



voting now open for the **GCCI 2021 BEST IN BUSINESS AWARDS**

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QUEEN
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GLADSTONE ENTERTAINMENT CONVENTION CENTRE
TIX AVAILABLE from gladstoneentertainment.com or visit queenitsakindamagic.com for more info

what's on

FROM 26 AUGUST 2021

28 & 29 AUGUST

Tondoon Botanic Gardens Bonsai Weekend

When: 10am – 8pm and 8:30am – 11:30am

Where: Tondoon Botanic Gardens
The annual Bonsai Weekend is held in conjunction with the Gladstone Multicultural Festival. This year's event includes visiting demonstrator Stephen Callum, raffle prizes and free Bonsai stock plants.

17 SEPTEMBER

Under the Trees

When: 11am – 10pm

Where: Jacaranda Drive, Boyne Island
Under the trees is a laid back music and art festival located 'under the trees' between the soccer fields and oval at Jacaranda Drive. There are two stages, street theatre performance, multiple bars and food stalls. Get your tickets at www.underthetrees.com.au.

4 SEPTEMBER

Beach Arts Music (BAM) Markets

When: 2 – 7pm

Where: Millennium Esplanade, Tannum Sands

Enjoy a variety of market stalls, great food and life entertainment. Don't forget your picnic blanket so you can make an afternoon of it. Follow the Beach Arts Music Facebook Page for updates.

29 AUGUST

World Science Festival

When: 9:30am – 3pm

Where: Gladstone Entertainment Convention Centre

A free action packed program for the whole family includes a range of science activities from launching rockets to out of this world VR experiences.

12 SEPTEMBER

Rainbow in the Gardens

When: 10am – 3pm

Where: Tondoon Botanic Gardens
An event for the LGBTQIA+ community, their friends, family and allies featuring live music, a community art project, trivia, camp cake competition and a free sausage sizzle. Follow the Rainbow on the Reef Facebook Page for updates.

18 SEPTEMBER

QCWA Calliope Book Day

When: 9am – 3pm

Where: QCWA Hall – Bloomfield Street, Calliope

Secondhand books, craft magazines, children's books, handcraft and baked goods for sale. Storytelling and create your own watercolour collage concertina. Contact Sue on 0429 308 000 for bookings.

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En Pointe dance company



Taryn is a fully qualified RAD ballet teacher who has an advanced diploma of Dance from the Australian Dance Performance Institute in Brisbane.

She offers classes in Ballet, Jazz, Tap, Contemporary, Hip Hop, private lessons for Eisteddfods, performance groups, RAD ballet exams from ages 2 and a half through to 18.

0458 461 375
enpointedancecompany@gmail.com



VOTING FOR THE GCCI 2021 BEST IN BUSINESS AWARDS, PRESENTED BY GLADSTONE NEWS, HAS OFFICIALLY LAUNCHED WITH OVER 4500 NOMINATIONS RECEIVED IN THE FIRST WEEK OF VOTING!

With 15 categories open for voting and up to five business's able to be nominated per category, the GCCI are expecting an extensive number of nominations for this years Awards. Voting for the Awards remains open until the 9th of September, with any business within the Gladstone Region eligible for nomination.

The awards are a great way to acknowledge the achievements of our local businesses and industries over the past year as well as the not-for-

profits and other organisations across our region. There is nothing more rewarding for our local businesses than the knowledge that our broader community recognises their hard work and dedication to servicing our Region. Nominating your favourite businesses in the Best in Business Awards is one of the easiest ways to let them know they're appreciated and to share the love.

We are extremely grateful to our presenting partners Gladstone News and our Gold Sponsors Gladstone Entertainment Convention Centre, Rio Tinto Here For Gladstone, Shell's QGC business and UHY Haines Norton for their continued support in the Awards. If you or your business would also like to support the Awards the GCCI are calling for Silver and Bronze sponsors.

If you're interested please contact the Chamber for further details!

Please also look out for the launch of our ticket sales for the Awards Gala Dinner, which will be held on the 6th of November 2021. Ticket sales will be advertised on GCCI's social pages in early October and are set to sell out fast! We hope to see you all there!



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THE GCCI 2021

BEST IN BUSINESS AWARDS

presented by **gladstone news**

BILL ROBERTSON TOYOTA BIG WINNERS AT LAST YEAR'S AWARDS

DEALER PRINCIPAL JAMES ROBERTSON SAID THEY WERE VERY HUMBLLED TO BE HONOURED WITH THREE AWARDS AT THE 2020 GCCI BEST IN BUSINESS AWARDS.

"We received the Best in Business Award for Auto & Marine Services and the overall Best in Business Award," he said. "It was so inspiring to our team that we had that recognition from both our customers and the Best in Business judges, particularly given the historic disruptions of COVID-19 and the local economic downturn we had experienced.

"We see these awards as a great way to support local businesses. It can be tough going running a business and for customers to take the time to nominate a business shows that business that what they are doing for their customers is important and valued."

NOMINATION CATEGORIES INCLUDE:

- Accommodation and Resorts
- Trade Services
- Business leader in Small Business
- Engineering and Manufacturing
- Hair and Beauty
- Health and Wellness
- Excellence in Customer Service
- Large Industry
- Not for Profit
- Lifestyle and Micro-Businesses
- Professional Services
- Hospitality
- Retail and Sales
- Tourism, Attraction and Events
- Young Business Leader (Under 35)



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DESPERATE TO GET AWAY?

Make some memories at Heron Island Resort!

I don't know about you, but I just need to escape for a little while and well, get beyond the town boundary ... if you know what I mean.

Somewhere that is a different world, and where everything COVID-related can be forgotten for just a little while, and I think I have found the perfect answer. I mean, let's face it I'm not going to be taking a break overseas for a while nor interstate for that matter, so why not lash out a little and put some of those hard earned holiday savings to use.

Where you might ask? Well the Gladstone Region's very own Heron Island Resort, and here's how to do it. If you live in Gladstone, like I do, you are a 10 minute drive away from beginning your amazing experience.

Start off with the scenic helicopter flight, 30 minutes of exhilarating fun and spectacular views as you fly above the wonder that is the Great Barrier Reef. Passing low over pristine coral cays you can actually see the turtles, rays and sharks in the crystal clear waters. This short flight is one of the best in the world!

On arrival at the resort, keep that special feeling going, and treat yourself to a Point Suite. Stunning views over the water and ideally positioned for those unique Great Barrier Reef Sunsets. The suites are the only air conditioned rooms on the island, all with a lounge area, and your very own private terrace with views of the reef.

Try for a three night stay and I guarantee you will feel like you have been away for a week.

Heron Island is a world famous nature sanctuary with

numerous activities that you can do or simply choose not to do. Take your time, unwind and let the world of Heron Island take your worries away. Your brekkies and dinners are included, all you have to worry about is what time to have that first drink of the day.

For the ride home, I think the resorts boat transfer on the Heron Islander is the way to go. A two hour ride over the ocean, it's the perfect way to end your stay.

What's it all going to cost? A total of \$1,989 per person twin share, including the helicopter and boat transfer, three nights in a Point Suite, breakfast and dinners daily, mask and flippers hire, one sunset drink for two, and some complimentary activities (T's & C's apply).

Go on, I know you want to!

Departure Point Travel Manager
Mark Winters



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Quoin Island Rehabilitation Centre

CELEBRATING 200TH TURTLE RELEASE

THE QUOIN ISLAND TURTLE REHABILITATION CENTRE SERVES AS THE ONLY OPERATING CENTRE OF ITS KIND IN THE REGION.

The 623km distance between Mackay and Bundaberg has seen an exceedingly large number of sick and injured sea turtles gliding through the doors of the rehabilitation centre since opening nine years ago.

As a result of the 2012 cyclonic weather and regional flooding events, countless sea turtles were left stranded and helpless with no hope for survival. Bob McCosker saw this as an opportunity and his hard work coupled with his time and financial generosity towards these beautiful marine reptiles has been incessant since.

Similar selflessness resonates in the 100 volunteers in the community who donate their time by responding to stranding's, preparing food, scrubbing tanks, feeding and transporting the turtles to help compensate for the expensive mission, which is rehabilitation. Just providing food to the nourish the rehabilitating creatures puts a \$25,000 dent in the pocket of the centre alone; and don't forget about the cost of medication, veterinary bills, wages for permanent staff, maintenance and transportation. The self-sufficient sanctuary utilises solar energy and the surrounding water to function whilst minimising their environmental footprint, nevertheless, constant cost for running the facility are still applicable.

Government funding for our haven is non-existent, so without our major sponsors McCosker Contracting and ConocoPhillips, we wouldn't be able to run the centre. We're beyond thankful for several charitable members of the community like Carole Elliott who donates 40 per cent of profits generated from her beautiful turtle paintings to us. A certain youngster has asked for money to go towards our turtles at the centre instead of receiving birthday presents; how proud would you be to hear that! In addition to this, a handful of kids have set up a scheme ID for Containers for Change under the number C10144592. We're incredibly grateful for any donations made, whether it be an entire can and bottle collection, or merely your extra shrapnel... it all adds up!

All of this hard work's proof-is-in-the-pudding, with an impressive 71 per cent of turtles successfully returning to the

wild from the centre. The winter season we're currently enduring has seen a heightened number of turtles needing our support, with almost 50 in just the last five months. Saturday 21st of

August brought us to our 200th and 201st rehabilitated turtle bring released back into the wild. We had two turtles thought to be contesting to take us over the 200 line. The race between our front runner, 'Orpheus', who was found at Lilley's beach and under our care for four months, and dark horse 'Isla', found in the rockpools at the Boyne River mouth who also called the centre home for 2.5 months. It was an exciting battle for this honourable title, a sprint to the finishing line ultimately saw Isla take out the grand title of our 200th release- one for the history books.

Both turtles came in extremely emaciated at merely 65 and 66 per cent of a healthy weight. Isla (also known as "squid monster") was barely responsive and harboured some parasitic creatures, but once eating and growing in strength, did not hesitate to harass the fellow turtles for their share of dinner. Inquisitive Orpheus would follow pool passer-byers around and quickly became everybody's favourite once his character began to shine through after the medical treatment to his flipper was healed.

Turtle mating season has started and adult sea turtles will be spending more time on the surface, so to avoid boating strikes, it's advised to slow down (especially in areas with seagrass), wear polarised sunglasses to increase your visibility and have a spotter on the marine vessel. All in the good spirits of preserving the gentle grazers of the ocean.

by Kim van Oudheusden



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NEW VACCINATION HUB FOR GLADSTONE

NEW COMMUNITY-BASED VACCINATION CENTRE HAS OPENED IN GLADSTONE TO IMPROVE ACCESS TO THE COVID-19 VACCINE IN CENTRAL QUEENSLAND.

Health Minister Yvette D'Ath said the centre will offer increased capacity in response to growing demand for vaccinations across regional Queensland.

"As more Queenslanders come forward for vaccination and supply increases, we're able to open up larger venues," Minister D'Ath said. "Many of our current vaccination sites are scalable, meaning they are able to ramp up daily capacity as more supply becomes available and we're able to administer more and more vaccines."

The centre, located at Block B of the CQUniversity TAFE site in Derby Street, opened on August 23, and replaces the Gladstone Hospital clinic. It offers up to six vaccination bays, an increase from the four that were offered at the hospital.

Member for Gladstone Glenn Butcher urged eligible residents yet to get the vaccine to please register their interest as soon as possible.

"This new centre will help ensure our region's vaccination rates keep growing," he said. "If you want to get vaccinated, go online to register your interest."

Bookings are preferred for vaccination at the new centre, as there will be limited capacity for walk-ins dependent on supply at the time.

The centre will initially be open from 9am to 4pm from Monday to Friday, with potential for extended hours in the future.

Anyone aged 16 to 39 will be eligible for a Pfizer vaccination from August 30. As Queensland Health manages the supply of the Pfizer COVID-19 vaccine across the state, vaccination will be prioritised for people who have a higher risk of exposure to COVID-19.

To register your interest in getting vaccinated, visit www.health.qld.gov.au/vaccinebookings

Local residents can also get vaccinated through eligible GPs and community pharmacies.

GLADSTONE WELCOMES *new fashion and lifestyle store*

ELM LIFESTYLE OFFERS AN ENERGETIC MIX OF FASHION, GIFTS AND HOMEWARES.

The Australian brand, which was created out of a coastal town near Melbourne, has now found its way to Gladstone, with a new boutique opening in Stockland in August.

With 17 stores mostly in regional areas, Gladstone was an obvious choice according to Elm Lifestyle's Rails Wilson.

"We're a relatively young retailer, and our strategy is to support local, especially regional centres and their wonderful local communities," she said.

"We are particularly excited to be part of the Gladstone Region as community based shopping centres like Stockland Gladstone offer convenience and a broad mix of offerings in growing areas.

"Our blend of fashion that takes in easy to wear fundamentals, along with our stunning array of gifts and homewares is ideal for the curious and busy shopper that likes to have options at their fingertips."

A size inclusive store that stocks a range from sizes six to 22, Elm offers a 20 per cent discount year round to AHPRA medical staff and teachers.

"To show our appreciation for everything they do," Rails said. "We can't wait to meet and become a wonderful supporter of community life in Gladstone.

"At this point in time we have three employees at our Gladstone boutique, and we would love to see that grow as the community embraces our offering and the store gets busier and busier."

Stockland Gladstone Centre Manager Diana Mitchell said she was excited to welcome Elm to "our family of retailers at Stockland Gladstone".

"We know customers will enjoy shopping their range of comfortable and beautiful colours, prints and styles," she said. "We've also recently welcomed Cotton On, Cotton On Body and The Athlete's Foot to the centre, with You & All, a plus size and curvy clothing and accessories brand, also set to open in the coming weeks.

"It's all part of our commitment to creating the best retail mix possible for our customers."





Gladstone Ports Corporation's **PORT TO PARK FUN RUN WRAP UP**



Thank you to everyone who laced up for the inaugural Port to Park Fun Run on Sunday 15 August. The event saw more than 2600 participants registered to pound the pavement of East Shores 1B.

The fun run was a great opportunity to celebrate GPC's waterfront parklands and will have a lasting impact on the community, with all the funds raised going back to local Gladstone schools and our 2021 community beneficiary, Act for Kids. We are excited to see the therapy garden come to life, brightening the lives of disadvantaged children.

A big shout out to our sponsors and volunteers - this fantastic community event wouldn't be possible without your ongoing support! We look forward to seeing you all at the 2022 Port to Park start line!



THANK YOU ALL FOR YOUR SUPPORT!



local businesses shine



SEVERAL LOCAL "BRIDAL" BUSINESSES HAVE TAKEN OUT THE TOP SPOTS IN THE 2021 CAPRICORN & CENTRAL QUEENSLAND BRIDES CHOICE AWARDS.

Kym Ramsay of Your Hair Design & Beauty, which won the Bridal Hair Stylist category, said styling was her passion.

"To me, being a part of a bride's day fills my cup," she said.

"There is something so rewarding in bringing a bride's vision to reality, and it's such an honour to share in such love and joy with their families."

Sarah Dunn of Sarah Kate Dunn Makeup Artist said she was "beyond grateful" for winning in the Bridal Makeup Artist category.

"Winning this award means the absolute world to me, knowing that I have contributed towards making my brides vision for their special day come to life warms my heart," she said.

"Having been in the makeup industry for over 10 years and a part of so many beautiful weddings, it's safe to say makeup is



a job I will never get tired of.

"I feel so fortunate to be able to do what I love and make a career from my passion."

Brides Choice Awards is a non-member organisation launched in 2011, and is dedicated to recognising and rewarding wedding businesses that operate in regional Australia.

In 2021 the awards received 3144 nominations and 6430 votes in 39 categories.

Photographer Sarah Lette, who is Gladstone born and bred, said she was completely shocked when she was announced as the winner in the Wedding Photographer category.

"This is my fulltime job around three little humans, so mum life is a complete juggle sometimes," she said.

"I have been in the wedding business for four years, and it's nice to know all my hard work has paid off."

It has been a difficult time for the wedding industry over the past year and a half due to COVID-19, and Gail and Tony Tobin from Granite Ridge Gardens said the award has given them a boost.

"We were surprised and delighted when we heard that we had won the Chapels, Churches and Ceremony



in bridal awards

Locations category," they said.

"We were up against some beautiful venues from the CQ area, and this is the first year we have been nominated, so thank you to everyone who voted for us."

Michelle Wilson said given that Ginger Says designs with artificial flowers winning the Wedding Florist category was a "big buzz" and a testament to their work.



"We work so incredibly hard to create florals as realistic as possible, so this award shows us that we are on the right track," she said.

"We are so grateful and humbled by our win."

Capricorn & Central Queensland 2021 Brides Choice Awards

Bridal Gown Couture
Winner: Gladstone Bridal Boutique

Wedding Florist
Winner: Ginger Says

Wedding Photographer
Winner: Sarah Lette Photography + Film

Bridal Hair Stylist
Winner: Your Hair Design & Beauty

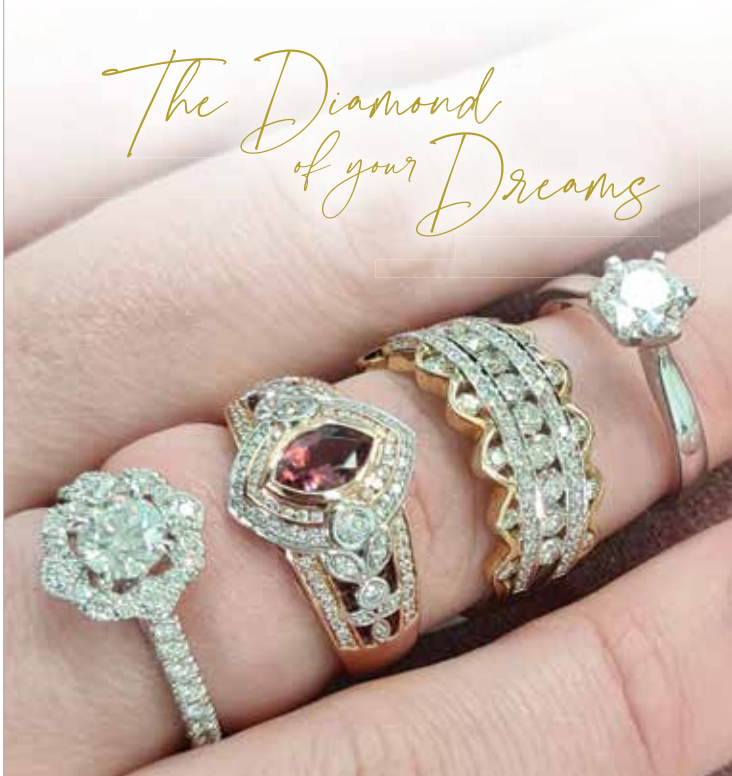
Bridal Makeup Artist
Winner: Sarah Kate Dunn Makeup Artist

Chapels, Churches & Ceremony Locations
Winner: Granite Ridge Gardens, Gladstone



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Hairdressers and barbers

CALLED TO RECOGNISE SIGNS OF DOMESTIC VIOLENCE

LOCAL HAIRDRESSERS AND BARBERS ARE BEING CALLED ON TO TAKE PART IN FREE DOMESTIC AND FAMILY VIOLENCE TRAINING SO THEY CAN RECOGNISE THE SIGNS OF ABUSE WITH THEIR CLIENTS.

Gladstone Regional Council is teaming up with not-for-profit organisation Hairdressers with Hearts, to train 80 local hairdressers and barbers on how to initiate conversations, what help is available and how to practice self-care.

Gladstone Region Mayor Matt Burnett said the program aims to harness the intimate and trusted relationship commonly found between hairdressers or barbers and their clients.

"Hairdressers with Hearts acknowledges that hairdressers and barbers are frontline in the community, and have intimate conversations with clients walking through their doors on a regular basis," Councillor Burnett said.

"The program trains hairdressers following the Recognise, Respond and Refer principles, and provides them with the tools to handle difficult conversations as well as an accreditation for themselves and the salon they work in."

Council will also work with the Gladstone Coordinated Community Response to Domestic and Family Violence (CCRDFV) group to tailor information to our region, and create ongoing support for participants.

CCRDFV Secretary Wendy Morris said they were delighted that council was investing in the Hairdressers with Hearts program across our region.

"Domestic and Family Violence (DFV) impacts all sorts of people across our whole community," Ms Morris said. "Providing education for local hairdressers and barbers will assist them to recognise clients who may be impacted by DFV, and assist them to find support."

"As Domestic and Family Violence Prevention Month was in May, it is wonderful to know that conversations around creating a community free of violence will continue to happen."

Interested hairdressers, including home and mobile salons, and barbers around the Gladstone Region can contact council's Community Engagement Centre for registration information on 4976 6300 or cas@gladstone.qld.gov.au.



Registered hairdressers and barbers will receive:

- One registration to complete a flexible online learning program
- Training Certificate upon completion
- Digital tile for use on website/e-signature
- Listing on the Hairdresser with Hearts website as an accredited Hairdressers with Hearts individual or salon
- Membership decal for salon door or window identifying them as an accredited Hairdressers with Hearts salon
- Salon starter pack containing Hairdressers with Hearts merchandise including spray bottles, cutting capes, a brochure stand and printed tailored referral resources



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Pop in to help us celebrate our *1st Birthday* during the month of September with weekly prizes & giveaways!



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WOMEN'S HEALTH WEEK:

SEPTEMBER 6 TO 10, 2021

**WOMEN'S HEALTH WEEK IS
A WEEK DEDICATED TO ALL
WOMEN TO MAKE GOOD
HEALTH A PRIORITY.**

It is a great reminder to set aside some time to make an appointment for a health check, get active and connect with family and friends.

Jeans Hailes for Women's Health is a national not-for-profit organisation dedicated to improving women's health by providing information, resources and clinical care.

For more information, including access to exclusive health information, visit www.jeanhailes.org.au.

To help you celebrate Women's Health Week we've sourced an awesome DIY Face Mask for you to try at home – apply and enjoy 20 relaxing minutes to yourself with a cup of tea and a good book.

DIY Banana Face Mask

Bananas are packed with ingredients for great skin, vitamin A to fade dark spots and blemishes and smooth out rough skin, vitamin B to reduce dryness, vitamin E to reduce the appearance of wrinkles, and potassium to moisturize and hydrate.

So the fruit makes a perfect all-natural, homemade face mask that leaves skin looking and feeling softer.

Ingredients:

- 1/4 cup plain yoghurt
- 2 tablespoons of honey (a natural acne remedy)
- 1 medium banana
- A container

Method:

Step 1: Mash up a medium-sized banana into a smooth paste.

Step 2: Mix in yoghurt and honey.

Step 3: Gently apply it to your face and neck and let it set for 20 minutes.

Step 4: Rinse off with cold water.

Recipe courtesy of thehealthy.com

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COVID-19

WE'RE NOT SAFE UNTIL WE'RE ALL SAFE

I strongly encourage all locals to get vaccinated with a COVID-19 vaccine.

Getting vaccinated is the best way to protect you, your family, and our community from serious illness and loss of life.

General Practices, pharmacies and vaccination clinics are currently providing vaccinations across our region.

To find out where and when you can get your COVID-19 vaccine, scan the QR code or go to **australia.gov.au**

If we all work together we can get this done.



Ken O'DOWD MP

Federal Member for **Flynn**

🏠 76 Goondoon Street, Gladstone QLD 4680 ☎ 07 4972 5465

✉ ken.odowd.mp@aph.gov.au 🌐 kenodowd.com.au 📘 KODowdMPFlynn

HYDROGEN SHOULD REPLACE CONVENTIONAL FOSSIL FUELS SAYS LOCAL RESEARCHER

HYDROGEN IS THE ENERGY SOURCE TO COMBAT THE IMPACTS OF CLIMATE CHANGE, ACCORDING TO CQUNIVERSITY RESEARCHER DR ASHFAQUE CHOWDHURY.

As part of August's National Science Week, Dr Chowdhury outlined how hydrogen, particularly 'green hydrogen' is one of the cleanest alternatives of energy.

As Academic Lead in Engineering Foundation and Lecturer in Mechanical Engineering in CQUniversity's School of Engineering and Technology since 2010, Dr Chowdhury has been working on numerous projects into hydrogen.

"Hydrogen is the most fundamental and abundant gaseous element on the planet. Furthermore, it is the lightest of all the gases in existence," Dr Chowdhury said.

Hydrogen can be produced in all different ways; brown hydrogen is created by burning fossil fuels, and the by-products (emissions) are discharged into the atmosphere.

Blue hydrogen is similarly generated using

fossil fuels, but the emissions produced are offset by carbon capture and storage techniques.

Green hydrogen is produced from freshwater using renewable power. Steam reforming/gasification and electrolysis are the two most prevalent ways of generating hydrogen.

Dr Chowdhury said the impacts of climate change meant there was a renewed interest in hydrogen.

"Various uses, including power generation, transportation, and industrial operations, can benefit from hydrogen as a clean energy carrier," he said. "When produced from sustainable sources hydrogen has the potential to replace conventional fossil fuels, which emit greenhouse gases that contribute to climate change.

"Among all the alternatives, green hydrogen is a promising choice for decarbonising industrial processes, supplying electricity to our society without having a significant effect on the environment, and maintaining transportation means that emits zero glasshouse gas emissions.

"Hydrogen as an energy storage medium

can help store the surplus renewable energy produced; one kg of hydrogen can store three times more energy than one kg of gasoline."

Dr Chowdhury's hydrogen projects, that he is either conducting or supervising include modelling and optimisation of hydrogen energy systems for office buildings, development of standalone hybrid renewable energy systems for remote communities, performance evaluation of wind-hydrogen energy systems with an integrated storage facility, energy assessment of renewable solar-hydrogen vehicle fuelling stations and performance evaluation of a fuel cell hybrid prototype vehicle.



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solar saving tips

1. Use your appliances during the day

This might sound like an obvious tip, but many people don't take full advantage of daylight hours. By putting your heavy usage appliances like the dishwasher, dryer and washing machine on during the day, you are using the power as it is being produced. Make the most of this time as it is free energy!

BONUS TIP! When loading the dishwasher in the evening, don't turn it on until the next morning when the sun is shining.

2. Stagger your consumption

Try staggering your usage throughout the day, for example put the washing machine on at 11am then the dryer on at 12noon. This prevents you from drawing from the grid and adding to that pesky bill.

3. Heat/cool your home in the afternoon

By heating or cooling your home in the last few hours of daylight, you are doing it for free and avoiding the evening peak energy rate.

4. Check for shade and debris

Keep an eye out for any potential shading issues, cut back any trees, and remove any debris. Remember that shade does impact the system's performance.

5. Get your panels cleaned

Dirt, dust and bird droppings can get in the way of your savings. Anything that obstructs your solar panels will result in lower production of your system, which then reduces your savings on your electricity bill. Getting on your roof and cleaning your panels yourself can be difficult and dangerous, so let a professional take care of it with the proper equipment and skills.



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MULTICULTURAL FESTIVAL

a celebration of region's diversity

THE GLADSTONE REGION'S MULTICULTURAL FESTIVAL IS BACK!

Make sure you head down to the Tondoon Botanic Gardens on August 28 to connect with and embrace the cultural diversity that is our region, and enjoy everything the festival has to offer.

"We all come from somewhere," Gladstone Multicultural Association (GMAI) President Helena Sant said.

"Every workplace in our region has someone from a cultural background.

"It is extremely important for our festival to embrace as many cultures as possible, and to celebrate the diversity in our community."

After having to cancel last year's festival due to COVID-19, Helena said her dedicated team of volunteers had worked tirelessly over the past couple of months to ensure this year's event had "something for everyone".

"We are introducing some new food vendors, new entertainment and kids activities," she said. "It is going to be an amazing day of colour and celebration of cultures, and will include schools, sporting clubs, not-for-profits, local

businesses and industry."

Established in 1998, the Gladstone Multicultural Association works to promote harmony amongst our region's different multicultural communities.

Entirely made up of volunteers, they are always looking for new members and fresh ideas.

"I have been on the Multicultural Association Committee for 10 years, and I love meeting new people and learning about different cultures," Helena said.

"Please get in touch via our Facebook Page or email me on president@gmai.org.au if you would like to join our team."

Gladstone Multicultural Festival

When: August 28

Time: 10am – 8pm

Where: Tondoon Botanic Gardens

Cost: Free entry

Parking: Meteors Sports Club



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being a kid," she said.

The State Government established 120 Homework Centres across state schools in Queensland this year, and Principal Ryan applied on behalf of the community for Yarwun to be one of those schools.

"Many of our families are working families, and large families, they lead busy lives making it difficult to find the time to spend on homework," she said.

"By finishing the day with Homework Club, students feel a sense of independence and achievement, and they go home happy as there is nothing to do but help around the house or farm."

The club would not be possible without the support of school staff and their dedication to learning.

"I would like to thank the community of Yarwun for supporting our club, and advocating its importance to their children," Principal Ryan said.

"Without parental support the children would not be able to stay."

Yarwun State School's Homework Club runs Mondays to Wednesdays from the end of school until about 4pm.

The school, which provides a supportive learning environment for about 40 Prep to Year 6 students, has been a central part of the Yarwun community for 114 years.

For more information on Yarwun State School visit www.yarwunss.eq.edu.au or follow the school's Facebook Page.

HOMework CLUB

ESTABLISHED AT YARWUN STATE SCHOOL

SINCE ESTABLISHING THEIR HOMEWORK CLUB LAST MONTH, YARWUN STATE SCHOOL STAFF HAVE HAD SIMPLE WINS WHICH MEAN BIG THINGS FOR THEIR STUDENTS AND THEIR LIFE-LONG APPROACH TO LEARNING.

"One of our students has consistently received one or two correct, out of five, on their weekly spelling test," Principal Amanda Ryan said.

"Since the launch of our Homework Club, he has received five out of five

each week.

"This has been a wonderful boost to his confidence, and has seen a remarkable attitude shift towards his daily spelling activities.

"We are very proud of him, and his dedication to his studies."

Principal Ryan said all students who participate in the school's Homework Club feel a sense of accomplishment as their homework is always completed.

"Students have made the comment that it is 'wonderful' to go home and have nothing to think about other than

Apply for Gladstone Ports Corporation's Talent Today - Talent Tomorrow Bursary

Applications for GPC's Talent Today - Talent Tomorrow Bursary program for Aboriginal, Torres Strait Islander and Australian South Sea Islander secondary school students are now open!

The bursary program recognises and rewards students' efforts at school and encourages them to continue their education journey.

GPC is proud to commit to the Talent Today, Talent Tomorrow Bursary Program, as part of its Stretch Reconciliation Action Plan 2019-2022.

The bursary is awarded annually to one Junior (\$500) and one Senior (\$750) Aboriginal, Torres Strait Islander and Australian South Sea Islander student from each secondary school in Gladstone and Bundaberg.

For more information and to apply visit gpcl.com.au. Applications close 15 October 2021.



Gladstone Ports Corporation

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Bailee builds on woodwork skills

A PASSION FOR WOODWORK IS SEEING GLADSTONE LOCAL BAILEE BUILD ON HIS CARPENTRY SKILLS AND SHOWCASE HIS WORK AT A LOCAL MARKET.

The 21-year-old utilises a support worker, funded through the National Disability Insurance Scheme (NDIS), to assist him with his work while also helping to develop his independence.

"I like working with my hands and I like woodwork; making little wood fish hooks and wooden boxes," Bailee said. "I do it myself, but my support worker is there to help if needed, it is going well."

Bailee, who has an intellectual disability and autism, is also working with his local Rotary Club to take his carpentry to the next level and develop a business.

"I want to explore employment within my interests in wood working and carpentry," he said. "Joining Rotary gives me business opportunities in the community."

Calliope Rotary Club's Greg Brown said Bailee will soon showcase his works, including wooden pirate swords and chests, at the Calliope Rotary Markets, giving him an outlet and opportunity to build networks and friendships while continuing to develop his skills.

"Rotary will be there through the whole process and setting him up in the marketplace and helping him to talk to customers," Greg said.

"This will give Bailee more exposure to the community, more opportunities and people will know Bailee; eventually we can expand on this and look at builders in the community for work."

When Bailee isn't developing new woodwork pieces, he is continuing to build on his independence with his support worker in other ways.

"I am supported with my cooking, shopping and house cleaning," he said.

"I am doing my own cooking, but my support worker prompts me; I like making pizza the best.

"It is good to be independent; I have my own car and do drumming lessons.

"I can access anything I want."

Bailee received assistance to apply for and implement his NDIS funding from Carers Queensland's NDIS Local Area Coordination Partner in the Community Program for the Rockhampton Region.

Greg said he has seen Bailee grow as a person who was lacking confidence to becoming an independent young man, all through both the informal and formal supports he has received.

"The NDIS has been a wonderful support for Bailee as it has given him opportunities to be independent and develop skills and build confidence," he said.

To find out more about the NDIS, including how to apply for funding, contact Carers Queensland on 1300 999 636 or cq.enquiries@ndis.gov.au. If you have a disability, but are not eligible for the NDIS, they can also help you identify and link to options for support in the Gladstone Region.



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→ **The Power of Commitment**



GLADSTONE AQUATIC CENTRE *responds to staff shortage with* FREE INSTRUCTOR TRAINING

EVERY CHILD SHOULD HAVE ACCESS TO LIFE-SAVING SWIMMING LESSONS.

Unfortunately, BlueFit, which operates Gladstone Aquatic Centre and Mount Larcom Swimming Pool, does not have enough Swim Instructors to make this a reality for the kids in our community.

So, they're doing a recruitment drive to attract new Swim Instructors to hit the pool deck in time for the 2021/22 swim season.

The first 100 people to register will receive free instructor training valued at \$250 through Southern Education – nationally recognised qualification in swimming and water safety.

The company is also offering all their existing Swim Instructors a \$200 bonus when they teach a Learn-to-Swim class this October.

BlueFit CEO Todd McHardy said the company needed to be creative in attracting new swim instructors, as well as incentivise existing staff across their networks.

To register visit www.bluefit.com.au/employment.



With improved water infrastructure, accessibility, safer footpaths and new sitting areas Goondoon Street is revitalised and ready to welcome you.

Enjoy a range of delicious food options, explore boutique fashion, find that perfect gift or grab the latest newspaper - shop local and support Goondoon Street.

Keep an eye out for information regarding the Grand Opening event!

www.gladstone.qld.gov.au



Be a superhero and save the date as Gladstone PopCon returns in 2021

**GLADSTONE REGION'S BIGGEST POP
CULTURE EVENT IS BACK AND THIS YEAR IT
HAS GONE HULK-SIZED!**

Gladstone PopCon will make its highly anticipated return in 2021 after COVID-19 became the event's kryptonite in 2020. Set to be held on October 30 at the Gladstone Entertainment Convention Centre, this year's PopCon will expand onto Goondoon Street and into the Gladstone City Library.

Gladstone Region Councillor Glenn Churchill said PopCon is like a smaller version of the iconic Comic Con event held annually in San Diego.

"PopCon is a celebration of all things pop culture and attracts both local and out of town attendees, providing them with a unique experience in a regional location," Councillor Churchill said.

"There will be plenty of displays, market stalls, activities and competitions on offer for attendees throughout the day, but what I'm really looking forward to is seeing people show off their clever and creative cosplay skills."

Follow the Gladstone PopCon page on Facebook to keep up to date with activities, stalls, guests and so much more ahead of the big day.

LOCAL AUTHOR BOOK NOOK

The Reigning Black Sheep by Agnes G

**THIS BOOK IS ABOUT THE LIFE
OF A BOY WHO, ON TURNING
ONE, WAS DIAGNOSED WITH
CEREBRAL PALSY.**

It chronicles the ups and downs for his parents as they work their way through his special childhood and adulthood.

It speaks of the changes in disability services in Australia and how families not only have to learn about the life of a child with a disability, but how to navigate all the bureaucracy that goes with it.

The Reigning Black Sheep is available for purchase from Gladstone City Library, or for loan from any Gladstone Regional Libraries library.

To learn more visit www.gladstonelibraries.qld.gov.au.



Local fitter heads to WorldSkills Competition

GLADSTONE PORTS CORPORATION (GPC) DIESEL FITTER SHAWN INGHAM'S SKILLS WILL BE PUT TO THE TEST WHEN HE TAKES PART IN AUSTRALIA'S LARGEST TRADES AND SKILLS COMPETITION ON AUGUST 27 AND 28.

The 21-year-old, along with former GPC apprentices James Holmes and Jayden Kiss, will be competing in WorldSkills Australia's national competition in Brisbane. A win could see them earn a place in Australia's team at the international championships in Beijing.

The competition was postponed last year due to COVID restrictions but Shawn, who started at GPC as an apprentice four years ago, has been training ever-since his regional win in 2019.

"I've had a lot of on-the-job training as well as a few days in Rockhampton training at the TAFE with one-on-one training and studying at home," Shawn said.

"The crew at GPC have been very supportive in my training, allowing me time to train and sharing their advice and tips," he said. "If I

win, it will be a really big achievement for me but I know it'll make my crew proud because they've poured hours into my training and it showcases GPC's quality of tradespeople."

GPC Chief Operating Officer Craig Walker said the competition was a fantastic opportunity to showcase Gladstone's talented tradespeople and build upon Australia's skills culture.

"The competition encourages GPC's tradespeople and apprentices to really master their trade," Mr Walker said. "Each year GPC employs a number of new apprentices who demonstrate the ability to work safely in heavy industrial environment, have the motivation to learn and develop new skills, and work constructively within a team."

GPC's apprentice program offers a variety of disciplines, including electrical, diesel fitting, plumbing, mechanical and horticulture to a diverse range of students.

In 2019, GPC's Anthony Cobb represented Australia on the world stage for the 45th WorldSkills event in Russia, competing against 1,600 participants.

"Anthony started with GPC as an apprentice and is now a fully-qualified, award-winning



electrician who we're proud to have on our team," Mr Walker said. "Every year we encourage and support our tradespeople and apprentices to give WorldSkills a go and follow in the footsteps of Anthony and Shawn."

"At GPC we aim to support apprentices to develop world-class skills and expand their horizons, both with us and within the Gladstone community."

"We're all proud of Shawn's achievements in making it to nationals and we will be cheering him and our former apprentices on."

WorldSkills Australia promotes and builds a skills culture, celebrates excellence and showcases vocational education and training, trades and apprenticeships.

The national competition, which takes place every two years and hosts 500 young tradespeople, focuses on fostering career pathways for Australia's young people.



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2022 Apprenticeship & Traineeship Program

Positions available for our 2022 intake include:

| | |
|---|--|
| Apprentice Nursery Gardener | Conservation and Land Management Trainee |
| Apprentice Botanic Gardener | Finance Trainee |
| Apprentice Heavy Vehicle Plant Mechanic | Governance Trainee |
| Apprentice Plumber * | Process Operator Trainees * |
| Business Administration Trainees | Theatre Technician Trainee |
| Civil Construction Trainee | Waste Management Trainee |

*Apprentice Plumber and 1 x Process Operator Trainee located in Agnes Water/Seventeen Seventy.

Applications open Wednesday, 1 September 2021 and close midday Friday, 17 September 2021.

www.gladstone.qld.gov.au



Vietnamese Rice Paper Rolls

20m prep | 20m cook | 7 servings |

Ingredients

- 7 - 14 sheets of 22cm/8.5" round rice paper
- 11 small cooked prawns/shrimp (about 12cm/5" in length, unpeeled including the head)
- 50g / 1.5 oz dried vermicelli noodles
- 7 lettuce leaves - use a lettuce with soft leaves, like Oak or Butter Lettuce
- 14 mint leaves
- 1 cup bean sprouts

Method

- 1) Place vermicelli noodles in a bowl and cover with warm water for 2 minutes, then drain.
- 2) Peel the prawns, slice in half lengthwise and devein.
- 3) Remove the crunchy core of the lettuce leaves
- 4) Tip - LETTUCE BUNDLE: Place some vermicelli noodles and bean sprouts in a lettuce leaf, then roll it up, finishing seam side down. Repeat.
- 5) Fill a large bowl with warm water. The bowl doesn't need to be large enough to fit the whole rice paper in one go.
- 6) Place two rice papers together (if using 2). Note which side is the smooth side - this is supposed to be the outside of the spring roll. Submerge the rice papers into the water (both of them at the same time, together) for 2 seconds. If your bowl isn't large enough to fit the whole rice paper in one go, that's fine, just rotate it and count 2 seconds for each section you submerge into the water.
- 7) Place both the rice papers (one on top of the other, they will stick together) on a board or the counter with the smooth side down.
- 9) On the top part of the rice paper, place 3 prawns with a mint leaf in between.
- 10) Place the lettuce bundle with the seam side down onto the middle of the rice paper.
- 11) Fold the left and right edges of the rice paper in, then starting from the bottom, roll up to cover the lettuce bundle. Then keep rolling firmly. Serve immediately.

Recipe courtesy of recipetineats.com



HERE IN HISTORY

The building of Gladstone's Town Hall

by Betty Laver

IN THE 1860S, LAND WAS SET ASIDE ON THE CORNER OF LORD AND GOONDOON STREETS, BY THE GOVERNMENT, FOR A TOWN HALL, CUSTOMS HOUSE, AND A POST OFFICE.

As the post office and customs house were already jointly built on the bottom section of this land, the top portion (where the RSL was built) was selected for a Town Hall.

It was decided to erect a brick building with three rooms, and a prize was offered to the person who submitted the most appropriate design.

Two architects, John Score Powe and William Robertson, presented drafts. Robertson's plan was accepted, and tenders were called immediately.

Two tenders were received, one from Hay and Day and the other from W J Low. Hay and Day's tender was accepted, and the building was erected under the supervision of Mr Robert Ferguson.

The foundation stone for the new town hall was laid on 28th of November 1868 at a ceremony performed by Mrs John George Lory Innes, the wife of Judge Innes, who was subsequently transferred to NSW and knighted.

The town hall was in the heart of the community, and it fulfilled many functions including social, religious and cultural needs.

Months later, the western verandah was closed in, and a Municipal Library was established and was the responsibility of the library committee. In 1869 verandahs were added on both sides of the building to use as retiring and refreshment rooms. In February 1871, rent for the Town Hall was fixed at one guinea per night, which included the use of lamps.

In 1873 the School of Arts was opened in a room of the town hall building and Mr Perkins gave piano lessons in the hall three afternoons a week. The Amateur Dramatic Club rehearsed two nights a week and many other individual functions used the hall for celebrations and get-togethers.

Dances were held regularly in 1869 but they were considered a suspicious activity.

The Gladstone Quadrille Society was advised that they would only be permitted in the town hall providing that there was no smoking in any part of the building and that they were to commence at 7pm and conclude at 10pm, except on special occasions.

Photo courtesy of Bill Golding



QCWA Mt Larcom Foundation Executive Members (1931)

President:
Mrs Annie Healy

Vice Presidents:
Mesdames McAntee,
Lush and Flynn

Secretary:
Mrs Malahar

Treasurer:
Mrs Watts

QCWA MT LARCOM BRANCH 90 YEARS YOUNG

SIMPLY PUT, THE MOUNT LARCOM QUEENSLAND COUNTRY WOMEN'S ASSOCIATION (QCWA) BRANCH IS A GROUP OF WOMEN WHO SUPPORT WOMEN AND FAMILIES IN OUR COMMUNITY.

And while many members are renowned cooks and very skilled with traditional handcrafts such as sewing and knitting, they are actually so much more than this.

For the past 90 years these women have banded together to lobby government and advocate for changes to health, safety and education legislation for people living in regional, rural and remote communities.

President Cheryl Hannant said the key to the branch's longevity and success was quite simply, friendship.

"The close bond of our QCWA family is very important, we are always there for each other," she said. "We genuinely care about what happens in each other's lives, and give support to each other in times of need."

"Mt Larcom Branch members are local women with the same values who have come together over the past 90 years to support our community."

"We celebrate our interests and share ideas, skills and knowledge. Our members band together and forge lifelong

friendships in a respectful and caring environment."

The branch celebrated their 90th birthday in style last month with a street parade, a tribute to those members who have come before, and a daytime reunion and an old time dance, but Cheryl said they had sights firmly set on the future.

"We will maintain our QCWA Hall, so that community groups can gather there to connect and socialise," she said. "We will continue to do compassionate work in our community, such as providing refreshments after funerals, welcome new women to our district, and support local organisations such as Mount Larcom State School and the Mt Larcom Show Society."

"We are also passionate about the QCWA Country Kitchens Program, an education-based nutrition program."

"It promotes healthy lifestyle choices, and we hold cooking workshops and put up showcase displays and have fun trying new healthier recipes with our community."

The Mt Larcom QCWA Branch meets on the second Tuesday of each month at 9am at the QCWA Mt Larcom Hall, 4 King George Street.

For more information contact them on 0428 751 213, or follow their Facebook Page: QCWA Mt Larcom Branch.



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SUICIDE PREVENTION WEEK:

Imagine a world without suicide

ABOUT 3,000 AUSTRALIANS END THEIR LIVES EACH YEAR – ABOUT EIGHT PEOPLE A DAY.

Suicide is the third leading cause of premature death from injury or disease, and the main cause of death among people aged 15 to 49.

September 9 – 16 is Suicide Prevention Week, and local not-for-profit Rides4Lives Australia Inc., in conjunction with a host of community organisations, is offering a packed week of free events for Gladstone Region residents to take part in.

Rides4Lives President Mark Brookes said the events were important because they “educate, bring about awareness and understanding, allow for social connection, joy and hope, and honour the loved ones we have lost”.

“Some people find it hard to open up about suicide, but any conversation can be difficult if we don’t allow ourselves to be open to understanding the topic,” he said.

“The more we talk about it, the more

understanding and awareness we can have around suicide, the more the stigma is greatly reduced.”

Mark said education, communication and support services were all essential in assisting with suicide prevention.

“Removing the stigma around suicide is important,” he said.

“A person with thoughts of suicide should not be judged, silenced, shamed or treated wrongly.

“People need to openly talk about suicide with those suffering with suicidal thoughts; be prepared to have courageous conversations.”

Learning the warning signs is also key.

“The most common question around suicide is how can I tell if a person is suicidal,” Mark said.

“By getting to know the warning signs, including isolating oneself or perceiving oneself as a burden, we can be more aware.

“By being more aware we can ask more questions, and intervene when someone needs our help.

“You can learn these skills through training such as our safeTALK and ASIST, Applied Suicide Intervention Skills Training.”

Gladstone’s Suicide Prevention Week is presented in conjunction with Strong Communities, StandBy Support, Port Curtis Rotary’s Project We Care, Gladstone Suicide Bereavement Support Group and Gladstone Region Awareness & Suicide Prevention.

Visit www.ride4lives.org for all the details on Suicide Prevention Week activities.

Suicide Prevention Week Activities

- September 9 – R U Ok Day?
- September 10 – Man Walk
- September 11 – Family Fun Day/ Bereavement Cruise
- September 12 – Out of the Shadows Walk
- September 13 – Grief, Loss & Change Workshop
- September 14 – Bereavement Workshop
- September 15 – Fear, Frustration & Anger – Men’s Workshop
- September 16 – Project We Care’s safeTALK



Where to get help now

- In an emergency call 000
- Lifeline – 13 11 14
- Kids Helpline – 1800 55 1800
- Beyond Blue – 1300 224 636

BOATIES URGED TO PLAY IT SAFE AT LAKE AWOONGA

LAKE AWOONGA BOATIES ARE BEING URGED TO PLAY IT SAFE WITH FALLING DAM WATER LEVELS AND THE RISK OF SUBMERGED HAZARDS.

A large, submerged hazard, about 10 – 15 metres long, was found in the bay located between Ironbark Gully and the main boat ramp, in August.

The area has been marked with a buoy line, and Gladstone Area Water Board has restricted access to the bay for all recreational users.

"We're asking all watercraft users to exercise caution when navigating this area," GAWB Chief Executive Officer Darren Barlow said.

"With dam capacity now at 51 per cent, debris and other natural hazards are becoming exposed in the shallow areas near the water's edge.

"We want boaties and other recreational users to enjoy their time on the water, but it's very important to stay safe, remain aware of your surroundings, and follow the directions of all onsite signage and floating barriers.

"It's important to remember that Lake Awoonga, just like any dam or weir, contains submerged hazards, which can be exposed at different water levels."

GAWB will continue to monitor conditions as water levels fall.

"Nothing is more important to us than the safety and wellbeing of our visitors to Lake Awoonga," Mr Barlow said.

"We actively monitor the presence of submerged hazards at the lake and will continue to do so."

To report submerged hazards call GAWB's Grounds & Catchment Team on 0419 661 482.

Lake Awoonga **DAM LEVELS**

 **51% DAM
CAPACITY**

 **32.93M
HEIGHT**

 **396,137ML
VOLUME**

Readings recorded 20/7/21



www.gawb.qld.gov.au  Find us on Facebook



Golfers chip in to raise money for domestic & family violence prevention

OVER \$4500 WAS RAISED BY 102 GOLFERS AT GLADSTONE ENGINEERING ALLIANCE'S CHARITY GOLF DAY TO HELP A LOCAL GROUP ELIMINATE DOMESTIC VIOLENCE FROM OUR COMMUNITY.

Coordinated Community Response to Domestic & Family Violence (CCRDFV) Chairperson Vicki Dredge said the funds, which would be used to provide a range of education and awareness campaigns and programs, were greatly appreciated.

"More importantly the day provided a wonderful opportunity... to raise much needed education and awareness about the importance of ridding domestic and family violence from our community," she said.

"We are a hardworking group of volunteers and it would take a lot of fundraising activities by these members to raise this sort of money and awareness, so to everybody involved thanks for your kind support."

GEA General Manager Chantale Lane said the Charity Golf Day was one of the alliance's most successful to date.

"Everybody had a great day, and the event would not have been possible without the support of our sponsors, supporters and the players who turned up today," Ms Lane said.

"GEA wants to give a huge shout out to our principal partner Kaefer and major sponsors BOC, 4PS Software, Jemmick Gear Cutting & Engineering, Avis Car Rental, Dennis Contracting Services, Rayment Excavations and ACL Industrial Technology for helping to make this year's event the success that it was."

First place on the day was taken out by the Homeground 2 Team made up of David Ahern, Damien Hill and Mark Grambeur.

Gladstone Ports Corporation Sparkies Shane Dodds, David Giles and Darren Schultz finished second, and David Mansfield, Troy Huggett and Bryce Pereka third.

Prize for the Longest Drive went to Curtis Hyne, and Nearest to the Pin was Jarrod Valentine.

For more information on CCRDFV, including how you can get involved as a volunteer, visit www.gladstoneccrdfv.com.au.

sudoku time

Sudoku is a logic puzzle game. The objective is to fill the 9x9 Sudoku grid with digits 1 to 9 such that each of these 9 digits appears in each row, each column and each 3x3 sub-grid once any only once.

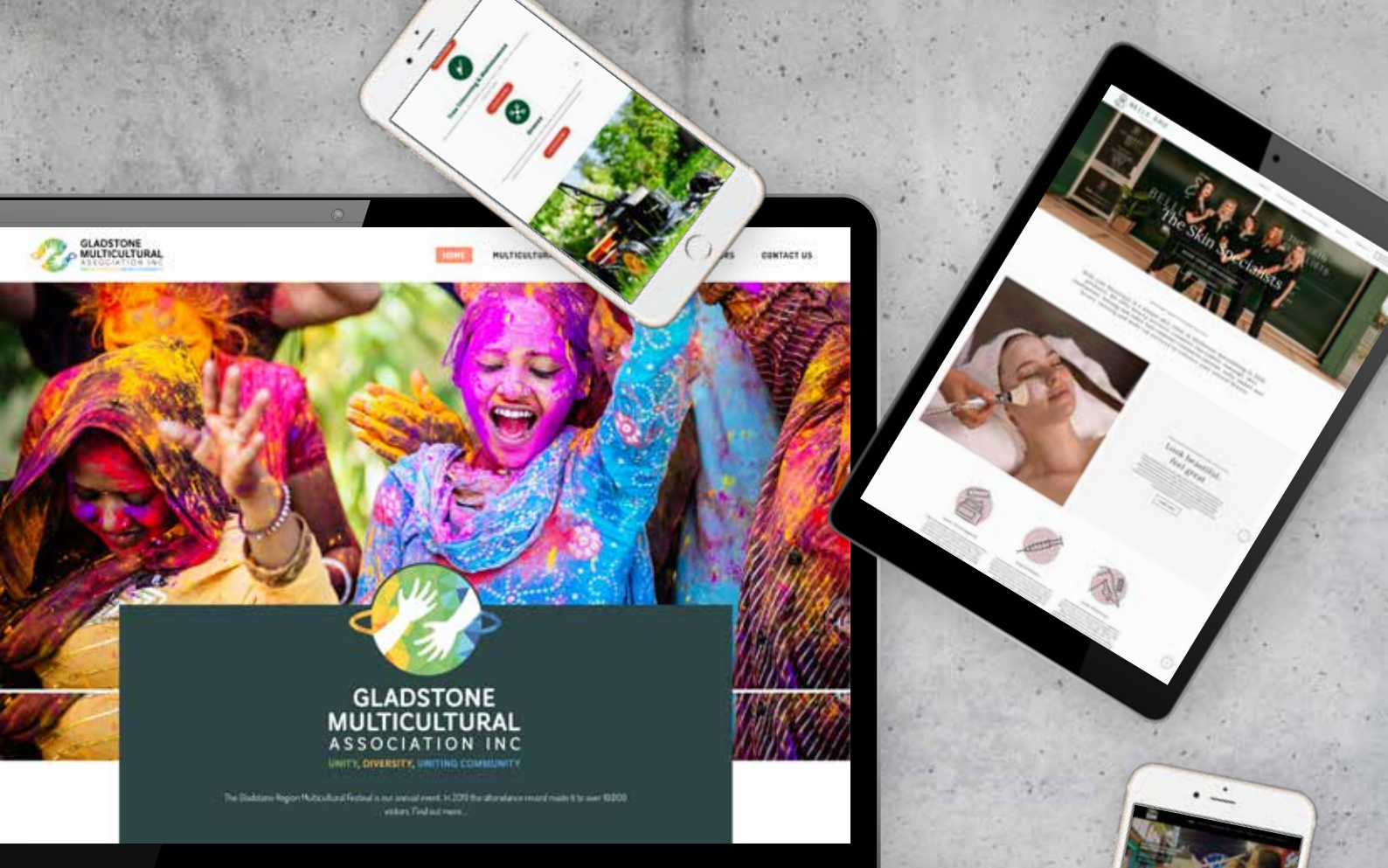
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Answers:

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| 4 | 5 | 9 | 3 | 7 | 8 | 6 | 2 | 1 |
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| 5 | 4 | 6 | 8 | 1 | 7 | 2 | 9 | 3 |
| 2 | 3 | 8 | 9 | 5 | 4 | 1 | 6 | 7 |
| 9 | 7 | 1 | 6 | 3 | 2 | 5 | 8 | 4 |
| 7 | 8 | 4 | 1 | 9 | 6 | 3 | 5 | 2 |
| 6 | 1 | 5 | 2 | 8 | 3 | 4 | 7 | 9 |
| 3 | 9 | 2 | 7 | 4 | 5 | 8 | 1 | 6 |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 5 | 8 | 3 | 7 | 6 | 4 | 2 | 1 | 9 |
| 1 | 4 | 9 | 3 | 5 | 2 | 8 | 6 | 7 |
| 2 | 6 | 7 | 9 | 1 | 8 | 3 | 4 | 5 |
| 8 | 2 | 6 | 5 | 9 | 1 | 7 | 3 | 4 |
| 3 | 7 | 1 | 8 | 4 | 6 | 5 | 9 | 2 |
| 9 | 5 | 4 | 2 | 3 | 7 | 1 | 8 | 6 |
| 4 | 3 | 2 | 1 | 7 | 9 | 6 | 5 | 8 |
| 6 | 1 | 8 | 4 | 2 | 5 | 9 | 7 | 3 |
| 7 | 9 | 5 | 6 | 8 | 3 | 4 | 2 | 1 |



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