



TAKE ME, I'M FREE

ISSUE 171

January 16, 2020

Gladstone Flooring Xtra

NEW TILES & NEW LOCATION!

GLADSTONE NEWS IS FREE THANKS TO OUR ADVERTISERS AND COMMUNITY PARTNERS



QGC



**Gladstone Area
Water Board**

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MEDIA

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Call us on 07 4972 7648

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what's on

FROM 16TH JANUARY

17 JANUARY

Cocktail Evening Enjoy a luxurious evening as you try five different gin & vodka cocktails matched with four courses. Call 4972 1000 to secure your seat!

Gladstone Reef Hotel | 6.00pm – 9.00pm
| 18+ | From \$60

18 JANUARY

FREE Boot Camp!

Kickstart your year with Beccfit's free bootcamps every Saturday morning! For more information and to secure a place, contact the Beccfit Facebook page!
Beccfit - Tannum Sands | 7.00am | FREE

26 JANUARY

Australia Day Family Fun Day With a giant inflatable obstacle course, market and food stalls, a free sausage sizzle, train ride and Australian-themed activities and games, it'll be a fun day for all! Formalities from 9am-11am, with the family fun day kicking off right after!

Toondoon Botanic Gardens | 9.00am – 3.00pm | All Ages | FREE

22 JANUARY

Butterfly and Insect Tour for Kids

Search the gardens high and low to see what insects and butterflies call the Gardens home! Bookings are essential, secure your spot by calling 4971 4444.

Meet at Savour the Flavour café steps | 10.00am – 11.30am | All Ages | FREE

1 FEBRUARY

CQ Beer + Cider Festival! Quench your thirst with a vast selection of Australian breweries and cideries while enjoying local food and music!

Albion Park, Tranberg St, Gladstone
2.00pm – 10.00pm | 18+ | From \$25 plus booking fee

5 FEBRUARY

Toondoon Tiny Tots Bring your baby or toddlers for a free morning out on the 1st Wednesday of every month (excluding school holidays).
Toondoon Botanic Gardens
9.00am – 12.00pm | FREE

21-23 FEBRUARY

Agnes Blues, Roots & Rock Festival

Dance till you drop at the 2020 Agnes Blues, Root & Rock Festival with the Round Mountain Girls! Live music, bar, food vendors and markets. Jump onto agnesbluesandroots.com.au for more information and to secure your tickets! SES Grounds, Captain Cook Drive, Seventeen Seventy | Passes from \$154

8 MARCH

Gladstone Travel EXPO Kick off your travel planning for the year with Helloworld Travel Gladstone and special guest, NRL superstar Johnathan Thurston! Win a holiday just by attending! Register online for a bonus entry into prize draws.
Yaralla Sports Club
9.00am – 1.00pm | FREE

13 MARCH

The Wizard of Oz Come and enjoy Gladstone Entertainment Convention Centre's Combined School Musical 2020 as they present The Wizard of Oz! From March 13 -15. Check GECC's events for times on other days.
GECC Gladstone | 7.00pm | From \$16

Coming round the mountain AT #AGNESBLUESFEST

GET READY TO DANCE TILL YOU DROP AT THE 2020 AGNES BLUES, ROOTS & ROCK FESTIVAL WITH THE ROUND MOUNTAIN GIRLS.

Over a decade since a congregation of part-time musicians got together in a shed on Round Mountain in the most northern part of NSW, the Round Mountain Girls (with not one girl amongst them) have played on Australia's biggest stages at the nation's biggest festivals alongside some of the world's biggest names, including opening the main stage at the iconic Bluesfest for Zac Brown and Santana.

If Mumford and Sons, The Pogues and Metallica had a three-way love child, it would be a Round Mountain Girl. Coined in the press as the 'finest purveyors of Celtabillypunkfolkrootsgrass in the southern hemisphere' and 'heavy metal folk', they'll take you to places you didn't know existed with the raw energy and joy they bring to an audience.

Fast and furious, tender and humorous; you're in for a thrilling, fun-filled experience!

The Agnes Blues, Roots & Rock Festival is a 3 Day Annual Event held in the



Great Barrier Reef's Sensational Deep South. 3 Day Tickets are \$154 with Day Passes also available. Book tickets & places to stay at www.agnesbluesandroots.com.au

Be sure to follow @AgnesBluesFest on Facebook, Instagram and Twitter.

The Agnes Blues, Roots & Rock Festival is proudly supported by Gladstone Regional Council.

NEW TILES & NEW LOCATION

Gladstone Flooring Xtra



INTRODUCING THE NEW GLADSTONE FLOORING XTRA WITH A SPECTACULAR NEW TILE RANGE!

Gladstone Flooring Xtra has relocated to a bigger and better showroom at 36 Gladstone Benaraby Road!

We're still the recognisable big black and green shed, but we've now added an extensive new range of tiles to our showroom to suit styles from commercial to decorative! Moreover, we have a gorgeous new commercial room for all our commercial consults.

The whole team worked together to design our new showroom, with each member adding their own personal touch. We are so happy with the outcome and cannot wait to assist our customers with bringing their visions to life.

We're Gladstone's largest flooring store with the most extensive range and your one-stop-shop for all your flooring and renovation needs. Our range covers carpet, vinyl, timber, laminate, hybrid, tiles, rugs, wallpaper, window furnishings, artificial turf and more!

**GLADSTONE
FLOORING XTRA**

36 Gladstone Benaraby Rd, Gladstone
(07) 4972 0808





New tile range

Check out some of the tiles available at Gladstone Flooring Xtra to get your inspiration flowing!

*Shadow
porcelain tile
in Dark Grey*

*Kardosa
Light*

*Fan Alumina
Bronze*

*Matchstick
Herringbone*



Featured Tiles: Tuscany Marble Mosaic range

Grand Opening

COME AND CELEBRATE
OUR GRAND OPENING
ON SATURDAY 15TH
OF FEBRUARY FROM
9AM TO 12PM.

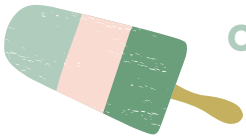
We will be holding a sausage
sizzle on the day to raise funds
for the Westowe Rural Fire
Brigade, who will be attending
with the fire truck!

So come on down for a browse
of our stunning new range
and grab a snag to show your
support for our firefighters!

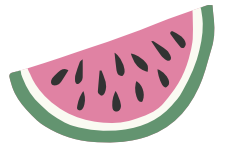




HELLO SUMMER



CHECK OUT THESE SNAPS FROM OUR COMMUNITY'S
ADVENTURES OVER THE HOLIDAYS!



2020 Combined Schools Musical

THE WIZARD of OZ

March 9-15 2020





GLADSTONE'S BRAND NEW

CQ Beer & Cider Festival

THE CQ BEER + CIDER FESTIVAL IS THE LATEST EVENT TO OUR REGION AND BOASTS A VAST SELECTION OF AUSTRALIAN BREWERIES, CIDERIES AND FOOD TRUCKS AS WELL AS GLADSTONE'S AND SURROUNDS BEST BANDS!

Set to commence on the first of February, the afternoon will be a love affair of

great beers and ciders, food trucks, live music and entertainment at the beautiful Albion park! Whether you're searching for your new favourite brew, indulging in different foods and drinks, enjoying the entertainment or just having a blast with mates, there's something for everyone to enjoy!

The idea to hold a beer and cider festival came about when event coordinators were organising the next fundraising

event to support the Gladstone Harbour Festival. After some research they determined that beer and cider festivals were trending further south and so the CQ Beer + Cider festival was born!

Plenty of organisation has gone into the festival so far, from liaising with the brewers to find out their availability, to finding out how many kegs they have on tap and ways they can bring alcohol to the event with everything needing to be kept refrigerated. A key part of organisation also involved investigating digital currency to eliminate having cash at the event.

As for the brewers, you can be sure that most of them are local, with the furthest north coming from Yeppoon and the furthest south coming from the Sunshine Coast. What better way to support our local brewers than to spend a Saturday afternoon tasting the finest local brews and ciders!

'Festival currency' is a first for Gladstone, where digital currency replaces cash. Each attendee will receive a wristband instead of a ticket and can use it to make purchases throughout the day. Tickets and currency can be purchased online and will include a reusable cup for the day.

With many tickets already being sold, you won't want to miss out on the fun-filled afternoon!

"We hope to see many locals there as we bring this exciting new event to the region! It's going to be a fantastic day!" Tracey French, events coordinator said.

A FEATURE OF THE 2020
GLADSTONE HARBOUR FESTIVAL



Gladstone Ports Corporation
Growth. Prosperity. Community.

**REGISTRATIONS
ARE NOW OPEN!**

**ONLINE REGISTRATIONS CLOSE
4PM FRIDAY 6 MARCH**

ARTWORK IS DUE WEDNESDAY 25 MARCH

Registration form and further information can be found on our website



www.gpcl.com.au | 1800 243 GPC

AUSTRALIA DAY FUN ACROSS THE GLADSTONE REGION

**TAKE PART IN THE
AUSTRALIA DAY
CELEBRATIONS ON
THE 26TH OF JANUARY
ACROSS THE REGION
WITH OUR AUSTRALIA
DAY 2020 GUIDE!**

The Most Aussie Australia Day

Celebrate the most
Australian Day in the Most
Australian Way with The
Precinct!

Where: The Precinct,
125 Goondoon Street,
Gladstone

When: 10am-10pm

Community Breakfast

Bring a gold dollar coin to
donate to the Rural Fire Service
Bushfire Appeal and enjoy a
fun-filled Australia Day morning
with the Yarwun Grow Group!

Where: Yarwun Reserve

When: 9am-2pm



Calliope Australia Day

Head on down to Calliope rodeo for an entertaining weekend
of bulls, boots & barbeques! Head to the Calliope Rodeo &
Specialty Events Facebook Page for more information.

Where: Calliope Rodeo Grounds –
Chapman Park, 3 Tarragoola Road

When: Gates open from 1:30pm



Australia Day Fun Run

Kick start your Australia Day
with a Fun Run beginning near
the Marina Parklands stage.
Register on the day from 6:15am
for a 7am start. For more details
check out the Australia Day Fun
Run Facebook event page!

Where: Gladstone Marina, 98
Bryan Jordan Dr, Gladstone
Central QLD

When: 6:30am-9:30am

Australia Day Family Fun Day

Join in the fun and
celebrations at this
free community
event! Australia
Day Awards and
Citizenship Ceremony
take place from 9am-
11am, with the free Family
Fun Day going from 11am
- 3pm!

Where: Tondoon Botanic
Gardens 672 Glenlyon
Road, Gladstone

When: 11am-3pm



Ken O'Dowd MP

Gladstone Office, 76 Goondoon St, Gladstone Q 4680 • (07) 4972 5465
Emerald Office, 2/115 Egerton St, Emerald Q 4720 • (07) 4982 4266
Ken O'Dowd MP • ken.o'dowd.mp@aph.gov.au



New year, NEW YOU

MOST PEOPLE MAKE A FEW NEW YEAR'S RESOLUTIONS WHEN THE TIME COMES AROUND, BUT HOW MANY ACTUALLY STICK TO THEM? DON'T FALL BEHIND THIS YEAR - WE'VE GOT SOME GREAT TIPS TO KEEP YOU ON TRACK!

If you're trying to ditch a bad habit, replace it with a good one!

If you've ever tried to stop a bad habit, you'll know how hard it is. This is especially true when the time spent doing the bad habit is left open and allows us to think about it.

Curb the desire to reinstate your bad habits by replacing them with a healthy new one. If your goal is to lose weight try drinking a full glass of water every time you crave a sweet, then you can create a healthy habit from the desire to fulfil the craving.



Make your new habit a part of your core identity

Make sure you bring your new habit into your core identity; say what you are or are not, rather than what you can or cannot do. Take a person with a goal of quitting smoking. They might be offered a cigarette and default to "I can't, I'm trying to quit."

The mind can feel punished with the restricting words of can't, which can make our cravings more intense. If that person instead said, "No thanks, I'm not a smoker," they can feel more assured and confident that they aren't missing out on something or being restricted, because they no longer identify with the habit.



**Join today,
pay after
Valentine's
Day!**

Includes
gym membership
1 week free activity or
class pass

T&C's apply.
See in club for details



PCYC Gladstone

pcyc.org.au



Get organised

Put your socks and sneakers at the door ready for the morning jog or walk. Your brain will naturally be attracted to the laziest path, so when it comes to the option of searching for socks and shoes or going back to bed it's most likely going to be the latter. The less time you give yourself to procrastinate the sooner you can head out the door and tackle your goals.

Make it pleasant

Do something you enjoy just before you start your new habit so your brain can build a positive association with the next activity.

If it's a morning run, make a nice cool smoothie first thing when you wake up, if your goal is to read, write paint or draw around the home then try lighting your favourite incense before you begin. These simple little steps really help win your brain over when forming new habits.



Platinum Chiropractic WELCOMES DR JOSEPH PERESE!

DR JOE RECENTLY MOVED TO GLADSTONE FROM MELBOURNE WITH A BACHELOR OF HEALTH SCIENCE AND BACHELOR OF APPLIED SCIENCE (CHIROPRACTIC), BOTH DEGREES ACHIEVED WITH DISTINCTION.

Prior to this he studied a Bachelor of Exercise and Sport Science. He has special interests in sports medicine, biomechanical analysis and clinical neuroscience.

Dr Joe said he needed a change, he found himself spending two hours in a car just to get to work in the oversaturated city of Melbourne and decided to take the opportunity to move to sunny Gladstone. His goal is to help Gladstone become more healthy and live pain free.

"Chronic low back pain is the leading cause of disability in Australia and it costs more than the NBN every year. My job is to get Gladstone as healthy as possible and work against that statistic," Dr Joe said. "Pain is not normal at any age. It's not good enough to say that you're getting old, it's not the truth. You don't have to live with pain, come and see the experts and we can help you deal with it."

He's very excited to meet and treat the local community, so pop into Platinum Chiropractic and make Dr Joe welcome!



GET YOUR FIRST CONSULTATION FOR JUST \$49

Refer to this Gladstone News ad upon booking to redeem this offer

Your initial consultation will include:
A thorough Health History & Physical Exam
Spinal Posture & Health Check
Computerised Postural Analysis and
Nervous System Assessment

Includes X-Rays on site using a digital X-Ray machine
(fully bulk billed under Medicare if eligible)

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Patients
Only**



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Book online now platinumchiropracticcentre.com.au



Gladstone's Power Couple

head to Australian National BMX Championships

GLADSTONE'S LOCAL POWER COUPLE KRYSTAL AND PHIL BREZIGAR ARE LOOKING FORWARD TO A FUN-FILLED YEAR IN PROFESSIONAL BMX RACING, WITH THEIR NEXT RACE BEING THE AUSTRALIAN NATIONAL CHAMPIONSHIPS!

Krystal started racing when she was just eight years old and has been enjoying it ever since. Krystal and Phil took a break from professional racing when they had kids, about ten years ago, but they have since gotten back into the racing scene.

"At the start of last year I kind of jumped

into it for fun and fitness not thinking I would go back in professionally," Krystal explained. She said a lot of the women who raced with her were younger, but she was keen to prove that even if you're a mum you can still do it! Krystal was among the top six for Queensland and was interested in seeing how she'd perform on a national level. The couple's ultimate goal is to achieve number one in Australia at the upcoming 2020 BMXA National Championships!

Phil and Krystal train six days a week with activities including gym sessions, sprint training, track training and gate starts. Krystal said, "the training can be intensive but if you want to reach your

goals you have to do the hard yards". They receive support from 720armour, Koala Racing and our very own local Mantis Sportswear, receiving assistance with racing equipment, sports eyewear and bags for carrying their gear.

Krystal encourages anyone who's thinking of riding to go for it, "It's for anybody. It's a lot of fun and a family-friendly sport, which you don't have to do professionally. The best part is being with your family, travelling and seeing Australia."

Well done Phil and Krystal and we wish you all the best with the 2020 BMXA National Championships!



CARMEL STANLEY *School of Music*

FOR OVER 40 YEARS, RENOWNED MUSIC TEACHER, CARMEL STANLEY HAS BEEN STRIKING THE RIGHT CHORD WITH CHILDREN IN THE GLADSTONE PERFORMING ARTS COMMUNITY.

Dedicated to making music accessible to all and instilling in a deep understanding and love of its classical and modern genres, Carmel is tireless in her determination to keep sparking the passion in the next generation of performers.

Through the years she has shared the gift of music with hundreds of students, and her enthusiasm remains undimmed.

"Whether it is someone learning for pleasure, exams or participating in the local eisteddfod, I want every student to explore and enjoy what they do and find a friend for life in music." Mrs Stanley, a founding member and current past-president of the Gladstone Eisteddfod Association, said. "And to my delight, I have found that the friendships I have made transcend the generations with many children of former students carrying on the family tradition at the Carmel Stanley School of Music."

Carmel believes the music scene in Gladstone is more vibrant than ever, with students now realising the opportunities that a solid background in the performing arts can bring. "Keyboard skills are always in demand industry-wide," she said. "And singing can take you from a cruise ship to centre stage to cutting your own record or just leading the chorus of Happy Birthday among friends. All it takes is talent, belief, and yes, a little time for practice."

Carmel works alongside her associate teacher, daughter Dianne who returned to Gladstone last year. "Many people will remember Dianne from her early involvement with music in the town, and she has been embraced as part of the future of the Carmel Stanley School of Music," she said. "I know she looks forward to meeting new faces and starting students on their wonderful musical journey."

2020 Back to School **SUPPLY DRIVE**

COMMUNITY BASED ORGANISATION ROSEBERRY AND LOCAL REAL ESTATE AGENCY, RE/MAX GOLD GLADSTONE HAVE TEAMED UP AGAIN THIS YEAR TO HELP LOCAL FAMILIES WHO ARE STRUGGLING WITH THE FINANCIAL COST OF GETTING THEIR CHILDREN READY TO RETURN TO SCHOOL.

The Back to School Supply Drive has been going for four years now and has grown to help assist hundreds of local kids with their school supplies. RE/MAX Gold manager, Shane Mcleod who helped initiate the drive had noticed many people expressing difficulty when it came to back to school costs.

"We saw an opportunity to try and help out, so we put the call out and it's just grown from there," he said.

Donations are always welcome with drop off points at Roseberry Qld, 21 Dawson Highway and RE/Max Gold, 2 Mellefont Street. While new items are preferred, school supplies that are in good condition or unused from the previous year are welcome to be donated.

"Even if you just pick up one or two things when you're buying your own kids' gear, no contribution is too small. Whether it's a sharpener or a packet of pencils – everything gets used," Shane said.

For more information on the Back to School Supply Drive check out the Roseberry Qld Facebook page or contact them on (07) 4972 0047.

Carmel Stanley
MEMBER MUSIC TEACHERS ASSOCIATION
ASSOCIATE TEACHER *Di Stanley*

SCHOOL OF MUSIC

LESSONS FOR CHILDREN & ADULTS OF ALL AGES

**PIANO KEYBOARD
SINGING THEORY OF MUSIC**

Enrolments Now Open!
COME JOIN US IN 2020

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LUNCHBOX BANANA BREAD

**GET SET FOR SCHOOL
WITH THIS DELICIOUS
LUNCHBOX RECIPE!**

You'll need:

- 2 cups self-raising flour
- 1 teaspoon ground cinnamon
- 1/2 cup brown sugar
- 4 ripe bananas, well mashed
- 125g butter, melted, cooled
- 2 eggs, lightly beaten
- 1/4 cup milk
- 1 teaspoon vanilla extract

Method:

1. Preheat oven to moderate, 180C. Lightly oil and line a 10 x 20cm loaf pan. Sift flour and cinnamon together into a large mixing bowl. Stir in sugar.
2. In a large jug, combine banana, butter, eggs, milk and vanilla. Using a wooden spoon, lightly mix banana mixture into flour mixture until just combined.
3. Pour into pan, smoothing the top. Bake for 40-45 minutes, until cooked when tested with a skewer. Cool in pan for 5 minutes before turning onto a wire rack to cool completely.

Recipe from Taste



Dog wash raises funds for wildlife injured in the bushfires

LOCAL SIX-YEAR-OLD GIRL PAIGE BRIERLEY CAME UP WITH A PLAN TO WASH DOGS TO HELP RAISE MONEY FOR ALL THE WILDLIFE THAT HAVE BEEN INJURED IN THE BUSHFIRES!

Paige's mother Sally, told Gladstone News, "Basically, we had been watching the news with all the bushfires and Paige, who absolutely loves animals, saw it and was crying and wanted to do something about it."

When Sally asked her daughter what she wanted to do, Paige suggested washing dogs and donating the money towards the injured wildlife. Paige made a poster which Sally posted on her Facebook page and the community responded incredibly well with \$300 being raised in the first 24 hours!

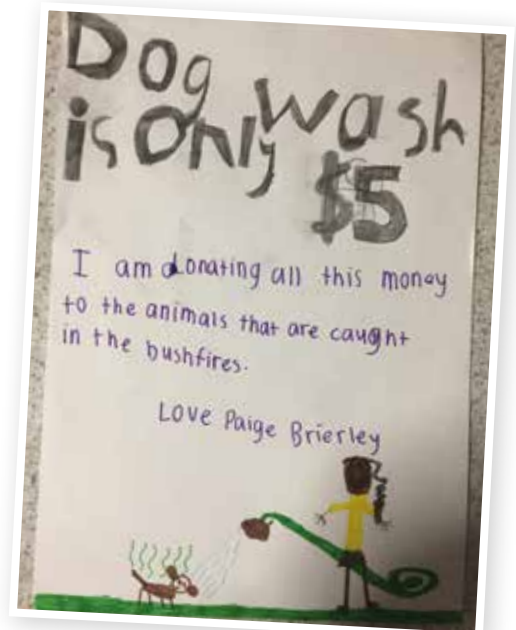
"It's mainly been donations; people were just putting money into her bank account so that she could either buy stuff or just send it down as cash."

Sally said they'll continue washing dogs for the next week.

"She's a good kid, she's only six. I don't think I was thinking of these things at that age," Sally said,

"Thank you so much to everyone who has arranged for Paige to wash their dog, donated or transferred money and offered words of support. She and I are beyond grateful."

Well done Paige, you're an inspiration to us all!



LOCAL BUSINESS PROFILE

3 Style Clothing: Audra Cunningham

What is your business?

3 Style Clothing - A retail Women's Clothing Store.

How long have you been in business for?

3 Style Clothing has been in business for 14 years, Justin and I have currently owned the business for 4 years.

What products and or services does your business supply?

Our products will supply you with the

"Research the business you are wanting to launch so it is unique to Gladstone and has something special to offer."

latest trends in dresses, tops, jeans, tees, jumpsuits, shorts, shoes, clutches, accessories. We will supply you friendly and helpful service. We love to see our customers walk out with a smile.

What is the best thing about being in business in the Gladstone Region?

The best thing would be that we have amazing customer support.

What would you say to someone considering launching their own business?

I would research the business you are wanting to launch so it is unique to Gladstone and has something special to offer.

What is the highlight of your time as a business owner?

The highlight for me would be meeting so many lovely customers that have become lifelong friends.

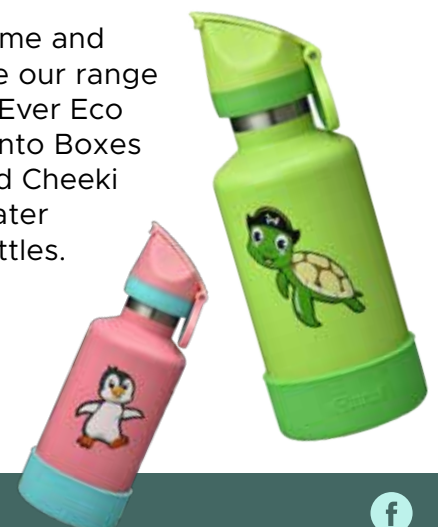


BACK TO SCHOOL READY

with The Health Nut

Looking for lunchboxes and waterbottles that will last the school year?

Come and see our range of Ever Eco Bento Boxes and Cheeki Water bottles.





BOYNETANNUM MEN'S SHED

receives a helping hand from QAL

QAL LENT A HELPING HAND TO THE BOYNE TANNUM MEN'S SHED ON THE 30TH OF DECEMBER 2019, BY DONATING 10 DESKTOP COMPUTERS TO THE ORGANISATION.

The computers will assist with activities such as CAD drawings for projects and gaming, providing the men with great educational opportunities.

Maintaining an active body and mind, getting involved in the community, being productive, feeling good about yourself and connecting with friends are just

some of the most important attributes of the Boyne Tannum Men's Shed. The shed prides itself when it comes to supporting the mental and physical health of men.

These principles are also shared with QAL, where team work and community support make up their core values. Aiding non-for-profit groups like the Boyne Tannum Men's Shed allows QAL to show their gratitude to initiatives that encourage men to form connections and take part in meaningful work.

QAL and the Boyne Tannum Men's Shed continue to work hard to provide local men a safe, friendly and healing environment.



COMMUNITY Investment Program



Applications are now open for Round 2 of Council's Community Investment Program. Community groups and individuals are encouraged to apply for funding to support their environmental, arts and cultural, events and sporting initiatives.

Round 2 applications close Saturday 29 February

For more information and to apply visit
www.gladstone.qld.gov.au/community-investment

Connecting Council and Community

GLADSTONE'S SHOP TO WIN WRAPS UP FOR 2019 *with an excited new winner!*



THE GLADSTONE SHOP TO WIN COMPETITION WAS A HUGE SUCCESS WITH OVER 25,000 ENTRIES FROM 29 LOCAL BUSINESSES!

The 2019 winner was Pauline Dallon-Dodds with the winning entry drawn from Encore Restaurant at Yaralla.

Pauline was visiting her family in Gladstone when she entered the draw after having a family dinner out at the restaurant. She was extremely excited to

have won \$10k just before Christmas and mentioned it was the first time she had won a major prize!

"I was pretty shocked - I've never won anything, and it came at a really good time! My computer had crashed and everything was on the blink, so I was working out a budget for replacing lots of things after Christmas and I couldn't believe it," Pauline said.

"It was so lovely to have won it and thank you to everybody who put it together."

Thank you to these local businesses for participating:

Sassi Furniture & Beds 'R' Us
Kin Kora Meats
Elevate Media
Harbour City Tiles & Carpets
Joe Oram & Associates
Powerhouse Fitness Centre
Patrick's Jewellers
Mantis
Flooring Xtra
Mystique Jewellers
The Beerless Bar
Yaralla
Mass Nutrition
Gladstone Cinema
Alicia Lowther
Port City Meats
Strong Images & Coffee Window
Donut King
Laser Clinic
Mister Minit
Emale & 3Style
GECC
Gladstone Garden & Landscaping Supplies
Betta Electrical
Sunvalley Dental



WEBSITES WITH BRAINS AND BEAUTY

Elevate are proud to have designed over 100 websites for local business and can help you on the road to digital domination.

ELEVATE
MEDIA

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local history



THE COMMONWEALTH BANK

by Betty Laver

DURING 1929, THE COMMONWEALTH BANK BUILT A TWO-STOREY BRICK BUILDING ON THE EASTERN SIDE OF GOONDOON STREET BETWEEN WILLIAM AND ROSEBERRY STREETS.

It was erected by local contractor FF Hill and operations of the Commonwealth Bank were transferred there. In 1959 legislation was enacted, resulting in a bank with three members, The Commonwealth Trading Bank, The Commonwealth Savings Bank and The Commonwealth Development Bank, which collectively became known as The Commonwealth Bank Corporation.

As a result of the prominent mining and industrial activity, also the construction of new port facilities in the Gladstone area during the 1960's, the business of the Commonwealth Bank increased to such an extent that it was necessary to extend the premises in 1966. As the town continued to develop it was essential that the bank build new premises and a site, directly opposite, on the western side of Goondoon Street was selected and the new bank was built in 1971.

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Book Review

STAR WARS: WOMEN OF THE GALAXY BY AMY RATCLIFFE



I RECENTLY READ 'STAR WARS: WOMEN OF THE GALAXY' AND AS A STAR WARS FAN IT WAS AN INFORMATIVE BOOK AND I WOULD RECOMMEND IT TO ANYONE WANTING TO LEARN MORE ABOUT THE CHARACTERS AND PLACES.

Something I really enjoyed about the book was that it didn't just include characters from the original trilogy or the prequel trilogy, it successfully integrated all the currently known female characters from the movies, tv series, and graphic novels.

Overall this is a book that is informative, well written, and has a good balance of characters who are considered both canon and non-canon from the multiple media formats. Star Wars is now released in.



This book can be borrowed from Gladstone Regional Libraries.

By Kiara Featherstone



Summer School Holidays

FREE Workshops at the Gallery & Museum



Jan Ross-Manley, showcasing one of her recent fabric collages. Photographer: M. Richards.

Gladstone Regional Art Gallery & Museum is hosting FREE workshops next week, with local artists Anne Huth and Jan Ross-Manley, in conjunction with current exhibitions.

Anne will present a watercolour workshop for young artists aged 5 to 11 years, 10.30am to 12.30pm, Tuesday, 21 January 2020.

COLOUR II Merv Moriarty: In the Field is a touring exhibition of recent works by artist, art educator and founder of *Flying Arts Alliance*, Mervyn Moriarty. Marking the extraordinary impact that Mervyn Moriarty and *The Flying Arts School* had in the Gladstone Region during the late 1970s and 1980s, the touring project is complemented by *Flying Arts and the Gladstone Region*, a locally curated showcase of works from private and public collections that demonstrate the impact of Moriarty's legacy. *Flying Arts Alliance* is supported by the Queensland Government through Arts Queensland.

Anne Huth is one of the artists featured in the *Flying Arts and the Gladstone Region*. Working in acrylic, watercolour and sketching, Anne participated in workshops with Merv Moriarty in the days gone by and shared her recollections of the time, for a series of artist interviews, currently showing at the Gallery & Museum.

Jan will present a fabric collage workshop for young artists aged 12 to 17 years, 10.30am to 2pm, Thursday, 23 January 2020.

Jan Ross-Manley is the artist and curator behind the *Reef on Our Mind: The Great Barrier Reef in the Australian Psyche* exhibition. The show is the result of Jan's three-year investigation into how the Reef has come to hold such a dear place in the hearts and minds of Australians. Telling the story through art, objects and memorabilia, the exhibition shows how the colourful Wonder of the World has become a national treasure imprinted onto the very core of Aussie DNA.

Reef on Our Mind: The Great Barrier Reef in the Australian Psyche is supported by the Gladstone Regional Council Regional Arts Development Fund (RADF) and made possible by the Australian Government's Regional Arts Fund, provided through Regional Arts Australia, administered in Queensland by *Flying Arts Alliance*. RADF is a partnership between the Queensland Government and Gladstone Regional Council to support local arts and culture in regional Queensland.

Places are limited and bookings are essential. Contact the Gallery & Museum to book now!



cnr Goondoon & Bramston Sts, Gladstone
4976 6766 | gragm@gladstone.qld.gov.au | gragm.qld.gov.au

A community cultural initiative of the Gladstone Regional Council

MEET A LOCAL Volunteer



Name Tin Shelton

Where do you volunteer? I volunteer at Welcoming Intercultural Neighbours Inc. (WIN)

When did you start volunteering there? I have been volunteering at WIN since October 2019, it is not very long but I've had so many great experiences.

What do you do there? When I arrived in Gladstone, I looked for an organisation that could help me settle into my new life. WIN was the first one I found. My first contact with the organisation was when I attended the Language Café, one of the many great programs at WIN. It's held at Gladstone Library every second Tuesday of the month. I easily connected with a bunch of lovely people that treated me like family. Another reason why I love to volunteer is because I can help other people.

Why do you volunteer? There are so many great things about becoming a volunteer at WIN. My favourite reason for being a volunteer at WIN is meeting lovely people with similar interests and perspectives regarding contributing and giving back to the community in a very positive way.

What would you say to encourage others to volunteer? I would encourage people to volunteer at WIN by telling them all the positives and benefits you can gain as an individual or as a group or family. I would say that the organisation has so much to give when it comes to helping people with information and guidance in many aspects of life. Volunteering also opens you to opportunities, like training, gaining knowledge, experience and connecting to other networks that are very useful to be able to get a job. One of the main things I would say is, WIN is an enjoyable organisation that gives all the positivity towards your life goals.

Please find more about our organization on:
win-australia.org.au



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[D2]Recommended driveaway price (RDP) shown is applicable for Private customers, Bronze, and Silver Fleet customers, and primary producers, only at participating dealers. Offer available on new January 2019 to November 2019 built models purchased between 01/12/2019 and 31/01/2020 unless extended. RDP includes 12 months registration, 12 months compulsory third party insurance (CTP), a maximum dealer delivery charge, stamp duty and metallic/premium paint. Toyota reserves the right to amend the offer and terms at any stage. [D6]Recommended driveaway price (RDP) shown is applicable for Private customers, Bronze, and Silver Fleet customers, and primary producers, only at participating dealers. Offer available on new May 2019 to December 2019 built models purchased between 01/12/2019 and 31/12/2019 unless extended. RDP includes 12 months registration, 12 months compulsory third party insurance (CTP), a maximum dealer delivery charge and stamp duty. Metallic/Premium paint at additional cost. Toyota reserves the right to amend the offer and terms at any stage. [D]Recommended driveaway price (RDP) shown is applicable for Private customers, Bronze, and Silver Fleet customers, and primary producers, only at participating dealers. Offer available on new January 2019 to December 2019 built models purchased between 01/12/2019 and 31/01/2020 unless extended. RDP includes 12 months registration, 12 months compulsory third party insurance (CTP), a maximum dealer delivery charge and stamp duty. Metallic/Premium paint at additional cost. Toyota reserves the right to amend the offer and terms at any stage. [F1]4.9% comparison rate available to approved applicants of Toyota Finance to finance all new & demo Corolla Hatch models (build dates from May 2018 – December 2019). Finance offer available for Private, Bronze & Silver Fleet customers only. Offer ends 29/02/2020. Maximum finance term of 48 months applies. Terms, conditions, fees and charges apply. Toyota Finance reserves the right to change, extend or withdraw an offer at any time. Ask your Dealer for more information. Comparison rate is based on a 5 year secured consumer fixed rate loan of \$30,000. WARNING: This comparison rate is true only for the examples given and may not include all fees and charges. Different terms, fees or other loan amounts might result in a different comparison rate. Toyota Finance, a division of Toyota Finance Australia Limited ABN 48 002 435 181, AFSL and Australian Credit Licence 392536.