing the attitudes, beliefs and actions that contribute to domestic violence. The behavioural change program was first launched by Gladstone Women's Health Centre in 2018. To safeguard security of all GWHC program users the MenTER program is not held at GWHC but at PCYC.

Through twice weekly sessions over ten weeks the program covers topics such as understanding what violence and abuse is, the difference between anger and domestic violence, personal responses to domestic violence, accepting responsibility for behaviour and strategies toward building healthy relationships. The program will also teach men how to handle strong emotions and conflict with understanding, confidence and self-control.

MenTER is open to men who acknowledge they need to change and are willing to do so. Participants do not have to be referred through official channels. Men who are considering enrolment are required to attend an initial interview to discuss suitability for the program. Intake interviews are conducted by a qualified facilitator and allow us to understand each person's situation and explain the program in more detail. The program is free of charge.

For more information and/or to register:

T: 0490 056 112

W: [www.gladstonementor.org.au](http://www.gladstonementor.org.au)

E: [admin@gladstonementor.org.au](mailto:admin@gladstonementor.org.au)

# THANK YOU



As B2B comes to a close for the 10th year, Gladstone Ports Corporation and the Botanic to Bridge team would like to say a massive THANK YOU.

To those who registered, participated, volunteered and our amazing sponsors, the event wouldn't be possible without you.

Together, over the past 10 years we have raised more than \$400,000 for the Gladstone community and local schools.

Keep your eyes on our Facebook page for the event day photo gallery.



Gladstone Ports Corporation  
*Growth. Prosperity. Community.*



# Shell's QGC Communities Fund

## *Closing 2019 funding soon!*

Shells' QGC Communities Fund supports community organisations in the Gladstone region to undertake community projects and has proudly been doing so for the past four years.

Funding for community projects between \$10,000 to \$40,000 will close for this year on the 31st August, but never fear, there is still time to get your funding application in. Simply visit: [shellaustralia.smartygrants.com.au](http://shellaustralia.smartygrants.com.au) and follow the prompts to register and begin your application.

Since it started in 2015, the Fund has disbursed \$1.3 million, benefitting 44 grassroots projects.

Here's some local community groups it's helped;

### **Benaraby Progress Association**

Refurbished their hall to continue hosting dances, movie nights, charity balls, afternoon teas and garage sales to help raise funds for local causes.

### **Baffle Creek Golf Club**

Built a great outdoor shaded area off their clubhouse where they can have functions safely out of the sun.

### **Boyne Tannum Scouts Group**

Built a much-needed shed beside their hall, making a positive difference to kids, community and the organisation alike!

These projects were made possible by Shell's QGC Communities Fund, and we'd love to see more community groups get their projects up and running. So, get your submission in before 5pm 31 August.



For more information contact:

Freecall: 1800 030 443

Email: [qgccommunity@shell.com](mailto:qgccommunity@shell.com)



**QGC**

## *Gidarjil celebrates latest graduates*

The most recent Gidarjil Development Corporation's Skilling Queenslanders for Work program came to an end on Friday 9th August 2019. Graduates from the most recent program were awarded Certificate I in Conservation and Land Management at a special graduation ceremony. The graduation allowed Gidarjil, along with their local partners, community members and project hosts to celebrate the success and achievements of the program's participants. Gidarjil's training and employment programs assist Indigenous people in gaining the necessary skills and knowledge to pursue their career pathways. The successful participants gain valuable exposure to a wide range of techniques, skills and qualifications.

Throughout the 26-week program, Gidarjil's team of 10 trainees participated in several projects across the Gladstone Region. These included restoring & monitoring local waterways and public areas.

Key projects completed during the program include the restoration of a picnic area at Tondoon Botanic Gardens where the group was hosted by Gladstone Regional Council. The team also worked alongside the Fitzroy Basin Association and their volunteers at the Calliope Bio Control Nursery and were involved in planting trees alongside Conservation Volunteers Australia at Canoe

Point. The group also assisted with propagation, seed collecting, and revegetation along with collecting marine debris at local beaches.

On top of these practical skills the traineeship provides program participants with an opportunity to work toward creating a positive future and becoming involved in the local community. Program graduates are offered mentoring and support services to help them build secure and sustainable career pathways for the future.

Gidarjil Development Corporation's Gladstone Manager, Demi Blucher said that two of the program's participants had secured work mid-way through the traineeship. "Nine participants completed the Certificate I Conservation & Land Management earlier in the program, with five participants seeing the program out," Ms Blucher said.



# SOCIAL INNOVATION WORKSHOP PRODUCES *Promising Design Concepts*



**Given 23 per cent of homeless people are aged between 12 and 24 years, it's no wonder that CQUniversity partnered with not-for-profit Roseberry Qld to provide its students with a unique opportunity to explore youth homelessness.**

A group of students from across the University, recently gathered in Gladstone for an immersive three-day Social Innovation workshop centred around the statement 'How might we explore and develop a concept for the future needs of a youth homeless shelter?'

Organised by CQUniversity Social Innovation Program Manager, Ashley Clarke, the workshop agenda included a range of activities that helped students to build their capacity in several key areas including leadership, problem-solving, empathy and teamwork. "Students heard and learned from Queensland Youth Housing Coalition Inc. Executive Director Maria Leebeek, Fab Ideas Pty Ltd Director Elmira Esfahani, CQUniversity Office of Social Innovation facilitators - myself and Steve Williams, and youth who have a lived experience of homelessness, as well as participated in a site visit to Gladstone's Roseberry House," Ms Clarke said "The insight gained from these stakeholders helped students to develop plausible concepts for a progressive youth homeless shelter that meets the needs of its occupants. These concepts were pitched to a panel of external judges on the final day of the workshop, and will feed into Roseberry Qld's Shelteristic 2025 project"

External judges included CQUniversity Associate Vice-Chancellor (Gladstone Region) Professor Owen Nevin, Roseberry Qld General Manager Colleen Tribe, Gladstone Regional Council Councillor Glenn Churchill, and Elmira Esfahani of Fab Ideas Pty Ltd.

The winning design concept was *Integrated Spaces with Purpose*, which was developed and pitched by Justina O'Connor (**Bachelor of Psychological Science**), Samrat Handa (**Master of Project Management**), Andrew Murray (**Bachelor of Business**) and Ngaouea Neemia (**Master of**

**Management for Engineers**).

Justina explained that the key insight that informed the group's concept was gained during conversations with Roseberry Qld's staff and clients. "We discovered that the current spaces available were not meeting the needs of young people. So, we developed a safe space concept that promotes well-being, creates a sense of community, and most of all, feels like a home," Ms O'Connor said. "Throughout the workshop, we learned how important the consultation process is when taking on a project that affects so many people. In addition, rather than looking for others to take action first, we learned that we can be the change-makers - making the world a better place for everyone to live."

Panel judge, Colleen Tribe of Roseberry Qld said the Gladstone-based community organisation set out to challenge CQUniversity students to design youth homeless shelters for its Shelteristic 2025 project. Ms Tribe said each of the student-generated concepts far exceeded her expectations as they tapped into the needs of current Roseberry House clients to generate innovative and dignified shelter ideas that allow for sustainable tenancies and adaptability.



## I'm newly separated! What do I do now?

### Separation, Property Settlement and Co-parenting

Information sessions co-presented by a Solicitor, Counsellor and Mediator

**5.30pm-7.30pm,  
Tuesday, 3 Sep or 1 Oct**  
**9.30am-11.30am,  
Friday, 27 Sep or 18 Oct**

Relationships Australia office, 10 Tank Street, Gladstone

Bookings essential on 4976 6300 and arranged so partners attend different sessions



Farnsworth Legal  
Gladstone Community  
Legal Program





# ENERGY & EMISSIONS REDUCTION MINISTER VISITS GLADSTONE



**The Federal Minister for Energy and Emissions Reduction, Angus Taylor, joined Member for Flynn, Ken O'Dowd, on a visit to Boyne Island Smelter and Cement Australia last week. While in town they met with local industry representatives to discuss the Liberal National Government's plan to drive down energy prices.**

Reliable energy at an affordable price is vital to the future of the many jobs that energy-intensive industries in Gladstone rely on.

Minister Taylor said the Government is examining projects in North and Central Queensland through the Underwriting New Generation Investments program to ensure affordable, 24/7 reliable energy.

"Businesses are struggling under the weight of power prices in Central and North Queensland", Minister Taylor said. "The Federal Government is taking strong action through our Underwriting New Generation Investments program to address supply and affordability issues, especially for energy-intensive and trade-exposed customers in the region. We are focused on short and long-term customer energy requirements and future generation

opportunities to meet customer needs."

The Federal Government announced in the Budget \$10 million over two years to develop a detailed plan and identify viable locations for further energy generation including coal, gas, pumped hydro, and biomass opportunities. These projects include but are not limited to a new HELE coal project in Collinsville, upgrades of existing generators as well as gas and hydro projects. As an objective of the Underwriting New Generations Investment program, the Government will be targeting a 25 per cent reduction in wholesale prices by the end of 2021.

Federal Member for Flynn, Ken O'Dowd, said Minister Taylor's visit was important to help the Minister understand energy generation and supply issues impacting some of the region's major employers, including sites like Boyne Island Smelter.

"It is great to have Minister Taylor in Gladstone to hear first-hand from our canegrowers, aluminium industry and other stakeholders the impact power prices are having on their sector", Mr O'Dowd said. "Customers, big and small, are at the centre of the Liberal National Government's Fair Deal on Energy policy. We are committed to keeping prices down while we keep the lights on," Mr O'Dowd added.



*Ken O'Dowd MP*

Gladstone Office, 76 Goondoon St, Gladstone Q 4680 • (07) 4972 5465  
Emerald Office, 2/115 Egerton St, Emerald Q 4720 • (07) 4982 4266  
Ken O'Dowd MP • [ken.o'dowd.mp@aph.gov.au](mailto:ken.o'dowd.mp@aph.gov.au)

## RECOGNITION THROUGH RENOVATION

**#RENOVATE4680 IS BACK IN 2019**

**LOCAL BUSINESSES LOCATIONS ESTATE AGENTS, BETTA HOME LIVING, HARBOUR CITY TILES & CARPETS, GIW DESIGNS, ELEVATE MEDIA, AND THE OAKS GLADSTONE ARE PARTNERING TO BRING GLADSTONE'S RENOVATION COMPETITION TO LIFE AGAIN. HAVE YOU BEEN INSPIRED BY HOUSE RULES OR WANTING TO BEGIN YOUR OWN VERSION OF THE BLOCK? NOW IS THE TIME TO MAKE THOSE DESIGN DECISIONS, LOCK IN YOUR TRADIES, AND BRING YOUR PROJECTS TO LIFE, ESPECIALLY SO THEY ARE READY TO ENTER THE 2019 #RENOVATE4680 COMPETITION!**

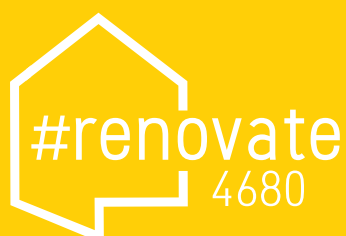
Based on feedback and submissions received last year, the #Renovate4680 team have introduced several additional categories to the exciting competition. The 2019 competition will build on 2018's base to now include both residential and commercial renovations to cover both the business and support services sector in our community.

There will be five prizes on offer this year – Residential Kitchen Winner, Residential Bathroom Winner, Commercial Kitchen or Bathroom Winner, Support Services Kitchen or Bathroom Winner, and finally, a People's Choice Winner. The winner of the People's Choice prize will take home an overnight stay at The Oaks Gladstone including a dinner voucher for two at Oak & Vine and a \$500 Gift Voucher from Harbour City Tiles & Carpets. Submissions will open on October 8th and will close on December 3rd. After the initial 8-week submission period, the team will select a shortlist which will be published in Week 9. From this point, the public will be able to vote on their favourite kitchen and bathroom renovations with the winners announced in Week 10 during a celebration party at Oak & Vine.

There has never been a better time to get involved with

**#renovate4680.**

**\*Submissions will open on  
October 8th and will close on December 3rd**



## *Colour and Response* Calling local artists to contribute to Flying Arts Alliance's project



Merv Moriarty with airplane, c. 1970s. Image courtesy of Flying Arts Alliance.

*Colour and Response* is a touring exhibition of recent works by artist, art educator and founder of Flying Arts Alliance, Mervyn Moriarty.

Mervyn had a major influence on the development of the visual arts throughout Queensland, establishing both the Brisbane Institute of Arts and The Flying Arts School (formerly EastAus Art School, now Flying Arts Alliance Inc.). Both organisations continue to operate successfully today, continuing his legacy of supporting the arts.

The Gladstone Regional Art Gallery & Museum is excited to host the exhibition given the extraordinary impact that Mervyn Moriarty and The Flying Arts School had in the Gladstone region during the late 70s and 80s.

On display at the Gallery & Museum from 13 December 2019 to 1 March 2020, the touring project will be complemented by locally curated exhibition responding to Moriarty's touring works and the impact of his art teaching.

If you are one of the artists who was lucky to participate in any of the workshops or events with Mervyn Moriarty and The Flying Arts School, or one of the many hosts who opened their doors to the tutors over the years, the Gallery & Museum would like to hear from you!

Works made during the workshops, memorabilia and photographs of the visits, as well as recollections and musings of the time are sought for this wonderful project of local and state significance.

The local content will be added to the exhibition in a Gladstone Region Remembers section of the exhibition and will have an organic life as people visit the display and are prompted to remember the events of the past.

For further information on how you can contribute to the local component of the display please contact the Gladstone Regional Art Gallery & Museum on phone 4976 6766 or email [gram@gladstone.qld.gov.au](mailto:gram@gladstone.qld.gov.au).

Flying Arts Alliance is supported by the Queensland Government through Arts Queensland.



cnr Goondoon & Bramston Sts, Gladstone  
4976 6766 | [gram@gladstone.qld.gov.au](mailto:gram@gladstone.qld.gov.au) | [gram.qld.gov.au](mailto:gram.qld.gov.au)

*A community cultural initiative of the Gladstone Regional Council*



# local business profile

## MARLEY HALTER JADE ROOM HEALING



### What is your business?

Jade Room Healing. At Jade Room Healing we offer an indulgent, blissful, calm and safe place for clients of all ages to experience our services. Our therapists hold professional qualifications and have years of experience. Jade Room Healing has full membership with IICT - International

Institute for Complementary Therapists, full insurance and our therapists each have a positive Notice Blue Card - Working with Children.

### How long have you been in business for?

Jade Room started on the Gold Coast in 2018, and then I relocated to the Gladstone region earlier this year to live with my partner.

### What products and or services does your business supply?

We have clinics in Agnes Water and in Gladstone, and offer Lomi Lomi, Traditional An Mo & Intuitive massage; Real Relating and Conscious Connection education, workshops, retreats & counselling for men, women & couples; women's circles; Date Night Gift Baskets; Jade Yoni Eggs; Massage Oils and Soy Candles.

### What is the best thing about being in business in the Gladstone Region?

I absolutely love Gladstone! I love the people, the sense of real community, and the support of the business community here.

### What would you say to someone considering launching their own business?

Short answer: Definitely do! Find what interests you, what will hold your interest, and do THAT. Take the time to get the structure right first, and have a plan. Then go for it! A positive attitude will always win.

Image: Leesa Barr Makeup

## GLADSTONE'S FLOORING XTRA *Sweeps The Floor At Store Of The Year Award*

**JUST TWO YEARS AFTER OPENING THE GLADSTONE FLOORING XTRA TEAM CAME HOME FROM THE NATIONAL AWARDS FIRMLY CLUTCHING BOTH THE QUEENSLAND AND MUCH-COVETED NATIONAL STORE OF THE YEAR TROPHIES.**

With 85 stores strong Australia wide and the third-largest franchise in the industry, the Gladstone Flooring Xtra team has put their heart and soul into making their store, the best in flooring store in the Gladstone region.

Starting from scratch in 2017 with the fit-out of a brand-new showroom on Gladstone Benaraby Road, nothing was left to chance. Local proprietors Emma and Matt Connell, a well-known family in the community, wanted customers to have that WOW experience when they

walked through the showroom door.

Matt and Emma knew their staff had done a superior job and that every member was committed to excellence from the very beginning, but they had no idea what they had created until they were up in lights, centre stage with their awards.

"The criteria for the awards were very specific. We were judged on KPIs as outlined by the Flooring Xtra Excellence Program - Supplier Relationships, Brand Representation, Sales Management, Marketing and Customer Experience were just a few of the focus areas", said Emma.

When asked what's next the husband and wife dynamo duo were quite coy. "We have been working on expansion plans for a little while, but this experience has just reinforced we're on the right track",

said Emma. Matt added, "yes, but that's as much as we're prepared to say for now, except Watch this Space!"

Given the extraordinary outcomes they have achieved with Flooring Xtra, their hard-working team and the service to Gladstone residents – we can be assured that whatever they have up their sleeves, the Connells are not the kind of couple to do anything by halves. Take careful note - something Xtra for Gladstone is looming in the near future.





## COMMUNITY MUST RALLY FOR HOSPITAL CHANGE

— *Sign The Petition Now*

**‘UNLESS SOMEONE LIKE YOU CARES A WHOLE AWFUL LOT, NOTHING IS GOING TO GET BETTER. IT’S NOT!’  
— DR SEUSS**

Gladstone Region residents are being urged to back an online petition holding the Queensland State Government to account regarding the conditions at Gladstone Base Hospital. The petition states that the Gladstone Region, which is home to approximately 63,000 people and contributes an estimated \$4.77 billion in Gross Regional Product has been significantly affected by the recent closure of services from the Mater Private Hospital and the low investment over many decades in Gladstone Base Hospital infrastructure. It states that the facility has not kept up with the growing demands of the community, and these compounding factors contribute to

the difficulty that the region has in attracting and retaining specialists and GP services.

“Your petitioners, therefore, request the House to urgently consider and expedite upgrades to the Gladstone Hospital to include a minimum of four operating theatres, more hospital beds, the incorporation of an Intensive Care Unit and any other necessary upgrades to generally increase the Gladstone Hospital’s ability to deliver consistent level 4 services to the growing needs of the community,” the petition states.

The petition which was launched three weeks ago by Councillor Kahn Goodluck and strongly supported by BITS Medical Centre’s Dr Gaston Boulanger, at the time of going to print it, had gathered just over 3900 signatures. Both Councillor Goodluck and Dr Boulanger urge more members of the community to band together and sign the petition to send a strong message to the State Government that this issue is not going to go away!

After attending Wednesday’s community meeting where over 30 local GP’s and community stakeholders were in attendance to support this petition, and after attending the CQ Health press conference the following day it is obvious that a united community message is what is needed for our requests to be heard and taken seriously!

### TO SIGN THE PETITION VISIT;

<https://www.parliament.qld.gov.au/work-of-assembly/petitions/petition-details?id=3172#content>

## LOCAL HISTORY

### *The History of Balcomba Private Hospital*

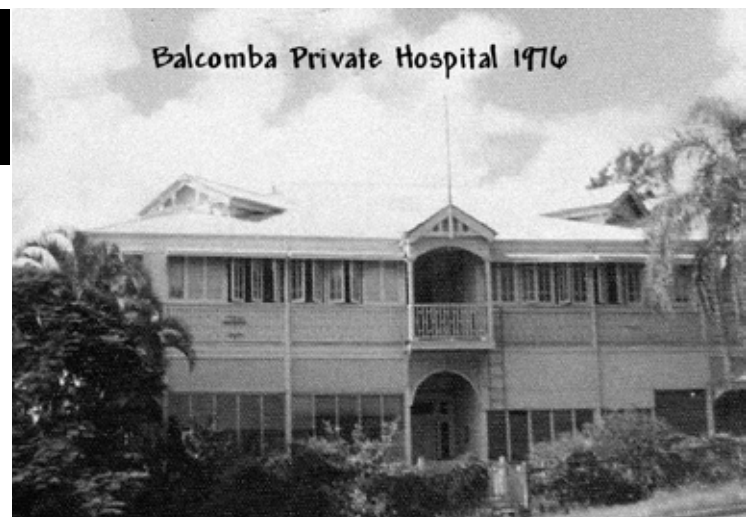
by Betty Laver

Dr. Fletcher opened up Balcomba Maternity Hospital on the corner of Roseberry Street and Oaka Lane in 1920.

This had previously been the home of Mr and Mrs James Friend. It was then under the care of Matron Dent and Sister Robertson Munro. This hospital ran successfully, and it still flourished under Matron Cairncross in 1921 and Lillian Liddicoat received her training under this worthy matron.

After a couple of years, Dr Fletcher closed it down and the building was turned into flats. Later Matron F E Beardmore leased it and turned it back into a Private Hospital, which continued until the early 1940’s under the doctors, Fletcher, Keyes, Lynch and Byrne.

The difficulty of retaining staff during the war years, plus demands from the health department, caused the doors to be closed.







## 2020 COMBINED SCHOOL MUSICAL

### *Cast & Crew Announced*

**SEE THE WONDER AND MAGIC OF THE MUCH-LOVED MUSICAL – THE WIZARD OF OZ – COME TO LIFE ON THE STAGE AT GLADSTONE ENTERTAINMENT & CONVENTION CENTRE IN MARCH 2020.**

Gladstone Entertainment Convention Centre (GECC) and Gladstone Regional Council have officially announced the cast and crew who will star in the next Gladstone Combined Schools Musical. Taking place from 9-15 March 2020, Gladstone Region Councillor Kahn Goodluck said the musical would showcase the talents of 72 students from 15 schools across the Gladstone Region. "I am thrilled to see

such a great ensemble ready to bring The Wizard of Oz to life," Councillor Goodluck said.

Announced as the Director, Hannah Rodda said she was looking forward to working with the young people of the region to bring The Wizard of Oz to life. "I have taught drama and theatre for 13 years across a variety of locations, including regional Queensland, Brisbane and Melbourne," Ms Rodda said. "I look forward to working with the cast and crew to develop their performance skills, enhance their creativity and put on a musical to remember."

Jamie-Lee Neil has been appointed as Stage Manager, Jeannine Butler as Assistant Stage Manager, Leanne Christensen as Musical Director, Clare Evans as Choreographer, Robyn Addison as Vocal Coach and Chelsea Elvery and Norma Tanna as the rehearsal pianists.

### **THE WIZARD OF OZ LEADS:**

Dorothy: Sophia Ross

Glinda: Annamonet Massey

Scarecrow: Abby Davies

Tin Man: Joseph Poli

Lion: Jake Lyle

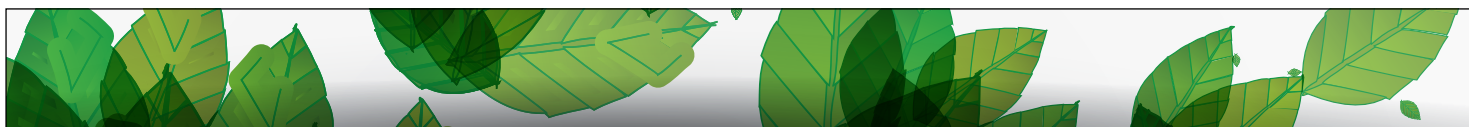
The Wizard / Professor Marvel: William Pirie

Uncle Henry: Werner Bierman

Oz Guard: Matthew Marriage

The Wicked Witch of the West: Kokoda Cadzow-Smith

Rehearsals will commence in September and tickets will go on sale Monday, 23 September 2019. More information is available at [www.gladstoneentertainment.com](http://www.gladstoneentertainment.com)



## DO YOU HAVE AN IDEA OR INITIATIVE THAT WILL IMPROVE OUR LOCAL ENVIRONMENT?

### **Round Two Applications Due by 30 September.**

GAWB's Environmental Micro Grants aim to provide funding for environmentally focussed projects, programs and activities.

As a micro-grant, funding per application is capped at \$1,500 (ex GST) to ensure support to the greatest number of programs and organisations.

Through GAWB's Environmental MicroGrants, we aim to support initiatives in the Gladstone Region which:

Improve environmental / nature-based outcomes

Enhance environmental understanding in the community

Encourage community participation in environmental activities



Find out more and download an application form at [www.gawb.qld.gov.au](http://www.gawb.qld.gov.au)

136 Goondoon St, Gladstone QLD 4680 | P: (07) 4976 3000



**Gladstone Area  
Water Board**



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