

# gn

GLADSTONE NEWS

ISSUE 199

February 25, 2021

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**90<sup>th</sup>**  
*Birthday*



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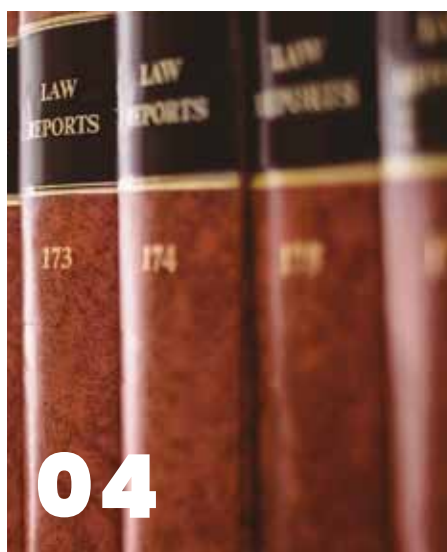


## HAVE A FEEL-GOOD STORY TO TELL?

Contact Luke  
news@gladstonenews.com.au

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★ **GOOD MORNING VIETNAM** ★

**MUSIC FROM THE VIETNAM WAR ERA**

**LIVE IN CONCERT!**  
**GLADSTONE ENTERTAINMENT CENTRE**  
**2:00PM SUNDAY MARCH 21ST**

**TICKETS: 07 4972 2822**  
**MELLYMELODY.COM.AU**

# what's on

FROM 25TH FEBRUARY 2021

## 25 FEBRUARY

### Rotaract's February Formal Dinner

When: Thursday, February 25 at 6 PM

Where: The Club Hotel Gladstone

Cost: FREE (registration required)

Join us for dinner to network with other young professionals, Rotarians, and our guests. Be educated by qualified speakers. And, simply have a great night!

## 28 FEBRUARY

### Kombucha and Beeswax Wraps Workshop

When: Sunday, February 28 at 2 PM

Where: The Workshop Bar

Cost: \$60

A wonderful afternoon with Laura Jane at The Workshop Bar. This afternoon is a fun fermenting class you'll learn all about kombucha and Beeswax Wraps and how you can make your own at home.

## 7 MARCH

### Clean up Australia Day - Lions Park/Police Creek

When: Sunday, March 7 at 8:00 AM

Where: Lions Park

Cost: FREE

Join us for another year cleaning up our waterways at Lions Park/Police Creek. Children are welcome if accompanied by an adult. Dress Ensure you are wearing covered shoes, bring a hat and some water.

## 8 MARCH

### International Women's Day

## 25 MARCH

### Gladstone Hospital Auxiliary Annual Easter Fashion Parade & Mini Cent Sale

When: Wednesday, March 31 at 8:30 AM

Where: Gladstone Port Social Club

Cost: \$12

Come and enjoy a fashion parade by NONI-B and Entertainment by Clyde. Tickets are available at Noni B and Gladstone Optical (Valley Shopping Centre).

## 7 MARCH

### International Women's Day Breakfast 2021, Zonta Gladstone

When: Sunday, March 7 at 8:30 AM

Where: Gladstone Events Centre

Cost: \$45

International Women's Day Breakfast, hosted by Zonta Club of Gladstone. Women in Leadership: Choose to Challenge Tables will be arranged in groups of 10, but tickets need to be purchased separately. Raffle tickets will be sold on the day for our exciting multi-draw raffle.

# INTERNATIONAL WOMEN'S DAY

## EMPOWERING WOMEN #Dare to Interrupt

8 March 2021

11.00am - 2.30pm

Gladstone Entertainment & Convention Centre (GECC)

visit [gea.asn.au](http://gea.asn.au) to book your tickets

# GEA

GLADSTONE ENGINEERING ALLIANCE



THE GEA International Women's Day event, Empowering Women, celebrates the great efforts made by women in fighting gender stereotyping and promoting women in leadership and non-traditional roles. The event stresses the importance of women assuming leadership and non-traditional roles, not only because of their points of view, talents and skills, but also as a matter of gender equality. The Empowering Women – an International Women's Day event is an opportunity for

women and men to come together and celebrate the amazing women we have in our region. The International Women's Day event is a two-course sit down luncheon held at the GECC, attracting approximately 250 to 300 attendees. The event includes two keynote speakers and a panel discussion of invited attendees to discuss their real-life experiences as women in leadership and non-traditional roles in industry and how they have overcome challenges throughout their career.

### Keynote speakers

>>> **Julie McKay**  
Former Executive Director of UN Women Australia. She has previously served as the Gender Advisor to the Chief of the Australian Defence Force, where she supported the cultural change program.



>>> **Lorraine Hatton, OAM**  
Lorraine was awarded the Order of Australia Medal (OAM), for service to the Indigenous Community in January 2019. Lorraine was appointed as the Indigenous Elder of the Australian Army in May 2020.



# New horizon for city's oldest law firm



The iconic name in Gladstone region law firms is **VAJ Byrne & Co Lawyers**. When a business has represented generations of Central Queensland families and businesses since 1931, it's testimony to the wisdom and breadth of experience in all areas of practice.

Vince Byrne set up the bustling firm in the years prior to World War II and went from strength to strength as it took on new partners Roe O'Neill, Keith Bates and Barry Ross.

To celebrate 90 years as Gladstone's leading law firm, the team has successfully opened a second office in Bundaberg. Industry is thriving, business is upbeat and VAJ Byrne & Co Lawyer's far-reaching reputation for excellence will appeal to clients across a wide range of practice areas.

The Bundaberg office law professionals will work closely with the Gladstone office to offer services in Family Law, Personal Injury Law and Commercial Law. Additionally, the Bundaberg office, will be able assist with wills and estates, conveyancing, criminal and traffic matters, property law, litigation and court appearances as well as general law.

***VAJ Byrne & Co Lawyers' Legal Practitioner Director Kylie Devney, said founding the Bundaberg bureau is an exciting prospect.***

"What better way to pay homage to the collective wisdom of 90 years of know-how and proficiency than to share it with new clients in new locations.

"We have the latest technology in place now which is combined with multiple methods of communication and precedent research facilities. Gladstone will serve as the central hub of the firm and from there we have set up methods for Bundaberg to be able to deliver the same exemplary law practice in the Wide Bay area, in addition to this we are now servicing Agnes Waters on an appointment basis" said Ms Devney.

One could reasonably surmise that a 90-year-old firm might be stuck in its ways but the only thing still the same at VAJ Byrne & Co Lawyers is the old-fashioned service and personal attention to every detail.

In fact, far from being antiquated, VAJ Byrne & Co Lawyers has adopted leading edge expertise to ensure they stay up to

date and ahead of other law firms. By doing so, they are more efficient, have improved networks with suppliers and have better administrative tools to clearly communicate with clients.

Having been with the firm for over 30 years, solicitor and consultant Barry Ross has seen VAJ Byrne & Co Lawyers evolve more than anyone and is enthusiastic about its future.

"I've been here through the booms and busts and have to say that there aren't too many organisations or individuals that we haven't represented in one way or another. The key to our success has been our willingness to adapt to change quickly and stay one step ahead of our client's expectations," said Mr Ross

Ms Devney who was born and raised in Gladstone attended the University of Queensland and started with VAJ Byrne in 2009. Working primarily in Family Law and Domestic Violence Law, she also drives the structures and systems.

***'We are fully electronic in our files which is a big leap of faith.'***





We have online appointment booking software so clients can book appointments at any time and we now use the online conveyancing (PEXA) system that streamlines transactions. Clients can use DocuSign and online Verification of Identity processes which saves unnecessary appointments. Video conferencing helps our clients travel less and we can be better prepared using online systems which give basic information and gather material from the clients in advance of their appointments. This way, clients can make the most of asking questions and getting advice in their first appointments”, said Ms Devney.

“We have been striving to embrace technology and find efficiencies for our clients and luckily when the challenge of the pandemic arrived, we were well placed to adapt as we were already working electronically. I am proud of

our team and the way they took on the challenge to adapt and still managed to meet and exceed our client’s needs,” said Ms Devney.

***VAJ Byrne & Co Lawyers has six practising lawyers, all of whom are solicitors of the Supreme Court of Queensland and hold a practising certificate issued by the Queensland Law Society.***

We encourage clients to go to our website [www.byrnelawyers.com.au](http://www.byrnelawyers.com.au) to find out more about the great team who make up the 90-year-old legacy.

Kylie Devney  
*Legal Practitioner Director*

**V.A.J. Byrne & Co.  
Lawyers Pty Ltd**

148 Auckland Street (PO Box 273)  
Gladstone, Qld, 4680  
Telephone: (07) 4972 1144

[byrnelawyers.com.au](http://byrnelawyers.com.au)





## QGC'S GRANTS WRITER SERVICE LAUNCHES!

### **SHELL QGC IS PROUD TO ANNOUNCE ITS NEW GRANTS WRITER SERVICE IN GLADSTONE.**

The Grant's Writer Service will help local businesses and community groups identify and apply for funding grants and administer grants funds. Grants funding not only benefits the recipient organisation but the broader community by bringing community projects to life utilising local suppliers where possible.

The service is funded by Shell's QGC Business and Gladstone Regional Council to a total of \$50,000 and will be delivered by NFP House.

Shell's QGC business Acting LNG plant manager, Carolyn Au, said it was exciting to see the Grants Writer initiative, a concept which Shell's QGC business has developed and funded in the Western Downs, being brought to Gladstone.

"The feedback from our communities beyond Gladstone, who utilise a similar service, is they have been able to upskill and more successfully access grants funds. In turn, they have seen the social benefits associated with local community projects coming to life, and the economic benefits of additional local spend opportunities," Carolyn said.

"We're excited to see how this new opportunity for Gladstone, being delivered by NFP House, benefits our region."

The concept was raised during discussions regarding opportunities to support both local businesses and community groups impacted by the COVID-19 pandemic. Gladstone Region Councillor Chris Cameron said grants writer support has emerged as an increasingly important service, as the COVID-19 pandemic has significantly impacted the profitability of

local businesses and both the fundraising and volunteering capacity of community groups.

"COVID-19 has had a significant impact on the fundraising and volunteering capacity of community groups, not only in our region but across the state and country," Councillor Cameron said.

"The grant writing program is designed to assist both not-for-profit organisations and small to medium businesses in the Gladstone Region to successfully apply for funding grants, including government and private sector offerings.

Co-CEO Lyndal Hansen said, "This collaborative support will meet a need that we consistently hear from businesses and community groups who often miss out on funding opportunities due to limited in-house experience in grant writing.

"As a local not-for-profit business ourselves, we are thrilled that this collaborative initiative of GRC and Shell's QGC business will enable us to meet our NFP House goals, to support capacity building in our community to achieve great things for the Gladstone Region."

NFP House will be offering both one-to-one support and group workshop opportunities to assist businesses and community groups build their grant writing capacity and improve their chances of success when applying for funding.



**Santos**  
GLNG

# MAYOR'S CHARITY *Ball*



SATURDAY 29 MAY - 6PM TILL LATE  
GLADSTONE ENTERTAINMENT CONVENTION CENTRE

**Tickets on sale 9am, 1 March 2021**

**Early Bird \$160 (1-31 March)**

**Regular \$170 (tickets off sale 15 May due to catering reasons)**

**Ticket inclusions:** Three course deluxe meal – canapés, alternate drop main and dessert, beer/wine/cider, live music, live auctions, silent auctions and more!

**WWW.GLADSTONEENTERTAINMENT.COM**



## **GECC** **CONNECT** **CREATE CELEBRATE** **WHAT'S ON**

**Bluey's Big Play**

**10-11 April**

**Morning Melodies**

**Gene & Judy**

**11am Tuesday 20 April**

**Melbourne International  
Comedy Festival Roadshow**

**7.30pm Thursday 29 April**

**The Midnight Gang**

**6pm Friday 28 May**

**Santos GLNG**

**Mayor's Charity Ball**

**6pm Saturday 29 May**

**A Taste of Ireland**

**7.30pm Sunday 30 May**

**World of Musicals**

**7.30pm Wednesday 2 June**

**Morning Melodies**

**The Best of Bublé Tribute  
Experience**

**11am Tuesday 15 June**

**The Appleton Ladies'  
Potato Race**

**7.30pm Tuesday 15 June**

**The Tap Pack**

**7.30pm Friday 18 June**

**Margaret Fulton The Musical**

**7.30pm Thursday 24 June**

**Jimeoin**

**8pm Saturday 26 June**



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## FARNSWORTH LEGAL

celebrating the achievements of women

**ROSEMARY FARNSWORTH OPENED THE FARNSWORTH LEGAL OFFICE IN CALLIOPE IN AUGUST 2020, JOINED BY SANDRA RABNOTT, AN EXPERIENCED PARALEGAL.**

They are really enjoying being part of the Calliope community and providing services for clients from all over the Gladstone region.

Farnsworth Legal can assist with legal matters including Family Law, Residential and Commercial Conveyancing, Wills and Estates.

Farnsworth Legal is pleased to be part of International Women's Day to celebrate the achievements of women, both internationally and locally. It also reminds us to promote equality and inclusivity worldwide.



## ZONTA CLUB OF GLADSTONE

*International Women's Day breakfast*

**THE ZONTA CLUB OF GLADSTONE ARE PART OF ZONTA INTERNATIONAL, A LEADING GLOBAL ORGANISATION EMPOWERING WOMEN WORLDWIDE THROUGH SERVICE AND ADVOCACY.**

International Women's Day is an important event, not only for us as a club locally but internationally with Zonta International acknowledging the day as Rose Day, a time to reflect and give tribute to the women who have empowered each and every one of us.

The Zonta Club of Gladstone have reflected on the International Women's Day theme of Choose to Challenge and have bought together an inspiring group of four local women as part of our International Women's Day celebrations. Join us Sunday the 7th March for our breakfast as we hear how these women Choose to Challenge. It is sure to be an enjoyable morning.

We would also like to take this time to thank the community for their support including businesses, individuals and the many past and present women who have been members of our club.



## Farnsworth Legal



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## INTERNATIONAL WOMEN'S DAY BREAKFAST

**Women in Leadership: Choose to Challenge**

**SUNDAY 7 MARCH 2021**  
Doors open 8am

### MEET THE SPEAKERS

- |                        |                                   |  |
|------------------------|-----------------------------------|--|
| <b>Keynote speaker</b> | <b>Professor Kerry Reid-Searl</b> | Professor of Nursing, Deputy Dean of Simulation CQ Uni, Innovator and Inventor |
| <b>Special guests</b>  | <b>Leisa Dowling</b>              | ~ CEO, Gladstone Regional Council  |
|                        | <b>Chelsea Baker</b>              | ~ Fullback, Rugby League Jillaroos   |
|                        | <b>Jenny Harris</b>               | ~ Social Worker & Creator of Relationship Bootcamp                             |



**Gladstone Events Centre (Yaralla)**

TICKETS \$45pp at  
stickytickets.com.au/Q1EIH

Contact: Natalie Petersen 0447 453 211

# INTERNATIONAL WOMEN'S DAY

## *Leading the way for health*



On International Women's Day, we celebrate all women who are making a positive contribution to health care in the Gladstone region.

Gladstone Hospital, which is part of the Central Queensland Hospital and Health Service, is proud of our huge team of inspiring women working hard to achieve better health outcomes for the community.

We commend our health heroes across every career stream - medical, nursing and midwifery, allied and mental health, indigenous health, oral health, professional, operational, administration, education and training.

We would also like to introduce some of our newest team members and thank them for bringing their passion and experience to Gladstone.

### **Dr Anja Szabo**

Dr Anja Szabo is already well known to the Gladstone community, having worked out of the former Mater Hospital as a private Obstetrician and Gynaecologist for more than 10 years.

She is now bringing her skills and experience to Gladstone Hospital as a Senior Consultant Obstetrician and Gynaecologist.

Dr Szabo is excited to continue to provide compassionate care to the women of our community.

*"Gladstone women deserve excellent care for body and soul: high quality, warm and up-to-date. I am proud to be part of that and this community."*



*"Gladstone's Emergency Department is beautifully brand new and the fact there is room for future growth shows a level of forward planning that should be applauded."*

*"I am looking forward to working in a really good team atmosphere and providing Gladstone patients with first-class care."*



### **Dr Victoria Coles**

Gladstone Hospital's Emergency Department was last week delighted to welcome Dr Victoria Coles, a Consultant in Emergency Medicine, to the team.

Dr Coles trained in Brisbane and has worked in the Royal Brisbane and Women's Hospital, paediatric emergency department at The Prince

Charles Hospital, Queensland Children's Hospital and Redcliffe Hospital, as well as LifeFlight.

Dr Coles' appointment is her first role as Consultant since becoming a Fellow of the Australasian College for Emergency Medicine, and her first time working in regional Queensland.

### **Lisa Smith-Burgess**

Nurse Practitioner Lisa Smith-Burgess has moved from the UK to join Gladstone Hospital's Emergency Department.

A Nurse Practitioner works at the highest level of clinical practice available to a registered nurse and

is able to assess, diagnose and treat patients with a huge variety of acute or chronic health conditions.

Lisa joins long-standing Nurse Practitioner Hayley Bower, which will enable a seven day a week Nurse Practitioner service in Gladstone's ED.

*"I have worked as a vascular nurse specialist, spent 15 years in intensive care in Australia and the UK and have spent the past six years in the Emergency Department."*

*"I'm very excited to now be working in a regional hospital and the new opportunities that will bring."*



# Elevate Media and Gladstone News

## WHAT INTERNATIONAL WOMEN'S DAY MEANS TO US



**ASHLEIGH KVITKO**  
CEO of Gladstone News & Elevate Media

For me, this International Women's Day brings light to the challenges we face as women and takes a stance on inequality whether it be gender, race, religion, or workplace inequality. I take the time to appreciate the inspiring women around me and reflect on positive steps I can take to help forge a gender-equal world.

In 2021 I #choosetochallenge myself to build an inclusive workplace so women thrive.

*'A strong woman looks a challenge dead in the eye and gives it a wink'*

**JANE KATSANEVAS**  
Sales Executive

International Women's day sure is a day that should be celebrated!

"Every single women has done something inspiring for someone else, women are all role models in there own way. It doesn't matter if their at home with their kids or running for president".

This years theme is #choosetochallenge so I'm going to set you a mission- to forge inclusive work cultures where women's careers thrive and achievements are celebrated. What you bring to your workplace makes all the difference so make it a enclusive environment for everyone. Kindness is free, sprinkle that stuff everywhere! ✨

**JACLYN KEMP**  
Graphic Designer

International Women's Day is a time to reflect on how women before me have fought hard to ensure our right to vote and work, and to start to close the gender gaps in our community.

This year I #choosetochallenge myself to raise my two boys to contribute to a fairer and more equal world.



**LEEANNE KATSANEVAS**  
Marketing Coordinator

International Women's Day is such a fantastic opportunity to celebrate and cheer on other women - I wouldn't be the resilient, ambitious, creative and positive woman I am today without all of the wonderful women around me!

In the same light, I hope to always inspire and empower my daughter and her generation of wonderful young women, which is why I will always 'Choose To Challenge'.

"While the Challenges are great, so are the opportunities"

**LISA WARMAN**  
Graphic Designer

I love that there is a day to celebrate women and their achievements. We think... so much! I'd say we generally think too much, but I'd rather that, than not enough. If we didn't think so much, the world wouldn't have things such as Wi-Fi, Solar heating, Chocolate chip cookies or Leak proof nappies... all invented by women! We put so much thought into how things should be done, the effect of our actions, other people.



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& Advertising



Google Ads



Email  
Marketing



Content  
Creation



# 7 Ways to Overcome Challenges

by Rachel Hardy

**MARKED ANNUALLY ON MARCH 8TH, INTERNATIONAL WOMEN'S DAY (IWD) IS A GLOBAL DAY CELEBRATING THE SOCIAL, ECONOMIC, CULTURAL AND POLITICAL ACHIEVEMENTS OF WOMEN.**

The campaign theme for IWD 2021 is 'Choose To Challenge'. From challenge comes change so I wanted to outline 7 ways women can overcome challenges in life.

## Ask for help

There's no need to feel ashamed for asking for help. Whether you choose to rely on a loved one, a stranger, a mentor, or a friend, there are people who want to help you succeed.

## Make a plan

Look at the patterns in your life and see what challenges you've struggled with. Assess the optimal outcomes and make a plan for how you can achieve them.

## Accept support

You have to be open and willing to accept support. People who come to your aid truly do care about you. Be open to receiving help when you need it.

## Help others

If you've been through a situation or have advice for someone you know who is going through a tough time, be sure to help out!

## Positive mindset

What you think becomes your reality. Train your mind to think positively. This will take both time and practise but you will learn to stop negative thoughts in their tracks.



## Don't give up

When a challenge arises don't give up! Persistence is a huge key to overcome challenges. Power through challenges by asking for support, feeling your feelings, and making a plan to work through it.

## Work smart, not hard

To work smarter rather than harder, start by working backwards. Outline and define your goal. Then, plan the process for how to get there. Perform research to see how others who have come before you have done it.

Gladstone Ports Corporation - supporting and empowering women to seek out and celebrate their achievements!

#ChooseToChallenge #iwd2021



# GLADSTONE AREA PROMOTION AND DEVELOPMENT LTD inspiring women in the tourism industry

**GLADSTONE AREA PROMOTION AND DEVELOPMENT LIMITED (GAPDL) ARE FORTUNATE TO HAVE MANY STRONG, RESILIENT, INSPIRING WOMEN PLAYING INTEGRAL ROLES IN PROMOTING THE GLADSTONE REGION INCLUDING BOARD, STAFF, VOLUNTEERS AND AMBASSADORS AS WELL AS THE MANY WONDERFUL FEMALE GAPDL MEMBERS.**



One of these inspiring women is Nicola Scurr who is pivotal within both the organisation itself and the community at large.

## **What is your role in the tourism industry?**

My role in the tourism industry is the Tourism Manager for GAPDL focusing on elevating tourism in the Gladstone Region by increasing visitation and length of stay. I work on developing marketing campaigns and collateral to showcase our amazing region near and far, along with assisting to manage and maintain our stakeholder relationships. I also work very closely with the wider Southern Great Barrier Reef, our counterparts in Bundaberg and Capricorn Regions.

I was also acknowledged as a Young Tourism Leader at the end of last year. This is a Queensland Government program that showcases young leaders in the industry and our role is to promote the industry to local schools and universities, encouraging people to consider a career in tourism and how rewarding it can be.

**How do you feel women contribute to the tourism industry?** Women are pivotal in any industry and the tourism industry is no exception. I feel women contribute immensely to the tourism industry and it is so encouraging seeing so many females in management/leadership roles.

**Why do you feel women should be celebrated on International Women's Day?** I feel women should be celebrated every day! However, having a day dedicated to women is very special and I think it is important so people can recognise the amazing accomplishments and stop to appreciate all that women contribute.

**What woman/women have inspired you the most in life?** I really look up to my two older sisters, both are driven

and determined in their fields of work. They have always been my inspiration and support.

I really admire my eldest sister who works in agriculture, very much a male dominated industry. She has always backed herself and has achieved some remarkable results, never doubting herself and her worth in a room full of men!

**What is the best advice you've been given by another woman?** I was always fearful of sitting at a table with men in leadership positions, however what I was once told and have never forgotten was that I too have purpose and value to be at that same table. Despite my age and gender.

**Do you have a motto you live by that you could share with other women?**

I know it's not sticking with the 'Women' theme however growing up my Dad has always said "it is what it is" this is definitely something I come back and relate to on a weekly basis in both my work and personal life.



## **WIN FOR BUSINESS**

*Business Coaching, Tax & Accounting Services*

**EDUCATING & SUPPORTING WOMEN FOR THEIR BUSINESS COACHING, TAXATION & ACCOUNTING NEEDS.**

*#choosetochallenge*

**"Let's win for you and your business!"**

**KAREN WINDRESS  
OWNER**



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# styling with purpose

**"DEDICATED TO OUR MOST VULNERABLE WOMEN, WHO ARE ON A JOURNEY OF SELF-DISCOVERY, AND SELF LOVE." - CARLA JAYNE SMITH**

Carla has been styling with a purpose for over 30 years, building confidence in women. Our women come from all walks of life and from all types of situations such as drug and alcohol addiction,



prison, or probation, violent or destructive relationships, sexual abuse, and mental health issues. Often, they have been stripped of their confidence, self-worth, identity and feel that they are not deserving of anything good.

One woman told me that for many years she felt dirty, disgusting, and ashamed to even exist after what had happened to her. There are so many harrowing stories that are shared during our "real talk" part of the program, they can share whatever they wish, or not share at all.

The program is a creative and down-to-earth approach to healing women that are broken and trying to rebuild themselves and get back into the workforce, the program teaches valuable life skills, changing mindsets, and connecting for future opportunities. The

goal of course is to empower the women to hold their head high, walk tall and be proud of who they are.

Along with goal setting, creative visualization, we give tips on personal presentation and grooming, styling for job interviews and lifestyle. We also give tips on dressing to your body shape, what to look for when shopping and how to make the most of opportunity shopping when you are on a tight budget. We custom design the program for that organization and its client needs. The programs are normally 3-day workshops, however, we also do 1-day or 1-week workshops.

"This program has changed my life and my focus moving forward, it has given me back my confidence, I now know that I am worthy!" - Lisa



Financial Planning | Stockbroking | Personal Insurance

## Leading the way in financial planning for women

Morgans Gladstone is a proud supporter of International Women's Day. Every year we choose to celebrate women's achievements and encourage women to take control of their financial future.

Our experienced Financial Planner, Regina Taarnby, provides a holistic service helping her clients to nurture, grow and protect their wealth. She is passionate about helping build financial literacy, whilst celebrating and supporting the amazing women in our community.

Your financial future is our focus.



Get in touch today for an obligation-free discussion around how Regina can help you with your financial goals.

**Regina Taarnby - Financial Planner**

AR: 001234469 / AdvDip FP, FChFP



(07) 4972 8000



regina.taarnby@morgans.com.au



groups/MoneyTalkWithReg



morgans.com.au/gladstone

*Calling on Gladstone region schools to bee-come environmental champions*

## WITH WOOLWORTHS JUNIOR LANDCARE GRANTS

**PRIMARY SCHOOLS AND EARLY LEARNING CENTRES ACROSS GLADSTONE REGION CAN ALSO APPLY FOR A BEE BONUS, AS PART OF A \$1.5MILLION INVESTMENT BY WOOLWORTHS INTO THE PROGRAM.**

Up to a thousand Woolworths Junior Landcare Grants are being offered, for up to \$1,000 each.

Recipients in Gladstone region can use



the grant to grow a vegetable or bush tucker garden, composting, worm farm or other environmental projects in their schools and communities, helping to educate the younger generation about the importance of the environment.

Primary schools and early learning centres can also apply for a Bee Bonus, in addition to the \$1,000 grant. The Bee Bonus offers \$500 of extra funding to support the conservation of Australia's bee population.

An estimated 15.6 million hectares of native Australian forest was destroyed in the 2019-2020 bushfire crisis, resulting in a negative impact on the ability of honey bees to provide pollination services to Australian crops and horticulture.

With bees and pollination, a crucial part of the horticultural and agricultural industry in Australia, schools and early learning centres can use the Bee Bonus

in the development of native beehives, pollinator gardens or bee education programs. The contribution will help schools to do their part to support bees so they can continue their good work in the environment.

Woolworths Boyne Island, Gladstone Valley, Kinkora and Kirkwood Group Manager Julian Buckman said: "Our Woolworths Junior Landcare Grants Program is all about inspiring Aussie environmental champions in Gladstone region. The Bee Bonus puts the spotlight on the impact honey bees and native bees have on our ecosystem, creating awareness and encouraging positive action."

Applications for Woolworths' Junior Landcare Grants are open from 10 February. To find out more about the Woolworths Junior Landcare Grants Program and to apply, visit [landcareaustralia.org.au/woolworthsgrants](http://landcareaustralia.org.au/woolworthsgrants)

**#IWD2021**

# HERE'S TO THE WOMEN

*who keep our water flowing*

**Gladstone Area Water Board  
- delivering safe and reliable  
water services to our region.**





Michelle Coats General Manager of Roseberry QLD said,

"All local donations to Roseberry QLD will go towards supporting the programs we don't get funding for such as the Dignity Hub Gladstone. The Dignity Hub Gladstone works with people experiencing homelessness in the Gladstone Region and helps them by providing basic meals and other essential supplies."

Volunteer Jodi Jones from the Gladstone Wildlife Carers Association said,

"This donation will be a huge benefit to our organization. We have a lot of different ways we can spend money. We are currently caring for baby possums and they can cost upwards of a thousand dollars to hand raise per animal and we care for about 60-70 of them per year."

It is great to see large organizations collaborate and help support the local Gladstone community.

## TOYOTA & SUNCORP TEAM UP to donate to local Gladstone charities

**REPRESENTATIVES FROM SUNCORP INSURANCE AND BILL ROBERTSON TOYOTA PROUDLY PRESENTED A GENEROUS DONATION TO LOCAL NOT-FOR-PROFITS ROSEBERRY QLD AND GLADSTONE WILDLIFE CARERS ASSOCIATION.**

The donations were presented at a ceremony on Thursday, February 18 at Toyota's showroom and were made as part of a collaborative initiative between Suncorp Insurance and Bill Robertson Toyota.

For every customer who purchases a vehicle from Bill Robertson Toyota and chooses Suncorp Insurance as their CTP provider, Suncorp makes a donation

to a charity of their choice. Customers are able to choose between charities such as Roseberry QLD, Gladstone Wildlife Carers Association Inc. or The Leukaemia Foundation.



## WE CHOOSE TO CHALLENGE



Showing our support for equality in the workforce and celebrating women's achievements.

**Bill Robertson Toyota**

84 Hanson Road, Gladstone  
T: 07 4972 2766  
1008737 billrobertsontoyota.com.au

**OH WHAT A FEELING**



# OUR MISSION IS A STRONG, VIBRANT AND COMPASSIONATE COMMUNITY AND THIS STARTS WITH OUR PEOPLE.



Celebrating our wonderful staff and their commitment to our community.

## OUR SERVICES

**Youth & Family Service** Strengthening Relationships Building Pathways  
**Community Housing** Accommodating People  
**Roseberry House & Jack's House** Supporting Youth  
**headspace Gladstone & headspace Rockhampton** Supporting Minds  
**ParentsNext** Supporting parents

# GLADSTONE RENT PRICES INCREASE

**IF YOU TALK TO ANYONE IN GLADSTONE WHO RENTS PROPERTY OR WHO HAS RECENTLY MOVED INTO A NEW RENTAL, THEY WILL TELL YOU HOW DIFFICULT IT WAS TO FIND A HOME AT AN AFFORDABLE PRICE.**

It was only in January 2018 when Gladstone's rental prices were the cheapest in the nation. Now, it's no secret that Gladstone's rental prices are on an upward trend!

When prices dropped to the lowest in the nation just a few years ago, it attracted a lot of interest from residents looking to move to the region seeking employment and affordable housing.

In addition to the economic uncertainty brought on by COVID-19, tenant vacancy rates dropped to below 1 per cent across many areas of the state including Gladstone. The pandemic also had an impact on the turnover of rental properties, slowing them down with many properties requiring full applications to be lodged and approved before prospective tenants could even view the property.

The latest figures from the Residential Tenancies Authority shows that the median rental price for a two bedroom house in Gladstone currently sits at \$250. When compared to last year's median price of \$190, Gladstone tenants saw a 31.57% price increase in just 12 months!

With current rental demand exceeding supply and the recently announced hydrogen plant renewing industry interest in the region, renters could continue to see prices increase.



## ELDERS REAL ESTATE *welcomes a new member*

**DEAR 4680, IT'S PROBABLY ABOUT TIME THAT I INTRODUCE YOU TO MY WIFE/ ASSISTANT/ SECRET WEAPON - HANNAH WATTS!**

Hannah and I are now working collaboratively to continue to provide ongoing quality service to property owners within the Gladstone Region.

I could not ask for a better partner in Real Estate!

We've come full circle in a sense, as we first met back in 2010 when Hannah started in Sales Administration.

We worked together for some time before cupid's arrow struck, and now in 2021, we are happily married raising our young boy Calvin!

Much like myself, Hannah is a lifetime local - she is creative, caring, passionate, exceptionally hard-working and brings much appreciated (and often much needed) assistance to our growing business during our property markets ongoing recovery.

Her prior real estate experience has led to a very smooth transition into this role.

Welcome to the team, Hannah! Together, we look forward to helping the wonderful people of Gladstone with all their property related needs!





# Step Up To Clean Up on Clean Up Australia Day 2021

**REGISTRATIONS FOR AUSTRALIA'S LARGEST COMMUNITY-BASED ENVIRONMENTAL EVENT, CLEAN UP AUSTRALIA DAY (SUNDAY 7 MARCH 2021), ARE OPEN AT [CLEANUP.ORG.AU](https://cleanup.org.au).**

There has never been a better time to tackle the surge in single-use disposable items, such as takeaway coffee cups, food packaging, masks, and sanitised wipes; all of which are polluting our local parks, bushland, streets, waterways, and beaches.

In fact, research reveals more than 1 in 3 (34%) Australian households self-identified as producing more packaging waste during lockdown periods in 2020 compared to previous years, and more than 1 in 2 (55%) reported they are now more concerned about product packaging waste than they were in 2019.

Clean Up Australia Chairman, Pip Kiernan, says now is the time for all Australians to Step Up to Clean Up, to help protect and conserve their local environments.

"Last year saw immense disruption to our lives, not least of all to our local environments which have been impacted by increased uptake of single-use, disposable items," said Ms Kiernan.

"We know Australians everywhere are itching to get involved and now is their chance to officially register for Clean Up Australia Day 2021. Indeed, it's never been more important to get involved and make a real difference.

"Whether you are a first-time volunteer or a more seasoned Clean Up Champion looking to get involved, now is the time for you to register your involvement at [cleanup.org.au](https://cleanup.org.au)," added Ms Kiernan.

To register your Clean Up, sign up to a Clean Up or donate, please visit [cleanup.org.au](https://cleanup.org.au)

Clean Up Australia Day – Sunday 7 March  
Business Clean Up Day – Tuesday 2 March  
Schools Clean Up Day – Friday 5 March



Trinity College  
GLADSTONE  
Living - Learning - Community

## BUS MANAGER & BUS DRIVER WANTED

TRINITY COLLEGE GLADSTONE

**THE TRINITY COLLEGE BUS TEAM ARE AN INTEGRAL PART OF OUR COLLEGE. WE ARE SEEKING APPLICANTS WHO CAN DEMONSTRATE, THROUGH EVERYDAY LIVING, THEIR RELATIONSHIP WITH CHRIST.**

There are two permanent part-time positions: Bus Manager and Bus Driver. For the right applicant these positions could be combined into one almost full-time position.

The Bus Manager position requires an organised, detailed person with great relational skills, computer skills (email and Excel) are essential. This position is currently 15 hours per week, training will be provided.

### BUS DRIVERS ARE INVITED TO APPLY FOR:

- a part-time split shift school run. (minimum 20 hours); and
- casual driver positions to assist in excursions during school hours.

### ADDITIONAL REQUIREMENTS:

- Committed Christian, active in your church and can subscribe to the College's Statement of Faith found on our website.

For a full position description please phone our office: 48390500 or email: [jennib@trinitygladstone.qld.edu.au](mailto:jennib@trinitygladstone.qld.edu.au)

### HOW TO APPLY

If you would like to be a part of a wonderful community-filled school, please send your CV, cover letter and a written pastor's reference to the Executive Assistant by email: [jennib@trinitygladstone.qld.edu.au](mailto:jennib@trinitygladstone.qld.edu.au)

# ***Dolly's Dream Foundation***

**DESPITE THE RAIN ON SATURDAY, THE BIG FUNDRAISING EVENT FOR THE ROTARY CLUB OF GLADSTONE – PORT CURTIS TOOK PLACE AND 100% OF ALL PROCEEDS RAISED WENT TO 'DOLLY'S DREAM FOUNDATION'.**

This charity was nominated by the President's wife Kerrie Johnson, in memory of Amy Dolly Everett who was a victim of bullying at the young age of 14 years and ended her own life.

Close to their hearts, Kerrie and the Rotary Club decided on fundraising for this worthy cause throughout the year and to help raise awareness, to all those who are affected and hopefully prevent the lives of others being lost.

Leading up to this event was seven months of preparations and organising by Kerrie and Roy with the help of Rotarians, family, friends and businesses who contributed to

the renovations of their home at 32 Glenlyon St Gladstone which dates back from 1912 – 1920. Items were also donated for the day of the combined 'Open home and Garage sale' from 8 am to 4 pm.

The final outcome proved to be a great success, people thoroughly enjoying the tour of the open home and purchasing a variety of goods and a total of \$3,640.00 was raised. A raffle donated by Chemist Warehouse and Bunzl Safety was won by Michael Beale.

A big thank you to our local community and others for coming along and supporting the day and to those who were passionate about this worthy cause and without hesitation kindly donated monetary amounts.

A special mention to local businesses for their generosity of money donated and goods. Our Gold Sponsor QWest Cranes for their continuous support throughout the year, also UGL Pty



Ltd, Narbil Training, Barney Beach Accommodation, Bunzl Safety and Chemist Warehouse. Our Social Media support of our local radio station 4CC and the CQ Today Gladstone, The Observer and Gladstone News.

## **The Bronco's Coach Life Skills**

**FOUR FORMER BRISBANE BRONCO'S PLAYERS RECENTLY VISITED GLADSTONE, HOLDING A YOUTH TRAINING SESSION AT DENNIS PARK.**

The players also visited a number of schools in the Gladstone region before making a stop at Site Skills Training, the major sponsor of the club's game development program.



Ex-Broncos player Darren Burns has been based in Gympie as the Brisbane Broncos Game Development officer for 12 years and has been instrumental in the development of many primary and high school students in the region.

"Our role here is to develop the game and develop the community," Darren said.

"We visit schools on a regular basis and host presentations centered around goal setting, personal brand, health and relationships".

"Through those presentations, we aim to help the kids be better people and obviously we go to the football clubs and schools to promote the game and do coach education to help them develop their rugby league skills." Darren continued.

The Brisbane Broncos along with many other clubs are investing their time into making players better people as less than 1% of people make a career playing any sport.

"This tells us that you need to set yourself up as a better person and then as a better player because you will go further in life being a better person rather than a better player."

When asked what he would tell an aspiring young footy player Darren said,

"Compete! Just learn to compete, don't choose when you want to compete, you compete at absolutely everything you do. And if you don't succeed at sport for whatever reason, you've developed the skill to complete and you will compete out in the workforce and end up with a better job."

# WHAT THE ZERO EMISSIONS TARGET MEANS FOR FLYNN

**WITH AUSTRALIA FACING INCREASED PRESSURE FROM INTERNATIONAL COUNTERPARTS TO JUMP ON THE ZERO EMISSIONS BANDWAGON, I ASK WHAT DOES THAT REALLY MEAN FOR FLYNN?**

According to a report conducted by the Institute of Public Affairs, our electorate of Flynn will be hardest hit by job losses if we adopt a target of achieving net zero carbon emission.

By reaching a zero emissions target by 2050, we jeopardise real jobs of real people in regional Queensland and in our electorate of Flynn. I put to you that politicians like Chris Bowen and parties like Labor are really what we should be worry about.

Chris Bowen has openly come out and declaimed "Coal is under threat, regardless of what domestic climate change policies Aust adopts.". Adopting this attitude and introducing a net zero emissions target will come at great expense to Flynn.

The IPA report indicates that 653,600 jobs placed at risk by a net zero emissions target. Over 10% is set to come from Flynn and will affect a large range of industries. Industries such as Agriculture, Coal mining and oil and gas extraction.

I think that classifying the waste



produced by animals as 'industrial waste' is ludicrous. The Agricultural industry employs 306,200 people that are set to lose their job with a net zero emissions target.

With the current pandemic, adopting such a policy would be devastating for Australian workers and it seems Labor is comfortable with that. A party originally formed for the workers of Australia are willing to sell them out for conformity.

During the last Federal election my constituents delivered me a clear message: they, along with other Australians, care about their livelihoods. They are not willing to risk losing their jobs just in search of an economically and socially

devastating emissions reduction policy.

The Liberal and Nationals Government on track to meet and beat our 2030 target. Our emissions have fallen faster than many other countries, and significantly faster than the Organisation for Economic Co-operation and Development (OECD) or G20 averages. Between 2005 and 2018, Australia's emissions fell by 13% and the latest figures have us nearly 17% below 2005 levels.

A Labor vote could mean the end of our industries and 1000's of jobs in Flynn.

*Ken O'Dowd MP*

Gladstone Office, 76 Goondoon St, Gladstone Q 4680 • (07) 4972 5465  
Emerald Office, 2/115 Egerton St, Emerald Q 4720 • (07) 4982 4266  
Ken O'Dowd MP • [www.kenodowd.com.au](http://www.kenodowd.com.au)

Authorised by K. O'Dowd, Liberal National Party of Queensland, 76 Goondoon Street, Gladstone QLD, 4680



# DIY ROSEWATER FACE TONER

**BALANCE OUT YOUR SKIN BY MAKING  
YOUR OWN ROSEWATER!**

It helps balance the pH balance, soothes irritation and reduces redness. Plus it smells amazing and is so simple to make!

## **Ingredients:**

### **For the Homemade Rosewater:**

- Organic Roses (as many as you like-I used 7 stems)
- Distilled water (enough to cover the rose petals- I used about 1.5 litres)

### **For the Homemade Rosewater Face Toner:**

- 1 tbsp pure rosewater
- about 4 tbsp of distilled water (or enough to fill your spray bottle)
- 1 2.5 ounce spray bottle

## **Method:**

### **For the Homemade Rosewater:**

- Remove petals from stems and run them under luke-warm water to remove any leftover residue.
- Add petals to a large pot and top with enough distilled water to just cover (no more or you'll dilute your rosewater).
- Over medium-low heat bring the water to a simmer and cover.
- Let simmer for 20-30 minutes or until petals have lost their color and are a pale pink.
- Strain the mixture to separate the petals from the water. Discard petals and place water in a glass jar to store.

### **For the Homemade Rosewater Face Toner:**

- Combine all ingredients in spray bottle and shake.
- To apply: spray directly on face or spray a cotton pad and wipe face to remove any residue.

*Image and Recipe Credit: <https://www.thehealthymaven.com/how-to-make-homemade-rosewater/>*



## **DO YOU OFTEN ASK YOUR CHILD HOW THEIR DAY WAS AT SCHOOL, ONLY TO BE GIVEN A ONE-WORD ANSWER?**

If you have ever asked a child 'how was your day?'. Nine times out of ten you'll get 'good' as an answer and the conversation will come to an end.

Let's be honest, school days can be long and tiring, so it's understandable that kids might not be very talkative when they come home - but that doesn't mean you should give up learning about their day and subsequent lives. The key is to ask detailed open-ended questions, here are some great conversation starters to help you out...

1. What was your favourite subject at school today? Why?
2. What was your favourite part of school today? Why?
3. What did you learn at school today?
4. What did you do during lunchtime today?
5. How was your teacher today?
6. What was the most interesting thing your teacher said today?
7. Did you anything funny happen at school today?
8. How much homework did you get today?
9. What your favourite food in your lunchbox today?
10. If you could pack your own lunch tomorrow, what would you pack?
11. What books did you read at school today?
12. Did you write a story today? Tell me about it
13. Did you play any sports? What did you play?
14. If you could change one thing about today what would it be?
15. Did anything upset you at school today?
16. Is there anything you learnt at school today that you need extra help with?
17. Which friends did you play with today?
18. Which kids did you sit with at lunchtime?
19. Who are you looking forward to seeing the most tomorrow? Why?
20. Who was the friendliest person in your class today? Why?
21. Who did you hang out with the most today?

# YOUTH INNOV8ORS PROGRAM

## launches at Gladstone State High school

### STARTUPGLADSTONE HAS THIS WEEK PARTNERED WITH GLADSTONE STATE HIGH SCHOOL TO LAUNCH THE NEW YOUTH INNOV8ORS PILOT PROGRAM.

The program will focus on developing students' problem-solving capabilities through curriculum-based activities from the digital technologies sector.

The pilot will run over 10 weeks and will include around 150 students from Years 8 to 10. The students will be challenged with solving a real-world problem put forward by program partners and mentor providers NBN and Gladstone Area Water Board and receive additional mentoring support from Oracle and Queensland Alumina Limited.

At the end of the 10 weeks, a handful of students will be selected to present their concepts at a "pitch day" presentation,

where all involved can see the real-world solutions the young minds have come up with.

StartUp Gladstone's Luis Arroyo said "The program aims to encourage innovation in our youth and show them support is available to develop their ideas as they become leaders of our future. This program will support students to think outside the box and show them that the sky is the limit."

The Youth Innov8ors pilot program was introduced via web call to the students by Dr Sarah Pearson, Deputy Director-General for Innovation at the Department of Tourism, Innovation and Sport.

The program is possible through a partnership between StartUp Gladstone, Here for Gladstone (a partnership between Rio Tinto Yarwun, Boyne Smelters Limited and Queensland Alumina Limited), Gladstone Area Water

Board, Queensland Government, and APLNG ConocoPhillips.

The Youth Innov8ors pilot program will shape the formal launch of the program, which is due to commence in the second half of 2021.



## INTRODUCING OUR SCHOOL LEADERSHIP & STUDENT SUPPORT TEAMS FOR 2021



**Mr Garry Goltz**  
Principal



**Mr David Romagnolo**  
Deputy Principal  
Year 10 and 11



**Mrs Katrina Burdett**  
Deputy Principal  
Year 9



**Mrs Trudy Lawson**  
Deputy Principal  
Year 8



**Mr Bryan Townsend**  
Deputy Principal  
Year 7



**Mrs Cathy Holmes**  
Deputy Principal  
Inclusion



**Mr Brendan Hooley**  
Head of Senior School  
Year 12



**Mr Glen Hooley**  
Head of Junior School



**Courtney Rowe**  
Business Services  
Manager



**Nadine Crawford**  
Business Services  
Manager



**Mrs Katrina Dalton**  
Guidance Officer  
Year 10, 11, 12



**Mr Luke Jackson**  
Guidance Officer  
Year 7, 8, 9



**Elicia Harvey**  
Guidance Officer  
Year 10, 11, 12



**Lucy Hodgkinson**  
Guidance Officer  
Year 7, 8, 9



**Mrs Rachel Jarrow**  
CEC



**Sarah Box**  
SPBO



**Adrianna Johnson**  
School Nurse



**Yvonne Kamholtz**  
Chaplain



**Jarek Reah**  
Chaplain



**Moana Hakavalu**  
Youth Support  
Coordinator



**GLADSTONE**  
State High School

SAFE ★ RESPONSIBLE ★ RESPECTFUL ★ ENGAGED



# GLADSTONE HOMELESS CONNECT

**ARE YOU CLEANING OUT YOUR PANTRY? DO YOU HAVE A LARGE NUMBER OF UNOPENED NON-PERISHABLE FOOD ITEMS THAT YOU NO LONGER WANT OR NEED?**

Don't throw them out, donate them today!

The Roseberry Dignity Hub and Gladstone Homeless Connect are currently on the lookout for pantry food items that can be donated to the Dignity Hub.

The Roseberry Dignity Hub is an essential service for the community, providing free access to laundry facilities, bathrooms, perishable foods, information, and referrals for those currently experiencing homelessness.

The Roseberry Dignity Hub currently has over 350 people accessing the service on a monthly basis and is run completely by generous volunteers and donations to keep assisting those in need in our community.

Gladstone Homeless Connect is an event that brings together service providers from the Government and Community sector to create a 'one-stop' event to provide homeless people or those at risk of homelessness with a day that includes personal care (showers, haircuts and healthcare) and access to a range of support services such as a doctor, dentist, justice of the peace and Centrelink. There is also a donation area where people can access, clothing, food, footwear and toiletries.

Donations can be made at Roseberry's Dignity Hub located at 20 Rollo Street Gladstone, Roseberry QLD's office located at 21 Dawson Road Gladstone or by calling 0749720047.

If you or anyone you know is currently in a vulnerable position or at risk of being homeless, don't hesitate to contact The Roseberry Dignity Hub on 0427 751 639 or drop in for a visit at 20 Rollo Street, Gladstone. The operating hours are Monday, Wednesday & Friday from 9:30 am to 2:30 pm

*Gladstone Valley  
Funerals  
& Cremation  
Services*

For 24 hour service  
**Ph: 4972 0800**

*Who better to  
care for your  
family than  
ours*



Funeral & death notices can be found by following the link:  
[gladstonevalleyfunerals.com.au/funeral-notices](http://gladstonevalleyfunerals.com.au/funeral-notices)

# Coming soon... **440 WATT PANELS!**

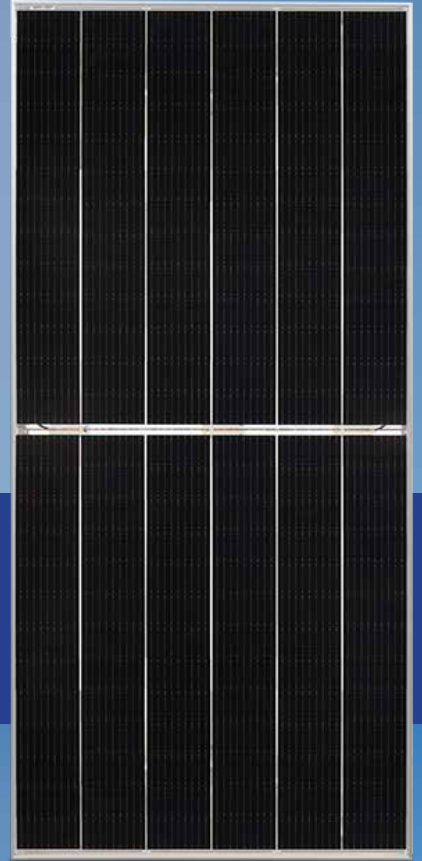
Be one of the first to get  
the latest technology.

**Yes! You can afford  
the latest technology!**

6.6kW System with 5 kW HYBRID Inverter (Battery Ready)

15x 440 Watt Panels

All for \$6000 inc GST (NETT of rebates)



**Servicing the Gladstone area since 2010.**

**Ring Murray, your solar  
power expert, on 0402 901 478**